



JUVENILE SECTION OF "NAPREDEK"

CLEVELAND, OHIO, FEBRUARY 16th, 1938

I'M GONNA TRY

I'm gonna try to play the game
And play it straight and play
it fair—

I may not win, but just the same
I'm gonna try to do my share.
I may not always meet the test
As well as some more clever
guy,

But while my heart beats in my
chest
I'm gonna try.

—Anonymous

LITERARY CONTEST

Well, here we are again, boys and girls, this time with a lot of news and views on the 1938 JUNIOR LITERARY CONTEST—or haven't you heard about it? . . . The rules governing this contest, were published in January's issue of the Vrtec Section, but in case you missed reading them, I'm extending you the same opportunity once more right here on this page. Read them over carefully and if there is anything about them you don't quite understand, do not hesitate to write for an explanation. You are, also, advised to cut out these rules and past them somewhere in your "literary scrapbooks," or, if you haven't a scrapbook, in some other convenient place where you may turn to them for future reference if you find it necessary.

Below, under the contest rules, you will find the list of cash prizes for the month of March. Prizes, for contributions appearing in this issue, were published in January's Vrtec Section. April's list will appear in March and May's in April, and so on to the end of the contest in November. The month of November was chosen for the closing month so that judging

VRTEC ELECTION REPORT

A number of our ACTIVE Vrtec units have failed to report their election of officers for the year 1938. This requirement must be complied with even though the roster of officers remains the same as in 1937. Administrators/trices or Vrtec Secretaries are advised to send in the names and addresses of the Vrtec President, Secretary, Treasurer and Administrator/trix at once.

Director

With Our Juniors

By MICHAEL VRHOVNIK,
Director of Vrtec and English Speaking Lodges



for year's national honors might be completed and the "Achievement" awards made before the end of the year, preferably during the Xmas season.

Hobbies I Enjoy

Each month, a subject shall be selected for you to write about. The subject chosen for this month's issue was "Hobbies I Enjoy." In your article you were expected to tell your readers about your hobbies, which one you like the best and why. For the winning contribution on this subject, a cash prize of \$1.00 shall be awarded. Four

other prizes, each for \$1.00, shall be given to the winners at the same time; one for the best poem, another for the best short story and two more for the best news articles of the month. A golden opportunity knocks at your door. Open it and the rewards of accomplishment and success shall be yours.

A Builder-Up Suggestion

I'm still "harping" away on the literary contest, and the heading for this paragraph is the subject chosen for our Junior writers for the March issue of the Vrtec Section . . . A build-

er may be a carpenter, mechanic, plasterer, engineer, lawyer, doctor, political worker, or someone connected directly with the social, cultural and fraternal fields of human welfare. This last field is one with which your Vrtec is closely interwoven.

There are builders in every trade and every profession, but before anything can be put together so that it will work, there must be ideas and plans for construction and organization. In asking you to write on the subject, "A Builder-Up Suggestion," I am referring to your own Vrtec. In your article, I want you to bring to your readers' attention one suggestion or idea which you believe would help build up interest and acti-

Continued on page 4

S. S. P. Z. JUNIOR LITERARY CONTEST — 1938

RULES

1. The S. S. P. Z. JUNIOR LITERARY CONTEST of 1938 shall continue through ten (10) consecutive months, beginning with February's and ending with November's issue of the Vrtec Section.

2. Any Vrtec member in goodstanding is eligible to enter this contest.

3. Contestants may contribute as many ORIGINAL short stories, news articles, essays, poems, letters, etc., as they wish. Each contribution must be signed by the contestant with his right name, stating, also, the present age and the Vrtec number.

4. Five ONE DOLLAR (\$1.00) cash prizes shall be awarded monthly. Each month the Director of the Juvenile Department shall announce the kind of contributions and the conditions for/under which prizes shall be awarded the following month.

5. Beautiful achievement trophies or plaques shall be awarded at the end of the contest for the year's outstanding poem, short story, essay, news article or any other type of literary production designated by the Director. There shall be in addition to the above mentioned prizes, one, emblematic of the highest literary achievement of the year, which shall be awarded to the contestant showing, through his contributions, the greatest amount of knowledge and ability in writing.

