

# Public Relations and Human Well-being

**Book of Abstracts of the 31st International Public Relations Research Symposium BledCom** 

EDITORS: Dejan Verčič, Ana Tkalac Verčič and Krishnamurthy Sriramesh

#### **BledCom 2024**

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#### **Public Relations and Human Well-being**

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#### **EDITORS**:

Dejan Verčič Ana Tkalac Verčič Krishnamurthy Sriramesh

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#### 1 Introduction

#### **Dear Friends and Colleagues,**



It is with great pleasure that we welcome you to the 31<sup>st</sup> International Public Relations Research Symposium (BledCom 2024)!

When the symposium began in 1994, we did not anticipate that we would be going strong into the fourth decade of existence.

Each of you has contributed to making that possible. We thank each of you for that!

Public relations has often been perceived as communication on behalf of an organization most often with the use of mass-mediated communication. The focus seems to be skewed far greatly toward 'organizational effectiveness' and how communication can contribute toward that goal. This year's theme recognizes that organizational effectiveness is the result of the effectiveness of every individual member that makes up that organization. Considering that individuals have their own peculiarities and specific circumstances based on a variety of factors including culture, the way to induce higher effectiveness among these individuals is a complex dynamic. Being human innately means being emotionally driven as well. Therefore, studying individual wellbeing - physical, emotional, and spiritual

- is a worthy and useful enterprise. As we had stated in the Call for Papers, individuals who harbor positive emotions, are content, and happy are more likely to be productive and effective organizational members contributing to organizational effectiveness and success. On the other hand, individuals who harbor negative emotions (depression, anger, stress and anxiety) are more likely to be poor contributors to organizational effectiveness and success and may actually do harm to organizational reputation. Individual well-being, then, can yield many desirable outcomes such as healthier relationships, pro-social behaviors, greater productivity at work, increased creativity, etc. That was our rationale for selecting this theme. The deliberations in the 31st BledCom will determine whether we were right!

#### Thank you! Lep pozdrav! Namaste!

Dejan Verčič, Ana Tkalac Verčič and Krishnamurthy Sriramesh



Dejan Verčič University of Ljubljana and Herman & partnerji (Slovenia) • Dejan Verčič is Professor, Head of Centre for Marketing and Public Relations at the University of Ljubljana, and Partner in strategic consulting and communication company Herman & partners Ltd. Slovenia. He received his PhD from the London School of Economics and Political Science, UK. A Fulbright scholar, recipient of the Pathfinder Award, the highest academ-

ic honour bestowed by the Institute for Public Relations (IPR) in New York, and named a Distinguished Public Relations Scholar by the European Public Relations Education and Research Association (EUPRERA). In 1991 he was the founding director of Slovenian national news agency (STA). Organizing the annual International Public Relations Research Symposium – BledCom since 1994.



Ana Tkalac Verčič University of Zagreb (Croatia) • Ana Tkalac Verčič, Ph.D., is a Full Professor of Marketing communications and Public Relations at the Faculty of Economics and Business, University of Zagreb, Croatia. She is a former Fulbright scholar and a recipient of the Chartered Institute of Public Relations diploma. Ana Tkalac Verčič has authored, co-authored and edited numerous books including Public Relations Metrics: Research and Evalu-

ation (with B. van Ruler and D. Verčič) and is the author of the first Croatian public relations textbook. She has published more than a 100 papers in various academic journals and serves in various editorial boards such as International Journal of Strategic Communication, Journal of Public Relations Research and Public Relations Review. Throughout her career professor Tkalac Verčič has received numerous awards, most recently, GrandPRx, the award for the development of public relations as a profession. She is currently the president of the Croatian Public Relations Association.



Krishnamurthy Sriramesh University of Colorado (USA) • Krishnamurthy Sriramesh, is Professor of Public Relations at the University of Colorado. His rich teaching profile includes teaching a range of courses in 10 universities in the North America, Asia, Australasia, and Europe while also delivering seminars/talks in over 40 countries. He is recognized for his scholarship on global public relations, culture and public relations, corporate social re-

sponsibility (CSR), and public relations for development. His program of research has resulted in 8 edited or co-edited books (one currently in print and another in preparation on crisis communication cases), over 120 articles and book chapters, and over 150 conference papers and other presentations around the world. A recent bibliometric analysis published in Public Relations Review placed him among the top five cited global public relations scholars. In 2004, the Institute of Public Relations (USA) recognized his scholarship by honoring him with the prestigious Pathfinder Award for "original scholarly research contributing to the public relations body of knowledge."