6. Contestants shall be required to contribute to not less than four different issues of the Vrtec Section during the period of contest in order to be eligible for final achievement awards. All contributions shall be judged for originality, choice and treatment of subject, and composition.

7. Mail all contributions direct to Vatro Grill, Editor of NapredeK, 6231 St. Clair Ave., Cleveland, O.

PRIZE LIST FOR MARCH

Best News Article (for boys and girls under 14 years) \$1.00
Best Poem (no age limit)\$1.00
Best Articles on the subject: "A Builder-Up Suggestion"—(No age limit)\$3.00

DIRECTOR OF JUVENILE DEPT

INDIANAPOLIS VRTEC ACCEPTS INVITATION

Sometimes ago, an invitation was extended to Vrtec No. 9 of Indianapolis to present a Slovene play in Chicago as part of a huge program to be sponsored by the Chicago Federation of SSPZ Lodges this coming spring. It is my pleasure to announce that the invitation was, enthusiastically, accepted and that the dramatic and cultural talents of our Vrtec members from Indianapolis will be given a chance to compete and be compared with those of our Chicago and Milwaukee Vrtec members, the Trail Blazer Jrs., Roznik Jrs. and the Balkan Jrs., respectively.

It is my belief that this is the first time an event of this nature has been promoted by any of our Slovene fraternal societies, and is my sincere hope that the efforts of our Junior members from Indianapolis, Milwaukee and Chicago will be crowned with the greatest of success and thus be the forerunner of similar cultural programs among our Vrtec units throughout the country. This is our opening shot for 1938. It is a splendid idea and I urge members in other communities to give it a thought for future use.

Lukec in njegov škorec

France Bevk

(Nadaljevanje)

Kapitan? Lukec se je ozrl po škorceu, nato po materi.

"Boš videl, da nekaj ne bo prav," je vzdihnila Marjeta.

Lukca je spremljal Slokar. Kapitan ju je prijazno sprejel. Lukca je meril od nog do glave. Deček je bil v zadregi; ni vedel, kam bi pogledal.

"Ti si torej odkril slepega potnika?" je vprašal kapitan.

"Ne jaz, ampak Klepec," je povedal Lukec po pravici.

"Torej Klepec", se je smejal kapitan. "Ti si pa njegov gospodar."

Lukec se je opogumil in povedal, kaj je videl v Marseju. Le o dolginu je iz bojazni zamolčal. Poslušali so ga in se čude spogledali.

"Pa zakaj nisi tega prej povedal?"

Deček je povesil pogled. Skomizgnil je z rameni.

"Slepi potnik je Portugalec," je pojasnil kapitan. "Poleg vsega je zločinec, že dvakrat izgnan iz Amerike . . ." Vzel je iz listnice velik bankovec in ga položil pred Lukca. "To je za te."

Lukcu je plesalo pred očmi. Bankovca se kar ni upal dotakniti.

"No, le vzemi," mu je silil kapitan. "Škorca ne moremo nagraditi. Po kosilu si ga bom ogledal . . ."

"Vidiš," je dejal Slokar Lukcu, ko sta stopila iz pisarne. "Tvoj škorec je vreden zlata."

Lukec je mislil na mater.

18.

Med tem so bili potniki že dobili kosilo. Marjeta je sedela pred štirimi krožniki in preplašena pogledala Lukca, ki se je vrnil.

Ta je sijajočega obraza položil bankovec pred njo in dejal: "To je zaslužil Klepec."

Mati je strmela. Ne, tedaj pa res ni več našla besede graje za škorcea.

Po kosilu je hotel Lukec pokazati bankovec tudi škorceu.

"Da ti ga ne raztrže," mu je dejala mati.

Škorca ni bilo nikjer. Lukec je obhodil ves krov: "Klepec! Klepec!" Nič. Šel je tudi v spalnico. O škorceu ni bilo ne duha ne sluha. Vpraševal je potnike, če so ga videli. Vsakdo je povedal, kdaj ga je videl zadnjič. Pred kosilom, a po kosilu nič več.

Lukec je bil ko izgubljen. Navdala ga je grenka misel: "Vzeli so mi ga." Kdo?

Ozrl se je po Brontolonu. Njega je tudi dolžil, da je bil škorceu zavdal. Sedel je na solne in se škodoželjno smehljaj.

Deček je stopil naravnost do njega.

"Vi ste mi vzeli škorcea."

"Kaaaaaj?" je vprašal Brontolon zateglo. "Maram za tvoje ga škorcea!"

Lukca je prevzel izreden srd in pogum. Šlo je za njegovega Klepca. Še kapitan se je zanimal zanj.

"Da, da! Vi ste mi ga vzeli!"

Brontolon se je dvignil in udaril Lukca s šako.

"Da boš vedel govoriti."

Lukec se je opotekel . . . Izseljenci so poskočili. Imeli so Lukca radi. Niso pustili, da bi ga kdo tepel. Nastalo je prerekanje. Lukec se je grabil za rdeča lica, branil se je solz. Vse je šumelo okrog njega . . .

Prišel je kapitan. Hotel si je ogledati škorcea, napraviti dečku veselje. Izvedel je, kaj se je zgodilo.

Pomisлил je. Nato je pomignil Lukcu.

"Pojdi z menoj! Če le ni mrtev, ga bomo že našli . . ."

MLADA SLOVENKA

Slovenka sem mlada, ljubim svoj dom, ostala do groba zvesta mu bom.

Le zanj in za mater bo v prsih srce mi bilo ljubeče do zadnjega dne.

Slovene Proverbs

If strength were the chief virtue, cows would be catching rabbits.

*

He who deceives me once is a scoundrel, but he who deceives me often is a smart man.

*

He is not an honest man who has burned his tongue and does not tell the company that the soup is hot.

*

Where there is thrift, there is honesty.

*

Don't go out selling the hide as long as the bear remains in the hole.

*

From hand to mouth is a long way.

*

When sorrow reaches its climax, joy is not far away.

*

Concord brings strength, discord brings oppression.

*

One does not catch snakes barehanded.

*

It is better to have an ounce of wisdom than a hundred-weight of strength.

*

Condemn a man within his hearing, praise him when he is away.

*

If you do not feed the cat, you must feed the mice.

*

A beautiful voice can be heard far; an ugly one even farther.

*

The scythe also cuts down young blossoms.

*

He who does not know how to serve cannot know how to command.

*

Even our favorite guest becomes a bore after three days.

*

Every apple falls near the tree.

*

If you wish to know what a man is, place him in authority.

*

Man is learning all his life and yet he dies in ignorance.

*

Mend the hole while it is small.

*

Unjustly acquired wealth never reaches the third generation.

*

He who intends to save ought to begin early.

*

Good morning whiskey! — good-by sense!

*

Hunger has no eyes.

*

Poverty and cough cannot be concealed.

*

Every cow licks her own calf.

*

Union builds the home.

PHOTOGRAPHY For Beginners

Assuming that you have learned the operation of your camera — from the manual that came with it — there are three important things to keep in mind in order to secure good results. . .

1. Correct focus to assure sharp, distinct images. . . 2. Proper exposure to yield a good negative that will in turn give a good print. . . 3. Good composition which makes the picture interesting.

These three points are the basis of good picture making — Master them and you'll soon be an expert. Excellent pictures can be taken even with the ordinary box camera if certain rules of photography are followed. With the folding camera a little more time is necessary for study and adjustments.

To get nearby objects (6 to 15 feet away) sharp with a focusing camera, pace off the distance, knowing the length of your stride, or better still use the range finder and then set the pointer at the right mark. Distances of 25 feet or more may be safely estimated, but if you are not a good "guesser", measure anything less or use the finder.

With the ordinary box camera that has no special adjustment for nearby and distant objects all objects farther than eight or ten feet will appear reasonably sharp. The directions that came with the camera tell how far you must be away from a subject to get a sharp image with it.