Adema, Niels, Hanze UAS (The Netherlands)

AI Rawi, Ahmed Ibraheem, University of Virginia (USA) • Ahmed Al Rawi is an incoming postdoctoral fellow at the Karsh Institute for Democracy at the University of Virginia. He is a social scientist and media and communication policy researcher who utilizes both quantitative and qualitative research methods to study critical issues related to information communication technologies (ICTs) and platform infrastructures, which influence individuals' communication activities, data exchange, and digital innovation on a global scale, including the United States. Alrawi's research are twofold: (1) Surveillance, Privacy, & the Implications of ICTs and (2) Broadband Platform Policy and Deployment.



**Akanbi, Francis**, University of Florida (USA) • Francis Akanbi is a third-year doctoral student in the Department of Public Relations at the University of Florida. His research interests include Public Relations Ethics, Corporate Purpose, and Corporate Social Responsibility. He also studies the intersection between language use and strategic communication.



Alotaibi, Mutaz, Cardiff University and King Abdulaziz University (UK & Saudi Arabia)

• Mutaz Alotaibi is a lecturer at the Faculty of Media and Communication College, King Abdulaziz University, Kingdom of Saudi Arabia. He is a PhD candidate researcher at Cardiff University, United Kingdom. He has a Bachelor's degree in Public Relations and Media from King Saud University and a Master's degree in Public Relations and Communication from Seton Hall University, New Jersey, United States. Moreover, he is a PhD researcher at

Cardiff University in the field of Public Relations and Strategic Communication. Mutaz has had great working experiences since 2009. During his Bachelor's and master's studies, he trained at the Saudi Ministry of Interior, United Nations Organization in New York City, Light of Gold PR Consultation LTD in New Jersey and Saudi Energy Efficiency Centre in Riyadh, Saudi Arabia. In 2019, he became an academic lecturer.



**Altendorf, Antonia**, Sociological Research Institute Göttingen (Germany) • Antonia Altendorf is a researcher at the Sociological Research Institute Göttingen (SOFI), Germany. She is currently researching issues relating to the design of digitalization in the world of work as part of the interdisciplinary Future Lab Society and Work at the Centre for Digital Innovation in Lower Saxony (ZDIN). Her focus is on the opportunities, challenges, potentials and necessities of digitalization processes in public administration.



Ambarchian, Nyree, Jack & Grace (UK) • Nyree Ambarchian is a Co-Founder of Jack & Grace, a purpose-driven communications agency. On a mission to use comms as a force for good, Jack & Grace is a B Corp and only works with organisations that value people, planet, and profit equally. Nyree has twenty years' experience in communications, specialising in behaviour change campaigns. Her career began in the marketing team of a sustainability charity, before working on community engagement programmes to support the

development of large-scale renewables. For the last ten years she's worked in PR & communications agencies, leading campaigns for a wide range of clients. She is a strategic communicator skilled at helping organisations communicate in the most compelling way to reach key audiences. She works on award-winning campaigns for government, not-for-profits, and brands that engage consumers and create positive change. Over the years, that's included campaigns for the likes of Riverford, Karma Drinks, and Defra.



Baptista, Raphaël, CIEG/ISCSP-Ulisboa (Portugal) • Raphaël Marques Baptista is a Visiting Assistant Professor at the Instituto Superior de Ciências Sociais e Políticas (ISCSP) and the University of Beira Interior (UBI). In 2022, he completed his PhD in Communication Sciences, with the classification Unanimously Approved with Distinction and Praise, presenting a research that deals with health online communication. He is also a collaborating researcher at CAPP and LabCom. In 2018, he received the ISCSP award for scientific merit

and advanced research. He is currently working on two scientific projects: HealMe: What health managers in Portugal think about digital health and Communication of Public Health Policies in Portugal – ComHealth PPP.