With the box camera and ordinary film, snapshots should be made only in bright sunlight, though with Kodak Verichrome Film satisfactory results can be obtained in the open or "bright" shade on days of hazy sunshine. For early morning or late afternoon picture taking, use "SS" Pan or Panatomic film for best results.

When you are about to snap the picture, hold the camera steady and level, and locate the image in the finder as you would like it to appear in the resulting picture. Be sure that the film has been turned to a new section to avoid double exposure.

DON'T expect to get a good picture unless you've given some thought to composition, the pose of the subject, the background and the light. Good pictures are MADE — They don't just HAPPEN.

Večne počitnice

Stric: "No, Jožek, kaj bi ti ti rad postal, ko boš velik?"

Jožek: "Zidar in učitelj."

Stric: "Kaj? Ali oboje hkratu? Zakaj pa?"

Jožek: "Zato, ker imajo zidarji počitnice pozimi, učitelji pa poleti."



VRTEC LIBRARY

(Books for Boys and Girls)

Short Plays and Program Books	Drills and Marches	50
His First Shave (one act comedy)	Miscellaneous	
Angeline Bakes a Cake (one act comedy)	Modern Handbook for Girls	1.00
The Initiation (one act comedy)	Modern Handbook for Boys	1.00
Jerry (one act comedy)	Photography for Fun	25
Ten Clever Plays	How to Make Good Pictures	50
Grade School Play Book	You Can Write	25
Baker's Minstrel Budget	The Writer's Handbook	1.00
Baker's Stunt and Game Book	Indoor Games and Amusements	1.00
Do and Don'ts of Drama		
The Red Entertainment Book		
Specialty Entertainments		

(Mail all orders to the Director of Juvenile Dept., 247 W. 103rd St., Chicago, Ill. — Remit cost of books with monthly assessment.)

Letters From Our Vrtec Members

OUTLOOKERS

Cleveland, O. — Although you have not heard from us for a long time many things have happened in Vrtec No. 11. On December 11 the Spartan Jrs. and Outlookers had a joint party. In January we had a party of our own. You have all heard of how the Bridgeville Vrtec overhauled us in the Wheel of Progress campaign. Although we lost the contest we wish to congratulate Bridgeville on their splendid work.

At our last meeting, which was held February 4, our new officers had their first chance to take charge and they handled the meeting fine. During the meeting it was decided to have a picnic at Stusek's farm some time in June or July. The exact date will be announced later.

At the close of the meeting Frank Ilc showed us some movies of Boulder Dam and Yellowstone National Park. We enjoyed his efforts very much and hope that he will come out our way again soon.

"Two Collegiates"

WASHINGTON

A boy synonymous with Truth,
A land surveyor in his youth;
A soldier, who for guidance
prayed,

A statesman of the highest
grade—

The president of our states.

His birth and death are hon-
ored dates.

Cities and counties bear his
name—

George Washington, loved son
of Fame.

Wm. Pevc, Vrtec No. 1
(Age 12)

THE LIFE OF ABRAHAM LINCOLN

Vandling, Pa. — Abraham Lincoln was born in Kentucky, February 12, 1809. His parents were very poor. He moved with them to Indiana and helped to cut the logs for their cabin. For this reason he was called the "rail splitter." The Lincoln family then moved to Illinois.

Taking advantage of what opportunities he had Lincoln studied law and was admitted to the bar. While he was working in a store he acquired the name "Honest Abe."

In 1846 he was elected to congress. He was a candidate against Douglas for the United States Senate in 1858 but was defeated.

Two years later he was elected president of the United States. In 1864 he was re-elected with Andrew Jackson as vice-president. He was assassinated April 14, 1865 while attending a play.

Wililam Pevc, Vrtec No. 1
(Age 12)

JANUARY'S PRESIDENTS

Vandling, Pa. — Three Presidents were born in January. They were Millard Fillmore, William McKinley and Franklin Delano Roosevelt. The story of their lives is very interesting. We shall learn something about them.