Barlik, Jacek, University of Warsaw (Poland) • He is an assistant professor at the Faculty of Journalism, Information and Book Studies, the University of Warsaw, Poland (full-time since 2014, previously straddled business career and part-time teaching). He is also a seasoned public relations practitioner, with vast experience as an advisor to major Polish and international corporations, public institutions and NGOs. He has authored articles, chapters and a book on public relations, communication strategies, awareness campaigns, crisis

communication, social media, PR theory, sales and persuasion (in Polish and English), and was a Fulbright scholar at the University of Maryland, College Park (USA).



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reference to the social sphere, the drafting of sustainability reports and the design of training interventions.



**Bradshaw, Amanda S.**, University of Mississippi (USA) • Amanda S. Bradshaw, Ph.D., is an assistant professor of integrated marketing communications in the School of Journalism and New Media at the University of Mississippi. She primarily teaches in the public relations specialization. Her research interests are threefold: the nexus of health communication and social networking interactions, Inclusivity and identity formation, and strategic communications pedagogy. Dr. Bradshaw earned her Ph.D. in mass communication from

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**Butera**, **Alfonsa**, Università IULM (Italy) • Alfonsa Butera is Adjunct Professor of Corporate Communication at Università IULM, Italy. She is a freelance consultant in the field of corporate communication, dealing with the strategic planning and operational management of the communication activities of B2B and B2C customers operating in various industrial sectors. Her main research interests are employee communication and engagement, internal crisis communication, employee voice and silence, media relations. She is

Head of Coordination and Researcher of the Centre for Employee Relations and Communication at Università IULM.



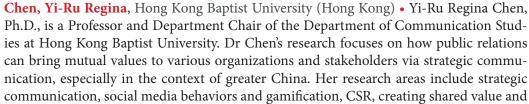
Castelli, Nicola, Università IULM (Italy) • Nicola Castelli is a lecturer for the course of Organization Theory & HR Management at Università IULM, Italy. He is a senior trainer in organizational field, author and co-author of articles published in journals such as Harvard Business Review Italia and books dedicated to the evolution of the healthcare system published by Il Sole 24 Ore. He is co-founder of MensCorpore, a consultancy and training company focused on personal and organizational well-being and development. He collab-

orates as a researcher with the Centre for Employee Relations and Communication at Università IULM.



Executive Officers.

Charlton, Dan, SPFT (UK) • Dan Charlton a Board level Chief Communications Officer in the National Health Service (NHS) in England and Deputy Director at the Centre for Health Communications Research, Buckinghamshire New University, U.K. He is currently undertaking at PhD at Bournemouth University, U.K on leadership, communication and organisational change in the NHS. This research involves the first study of its kind to explore the phenomenon of organisational change from the perspective of NHS Chief



purpose-driven organizations. She has published in leading communication and new media journals, such as Public Relations Review, Journal of Public Relations Research, Telematics and Informatics, Computers in Human Behavior, American Behavioral Scientist, and Journalism and Mass Communication Quarterly. Dr. Chen's research was funded by several institutes, including the Hong Kong Research Grants Council and the Arthur W. Page Center of Penn State University.



Chia, Glen, Singapore Management University (Singapore) • Glen Chia is a skilled communicator and currently heads the Category Management team at Swee Lee Holdings, a music company based in Singapore that specialises in both retail and distribution of musical products across South East Asia. Glen has a decade of experience with managing brand communications and have worked with more than 100 global musical brands, to expand and grow their presence in the region. Glen holds a Bachelor of Arts in Communications

from the University at Buffalo, and a Master of Science in Communication Management from the Singapore Management University.



Chmiel, Michal, Royal Holloway, University of London (UK) • Michal Chmiel (PhD) is a Senior Lecturer (Associate Professor) in Psychology. He is a former Public Relations practitioner, and now researcher and educator. Currently he is the Director of External Engagement and Partnerships of the School of Life Sciences & Environment (Royal Holloway, University of London). Michal's research interests revolve around the role of the impact of Brand PR on attitudes and well-being of audiences. He has also researched into

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Coombs, W. Timothy, Centre for Crisis and Risk Communications (USA) • W. Timothy Coombs (PhD Purdue University, USA) is an advisor for the Centre for Crisis and Risk Communications. His primary area of research and consulting is crisis communication. His works include the award-winning book Ongoing Crisis Communication, coediting the Handbook of Crisis Communication, and co-writing Strategic Sport Communication: Traditional and Transmedia Strategies for a Global Sport Market. His crisis communica-

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Davis, Donna Z., University of Oregon (USA) • Donna Davis is an expert in virtual reality (VR), digital embodiment, and tech equity. She is director of the Oregon Reality Lab and the Immersive Media Communication master's program at the University of Oregon. Her research focuses on the potential uses of social virtual worlds, and other emerging immersive media, with a special interest in marginalized and vulnerable communities. Her research on embodied experience and identity among people with disabilities was funded

by the National Science Foundation. She has also extensively studied people with Parkinson's disease who find and build support in the virtual world.



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#### **4** Abstracts

# In a crisis situation, which public communication message strategies are best deployed using short-form social media?

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#### Introduction

This paper investigates the role and effectiveness of short form social media as a tool for public communication during a crisis. It will present an analysis of public communication strategies employed by Saudi governmental organizations during the COVID-19 pandemic, specifically focusing on X/Twitter utilization. The study is grounded in the context of a transformational period in the Kingdom of Saudi Arabia where significant change can be observed in the Public Relations and communication strategies deployed. It contributes to a larger study which considers the effectiveness of social media as a platform for different types of public communication message in a crisis scenario.

#### **Purpose of the Study**

The research seeks to answer a central question: How effective is social media as a strategic communication tool for creating public engagement? It addresses this question by carefully analyzing Twitter data, offering a comprehensive evaluation of Public Relations roles and communication strategies during a global health crisis. Literature Review and a Theoretical Framework: In order to build a theoretical framework to interrogate the data, key approaches and frame-

works such as Stakeholder Engagement (Nie et al., 2019), Strategic Communication (Soffer, 2019), Gatekeeping (Kyprianos et al., 2020), Persuasion (Geers et al., 2018), Key Opinion (Wang et al., 2020), and Grunig's Public Information Model (Hung-Baesecke et al., 2021) are all explored. The literature review highlights the significant impact of the COVID-19 pandemic on crisis communication, emphasizing the use of social media for engaging stakeholders and disseminating information.

#### Methodology

The study adopts a qualitative approach, comprising content analysis of Twitter posts in order to identify message types which attract effective public engagement. Content analysis focuses on the Saudi Ministry of Health's official Twitter account. It examines a dataset of 1,469 tweets posted from 5 March to 5 October 2020. The analysis categorizes the tweets into five thematic dimensions: Awareness, Warning, Risk Information, Efficiency Messages, and Providing Reassurance.

#### Results of Social Media Data

The Saudi Ministry of Health's messages are extensively analyzed based on engagement metrics

#### **4** Abstracts

such as likes, retweets, replies, and quotes. Analysis of this data utilizes thematic categorization to better understand the communication efforts of the Saudi government as follows:

- Awareness: This theme captures the Saudi Ministry of Health's activities to educate the public about COVID-19, including disease information and preventive recommendations. The theme reflects the importance of public education and awareness in crisis communication.
- Warning: The Warning theme provides immediate public alerts and responses by conveying symptoms and case reports.
- Risk: Risk Information provides credible messages by offering details on responsibilities and prevention measures.
- Efficiency: Public responses and information sources are highlighted in the Efficiency Messages theme, showcasing the role social media plays in providing timely and accurate information.
- Reassurance: Finally, the Providing Reassurance theme, through government roles, appreciations, and calming measures, aims to mitigate public anxiety and foster a sense of security during the crisis.

The study examines the types of tweets (original tweets, retweets, replies) and media types (photos, videos, animated GIFs) used in the communication strategy. It finds that through enhancing message dissemination and engagement, original tweets and visual content (photos and videos) predominate.

Analyzing tweet distribution over the study period provides further insights into communication strategy changes. The results demonstrate how social media can foster two-way communication between governments and the public through its interactive nature.

The paper also indicates the need for further investigation into the outcomes of this engage-

ment, which the researcher is now progressing as a series of semi-structured interviews with Public Relations and communication professionals from the Saudi Ministry of Health. This further analysis supports and extends the content analysis, offering deeper insights into the strategic use of social media communication during the COVID-19 pandemic crisis.

#### Conclusion:

This study contributes to Public Relations knowledge and practice by examining the role that short form social media plays as an effective and interactive tool for public communication during a crisis. The findings provide insight into how governmental organizations can effectively use social media platforms during a public crisis, emphasizing the importance of varied content and engagement strategies to effectively respond to different public needs and concerns. The insights developed from this study are not limited to the specific context of the COVID-19 pandemic but offer broader implications for the use of social media in various crisis communication scenarios.