On a little farm in Cayuga County, N. Y. on January 7, 1800, was born our thirteenth President. He had little opportunities. This man was Millard Fillmore. His parents wanted him to be a wool carder, but young Fillmore studied law. He became a partner in a Buffalo firm. In 1849 he was elected Vice-President under President Taylor. Taylor died a little more than a year after his inauguration and Fillmore succeeded him. President Fillmore was a candidate for re-election but was defeated. He spent the remainder of his life in his home at Buffalo, and died March 8, 1874.

On January 29, 1843, in Niles, Ohio, was born our twenty-fifth President, William McKinley. He received a good education, studied law and was married. He was a Republican. He was a kind, trustful man. He was elected President in 1897. The country was going along fine until the United States battleship "Maine" was sunk in Havana and war with Spain was declared. The United States won the war and the Philippines and Cuba were given independence. McKinley was elected for a second term. A few months later, the the Pan-American Exposition he was shot by an assassin and lived nine days. He died September 14, 1901. Theodore Roosevelt who was then Vice-President finished McKinley's term of office.

Franklin Delano Roosevelt was born in Hyde Park, N. Y., on January 30, 1882 of wealthy parents. His ancestors were Dutch. He attended Harvard and Columbia universities. He became governor of New York in 1928 and was elected President of the United States in 1932. He was re-elected in 1936. President Roosevelt is married, has four sons and one daughter. President Roosevelt's hobbies are stamp collecting and swimming.

Ivan Pevc, Vrtec No. 1
(Age 14)

MY FIRST EXPERIENCE

Indianapolis, Ind. — Eight years ago I had fun in teasing the older boys going around with girls. But here today, I am one of them. It happened one August evening, when a gang of boys and I decided to take a stroll through the Grand National Park. Their were six of us divided into pairs. It so hap-

pened that I accompanied with my partner, were following behind. A girl came dashing by, pushing me off balance and before I knew what it was all about, I lost balance and fell on the concrete walk. The boys all jeered and laughed at me. I quickly picked myself up only to find myself looking into a pair of blue eyes. The girl was about my age, with yellow golden hair to the tip of shoulder. She wore a pink chiffon dress, with a blue sash, and white sandals. She was beautiful. After gazing at each other for some time she apologized for being so clumsy. I felt my face burning when I accepted her apologies. The rest of the boys walked on for they knew that we wanted to be alone. Before we knew it we were calling each other by our first names. I walked her through the park, when suddenly I realized that it was time for me to go home. After pleading and coaxing her for some time she let me walk her home. When we finally reached her home, I walked with her to the porch. I didn't want her to think me a brute. I gathered her into my arms, tilted her head a little and finally kissed her on the lips. I released her only to find that she clung to me.

So I crushed her into my arms and murmured sweet love words to her. I asked her for a date for the following week and she accepted it. I walked home a different boy. I know it was love. I could hear the pondering and beating of my heart. I knew then, that I found the first and only person whom I really loved.

Frank Zakrajsek, Vrtec No. 9

SPARTAN JUNIORS GIVE A PLAY

Cleveland, O. — The play, "It Pays to Be a Poogles," was presented at the February meeting of the Spartan Juniors. It was a comedy built around the lives of the Poogles. Mrs. Poogles, a former Bludson who married Henry Poogles, was played by Helen Poklicky, our recording secretary, while Mr. Poogles was played by Frank Lube. The role of their sixteen-year-old daughter was enacted by Daniella Homovec and John Obat played the part of Dan, Emma's nineteen-year-old brother. Edward Stokel was Larry, the messenger boy who loved Emma, but was looked upon distastefully by Mrs. Poogles as unfit for the daughter of a Bludson.

Eccentric Mr. Bludson, an uncle of Mrs Poogles who had lived most of his life in Africa and accumulated half a million dollars was to visit them. The Poogles kept receiving telegrams, which were supposed to be from Mr. Bludson, who, as Dan says, is eccentric because poor people are "crazy" but the rich are "eccentric. After having kept Mrs. Poogles in suspense all evening a telegram arrived. It read, quote: "Sorry. Stop. Will have to pass through without seeing you.

Stop. Business reasons. Stop. Roscoe Bludson."

As Mrs. Poogles goes off to bed more than a bit disappointed a plot is revealed. Mr. Poogles, Dan, Emma and Larry had written the telegrams to keep Mrs. Poogles quiet about the Bludsons and so peace reigned once more in the Poogles household.

Andy Elersich, Spartan Jr.

SSPZ IS OUR VALENTINE

Milwaukee, Wis. — Dear Vrtec members: Just a few short lines for the shortest month of the year, from Vrtec No. 33. No gains or losses in our membership, with such unusual weather prevailing around here, for if it isn't raining it's pouring; it being so chilly we love to hug a warm stove and hibernate. But with warmer days and bright sunshine coming, we will return to work and try our best to plant enough additional members into our Little Garden, No. 33, to lift the membership to the round figure of 50. Of course, it is expected that I am sure that with a little thinking and cooperation amongst us we can accomplish it.

Please accept my humble lines and wishes for Saint Valentine Day:

To all brothers and sisters of
SSPZ.,

And especially my pals in
Vrtec 33,

The friendly little greeting,
That is in this Valentine,
Has wishes for your happiness,
In each and every line.

It isn't things that you have
done,

Or what you're going to be,
It is just because you are you,
That made a hit with me.

I hope some day to meet you all
personally,

Not just to know you
vaguely,

That for once is by far an
impossibility

But for our aims and ideals,
fraternally

Together we stand and labor
diligently.

With hope renewed in this
year,

Let this be our pledge we
promise here,

To write articles, stories,
poetry, talk till we've
won,

Do everything that can be done,
In each and every line

We choose SSPZ for our
Valentine.

Fraternally yours,

Marie Ermenc, Vrtec No. 33

Better to die honestly than to
live dishonestly.

Old oxen make the best teams.

He who mixes with refuse
ought not be astonished if swine
devour him.

They hang petty thieves and
turn loose big criminals.

Initiation Stunts

Initiation stunts are designed to amuse the members of a lodge or club of any kind at the expense of candidates for admission, the latter being put thru a series of ridiculous performances and teasing, under which they are expected to keep their good nature. Dangerous stunts should be eliminated from all Vrtec initiations. It's alright to have a little fun with the new members, but if you try to put them through stunts which are hazardous or frighten them to a point of extreme nervousness, chances are about even that you will lose a little of the respect they had for you before the stunt took place. So, our advice to you is—Cut out the "rough stuff." Here are a number of suggestions you might try in the future . . . The candidates are blindfolded first . . .

1. Twist the new member around and order him to "follow the voice." Members standing in different parts of the room then call to him in rapid succession.

2. Give the new member a small piece of raw liver to swallow, or use a bit of sweet cake on which a little vinegar and molasses have been dropped.

3. Give some bits of cold boiled spaghetti to be eaten. The stuff feels like angle-worms if it is in short pieces.

4. After warning the new member not to move a muscle, drop a pickled fish or a bit of cold boiled spaghetti down his back. This is once that he will probably not obey orders.

5. Have him push a penny the length of a ruler. This is hard enough to do when not blindfolded, as the penny will push off the ruler.

6. Have him hold one foot in his hand and hop around the room like a grasshopper.

7. Tell him to march like a tin soldier, talk like a mechanical doll, bob up and down like a jack-in-the-box, race across the room on all fours barking like a dog.

8. Have the new member sing a song or recite some well known verse.

9. Fasten one end of a rope to some firm object and give the other end to the member being initiated. Tell him that he is pulling against another contestant to find which one is stronger, and he will then stage a tug of war all by himself.

10. Have the new member stand on a thick board and his hands placed on the shoulders of another member standing in front of him. At a signal, he is raised a few inches and at the same time, the member at the front crouches slowly. Finally he is told to jump and lands on the floor only a few inches below him.

More people die of eating and drinking too much than of hunger and thirst.

KUŽEK IN SULTAN

Zgodilo se je nekda, da se je izgubil kužek od svojega gospodarja. Klatil se je okoli ves božji dan in šele na večer pricapljal proti domu. Luna je svetila in prav lepa, jasna noč je bila. Pred hišo je stal sultan in vsprejel ubozega kužka z jeznim lajanjem. Utihnil je šele, kadar je prišel prav blizo, da ga je lahko spoznal.