In conclusion, this research study not only presents a comprehensive analysis of public engagement with Saudi governmental use of X/Twitter during a pivotal time, but also provides a foundation for future research and practice in crisis communication. It illustrates the importance of a multifaceted communication approach, incorporating various themes, media types, and engagement strategies to effectively reach a range of audiences in times of crisis.

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# Double tap to heart: Portuguese National Health Service (SNS) message on Instagram about cardiovascular health and its perception

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### Introduction and purpose of the study

In Portugal, cardiovascular diseases kill around 80 people a day (Mendes, 2023), accounting for a third of all deaths each year. The average amount of time spent on the internet each day by the Portuguese is over seven hours, higher than the world average of six hours and 40 minutes (We are Social, 2024). Instagram is the preferred online social network, on which the Portuguese spend around 17 hours a month, also above the world average of less than 16 hours (We are Social, 2024). This data can be exploited by the Portuguese government to reach audiences in the online environment. Therefore, this research aims to understand the publications of the National Health Service (SNS) on cardiovascular issues (e.g. diseases, health, ephemeris) shared on its official Instagram page and their perception.

### Literature review

With the continuous growth and adoption of online social networks, several scientific contributions highlight their importance and success in promoting cardiovascular health and well-being, as well as in preventing cardiovascular diseases (e.g. Eshah, 2018). Thus, professionals in this scientific field, that includes public relations professionals, have identified an opportunity in online social networks for health promotion, such as social mobilization and advancing research (Chen & Wang, 2021), anchored in the commitment to ehealth communication, in which health information operates on new dissemination channels, specifically online ones. For example, Cardoso and others (2021) carried out a content analysis of 12 manuals of conduct from Portuguese and international organizations for the management of online social networks, in the context of the Covid-19 pandemic crisis. The aim of the research was to identify and systematize the main strategies included in these manuals and then assess their convergence with scientific theories on online social media management. The authors concluded that the potential of online social networks should be recognized, as they are successful in promoting health. In addition, the researchers highlight the work that needs to be done together between online social networks and health professionals as promising. In this way, it will be possible to disseminate scientifically correct information on a mass scale from these online media (Cardoso

et al., 2021).

### Methodology

The research has three specific objectives: (1) to understand the strategy and specificities (textual, iconic, plastic and symbolic elements) of the government message on SNS Instagram for cardiovascular health during 2020 and 2024; (2) to understand the rhetorical potential of online communication on Instagram for cardiovascular health in the SNS during 2020 and 2024; and (3) to ascertain the perception of Instagram users regarding the effectiveness of SNS Instagram communication for cardiovascular health. To this end, we chose to carry out a semiological analysis to achieve the first specific objective, a rhetorical analysis for the second objective, and a focus group to achieve the third objective. The corpus for the first two objectives will be 81 publications related to cardiovascular health, shared between 2020 and the end of the current government's mandate, in March 2024. The focus group, in turn, will be made up of individuals between the ages of 18 and 34, since these are the adult ages that are most present on Instagram and given that the prevention of cardiovascular diseases and the adoption of behaviors that contribute to well-being should be started as early as possible. Future studies could focus on other online social networks used by governments to communicate health and well-being.

### **Results and conclusions**

The results indicate which coding options for SNS publications generate the most interactivity and the most perceived effectiveness. Strategically formulated government communication can increase perceived effectiveness.

### **Practical and social implications**

In the light of strategic and rhetorical communication studies, the theory of uses and gratifications and the encoding-decoding approach, it is understood that the results of this research will be useful in different parameters: (1) professional-practical, given that the results will provide recommendations on how to communicate public policies and cardiovascular health messages online, with specific indications that facilitate the process, the coding and the expected decoding; and (2) social, given that they may provide knowledge on how to construct a competent governmental (and also organizational) message with persuasive potential on a widely used online social network, in order to promote cardiovascular health and the well-being of target audiences.