"A kako je to, kužek, da si danes sam?" vpraša ga sultan.

"Izgubil sem se, izgubil, dragi sultan; a kaj pa ti delaš tu zunaj?"

"I glej ga, hišo varujem, kakor se psu spodobi. Kaj ti nimaš takega opravila?"

"Oj nikdar!" vzklikne kužek ponosno, "jaz delam vse kaj drugega. Kadar sem pri gosposdi, postavljam se na zadnje noge, podajam zdaj levo, zdaj desno tačico, skačem čez palico . . . in druge take umetnosti. Vidiš, sultan, moje delo je vse bolj imenitno nego tvoje."

Kaj je hotel sultan reči na tako hvalisanje? Sram ga je bilo in molčal je.

Kar se zdajci priplazi izza vogla siv, gladen volk. Rep se mu vleče po tleh, oči se mu bliskajo kakor dva žareča oglja.

Hej! To je pobral kužek pete in jih odnesel v hišo. Tako se je tresel, kakor da bi ga ravnokar iz vode potegnili.

Ne tako sultan! Pogumno je skočil pred volka, pozdravil ga z glasnim renčanjem in mu pokazal ob enem svetle, belé zobe, da se to volku ni prav nič dobro zdelo in da je prej ko mogoče zapustil nevarnega soseda.

No, ko ga je tako odpodil, legel je sultan zopet lepo pred hišna vrata, nekoliko zamižal in pomislil: "Hm, kuže, z vsemi svojimi umetnijami si vendarle strahopetnež!"

HEALTH HINTS

CULTIVATE HEALTH

Avoid over-eating. Include plenty of milk, orange juice, leafy vegetables, eggs and salads in your diet throughout the winter months.

Avoid persons who cough and sneeze at you.

Drink at least six glasses of water daily besides what liquids you use at your meals.

See that both kidneys and bowels are working well each day.

See that you get the proper amount of sleep and rest every day.

If you find your throat sore or your nose running, take a teaspoonful of baking soda in a glass of water three times a day, and add more milk and orange juice to the meals.

Wash your hands with soap and hot water before each meal and keep fingers away from the mouth and nose.

WHEN ANGRY—DO NOT EAT

Anger has much the same effect on the body as fright has. It draws the blood away from the digestive organs into the muscles and lungs and brain.

Kolikšno starost dosežejo živali?

Odgovoriti na to vprašanje, ni lahko. Kajti le malokatera žival umre naravne smrti. Preveč ima sovražnikov. Navadno konča nasilno. Redke so živali, ki umro od starostne onemoglosti.

Vendar pa so že našli živali, posebno med zvermi, ki so poginile od starosti. Taka žival sluti, da se ji bliža konec. Pa zleze v svoj brlog in se uleže, da pride smrt in jo reši trpljenja. Te živali so shujšane do kože in kosti. V zadnjem času jim je manjkalo moči in prožnosti — težko jim je bilo priti do plena in hrane.

Hrošči in žuželke živijo najmanj časa. Seveda, če bi pri hroščih všteli še čas, ki ga prebijejo kot ličinka in buba, bi bila njihova starost večja.

Visoko starost dosežejo ribe. Ali pravo starost doseže le malokatera. V vodi je boj za obstanek še težji kakor na suhem. Če pa premaga kakšna riba vse nevarnosti, postane tako stara in okorna, da ji mah začne rasti na glavi. To so naši ribiči že večkrat opazili na naših krapih. Leti dosežejo starost do 100 let. Zelo stare postanejo tudi ščuke. Žive do 70 let. V starih letih so lene, mirno se drže med rastlinami v vodi in se zganejo le, če se jim približa kak masten plen.

Med dvoživkami dosežejo krašče posebno visoko starost. Žive do 40 let. Žabe poginejo prej.

Tudi kače živijo zelo dolgo. Pravi Metuzalemi pa postanejo želve. Znani so primeri, da so vzdržale neke vrste želv v ujetništvu 200 in tudi 300 let.

Ptiči v splošnem ne dosežejo visoke starosti. Le ujede so izjeme. O orlu vedo, da doseže 60 let starosti. Dokazano je tudi, da se papige bore za svoj obstanek celih 100 let. Torej prežive človeka. Izmed vodnih ptičev je labud najbolj trdoživ. Živi do 60 let. Celo gos bi živela 40 let, če je prej ne pojedli. Seveda bi njeno meso ne bila več nikaka slaščica. Manjši ptiči ne živijo dolgo. Najdlje živi kukavica, 20 let pa ne preživi. Ptiči-pevci živijo do največ 15 let.

Sesalci dosežejo starost, ki se približuje starosti človeka.

Čim večji so in čim manj zaroda imajo, tem dlje živijo. Slon je Metuzalem med sesalci. Živi do 150 let. Kralj živali, lev, pa je 70 let. Medved more godrnjati le 50 let. Ostala divjad živi tem manj časa, čim manjša je. Zajec bi letal okrog le 8 let, če bi lovec nikoli ne ustrelil. Večina zajcev pa doseže le 4 leta starosti, kajti prej ali slej ga zasači lovec, ali pa postane žrtev svojih štirinožnih sovražnikov.

Naša domača miška je izmed najmanjših sesalcev. Temu primerna je starost, ki jo doseže. Če doživi 5. leto starosti, je že prababica.

If you eat when you are angry, the blood supply of the stomach at the time will probably be so poor that your meal will not digest.

Človek in ptica

V zelenem gozdičku je živela ptica in veselo prepevala v božji dan. Pa je nekega dne prišel tja človek in jo ujel. Ptička ga je začela milo prositi:

"Kaj bi z menoj? V kletki ti ne bom pela, pojesti me pa tudi ne moreš, ker sem tako majhna. Izpusti me v zlato prostost in jaz ti bom dala tri koristne nauke."

"Daj mi jih, pa te bom izpustil!" je rekel človek.

"Moj prvi nauk je: Ne želi si, da dobiš nekaj, kar ne moreš dobiti! Moj drugi nauk je: Ne žaluj za onim, kar veš, da se ne more povrniti! Moj tretji nauk je: Ne veruj v nekaj, kar veš, da ni mogoče!"

Človek je ptičko izpustil, čeprav njenih naukov ni bil prav nič vesel.

"Vse to sem že zdavnaj vedel sam!" je zaklical za njo.

Ptička mu je odgovorila z drevesa:

"Nespametno si ravnal, da si mi dal prostost. V grlu imam biser, velik kot jajce. S tem biserom bi lahko postal bogat."

Človek se je razjezil in je začel ptičko znova loviti. Ptička pa je letala z drevesa na drevo in ves njegov trud je bil zamam.

Ko je ptička videla, da je človek že ves utrujen, je rekla:

"Ali zdaj vidiš, kako potreben ti je bil moj prvi nauk? Ne moreš uloviti in vendar me loviš!"

Človek je sedel pod drevo, na katerem je ptička sedela, ter začel glasno tarnati in si puliti lase.

"Tudi moj drugi nauk ti je potreben," se je spet oglasila ptička. "Zastonj jokaš in žaluješ za onim, kar ne moreš več dobiti! In tudi moj tretji nauk bi ti bil koristen, če bi ga bil razumel. Pomisli vendar, kako bi mogla imeti v grlu biser, velik kot jajce, ko pa še sama nisem tako velika?"

Na te besede je ptica odletela, človek pa je ostal osramočen pod drevesom.

As long as a man does not dishonor himself, nobody can dishonor him.

WITH OUR JUNIORS

(Continued from page 1)

vity in your Vrtec. Explain in as few words as possible, how your suggestion could be put to work.

Three ONE DOLLAR (\$1.00) prizes shall be awarded for the best contributions on this subject. In addition to these prizes, two others are offered, one for the best poem and the other for the best news article. The latter may deal with your Vrtec socials, meetings, athletics, or any topic outside of the immediate environment of the Vrtec . . . I hope I've made everything clear to you, but if I haven't, drop me a line and I'll see that the clouds are moved so that the sun will shine on your literary horizon.