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### **Keywords**

Online communication; Public policies; Cardiovascular health; Health policy; Portuguese government

# Feeling good, living well, and making nice. Aspiring PR people on well-being and work-life balance

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### Introduction and purpose of the study

Both the public relations industry and academics have stressed the growing role of well-being and work-life balance among major challenges perceived by PR professionals globally. Not surprisingly, the biggest challenge facing British PR practitioners (and not just them) was mental health, ahead of such factors as fake news and disinformation, fear of job losses, lack of influence on management, or long working hours (CIPR, 2022). At the same time, PR experts have increasingly become responsible for handling on top of the communication management function and maintaining relationships with various publics - the CSR and ESG issues, including social accord, individual fulfillment, and the well-being of many organizational stakeholders. Such ambiguity PR practitioners may feel (i.e., taking care of the external publics and neglecting themselves) can lead to even greater frustration and failure to address the most daunting challenge to the entire PR profession. Aspiring PR practitioners (including PR students) are also exposed to these problems and - in most cases - are not ready to handle them properly due to insufficient education and training on subjects such as well-being, mental health, or work-life balance.

### Literature review

The literature on the relationship between public relations and the well-being, mental health, and

happiness of employees and stakeholders has been growing fast recently (Rando-Queto et al., 2022). As it was found out, overall well-being and happiness at work and in personal life consist of three areas: subjective satisfaction with the job, the possibility to grow one's potential and develop as a human being (also called psychological well-being), and positive and enriching relationships that a job brings (that may be described as social well-being) (Muñiz-Velázquez et al, 2022). Simultaneously, four out of ten communication professionals feel stressed out or tense during their working hours (with females being more affected than men), and a quarter of all communicators do not know how to manage the daily stress caused by the need to be constantly available, enormous workload, lack of prospects, and blurring work and personal life boundaries, which have become even more important due to remote or hybrid work models launched during the pandemic (Zerfass et al., 2023, 38).

### **Research questions**

Thus, it might be worthwhile to pose several questions concerning well-being and work-life balance among aspiring PR practitioners and full-time PR students.

- RQ1 Are future PR practitioners aware of emotional costs, extreme workload, distress, and mental health issues associated with their trade?
- RQ2 Have PR students and young pro-

fessionals been taught and trained about well-being, work-life balance, and mental health during their studies, internships, and at the early stages of their careers?

• RQ3 – How do PR students and young practitioners assess the PR academia's and industry's efforts to address well-being, mental health, and work-life balance issues troubling PR people (regardless of their tenure)?

### Methodology

The planned research will employ quantitative methods, namely online surveys among young professionals and PR students in a European country. Respondents will be recruited via professional organizations, PR forums and discussion groups, and at several universities that run full-time PR sequences in the country. The aspiring practitioners' and PR students' opinions will be measured using Likert-type scales, when applicable, making it possible to find a general mood about well-being among aspiring PR people.

### **Results and conclusions**

The research will show the level of preparedness of young practitioners and PR students to cope with the stress at work, balance duties, and personal life, handle responsibilities toward stakeholders' well-being, and take care of their mental and emotional challenges. The conclusions from this study could help PR academics, associations, and industry leaders to come up with necessary adjustments about mental health and well-being in PR curricula, onboarding, training and development programs for students, interns, and junior staff.

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### Keywords

mental health, public relations education, well-being, work-life balance

# Communicating health and wellbeing policies: The Portuguese Prime Minister's message on the X platform between 2016 and 2023 and its reception

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### Introduction and purpose of the study

Social media have increasingly been used by political bodies and experts to disseminate health information to the public. Several authors recommend that the governments should assume a more active role in the meaning making of the policy. Knowing how to communicate policies is essential because citizens need to understand decision-making - the pillar of democracy and to access, understand, and use health content for their benefit. Portugal was selected as a case study as: a) the World Health Organization's 2019 World Health Report placed Portugal's health system 12th in its ranking; b) it held the rotating European Union Council presidency from January to June 2021, while c) in January of the same year, the country was dealing with the world's highest Covid-19 rate. The option for X (ex-Twitter) is based on two considerations: a) the opportunities provided for effective communication, fast and efficient dissemination of vital messages, and appropriate tailoring of messages for different audiences (Hyland-Wood et al., 2021), and b) it is one of the main platforms used by political parties and candidates (Alonso-Muñoz et al., 2016, p. 72). The proposed study aims to: 1. characterize the health-related message published on the X platform account of the Portuguese Prime Minister, António Costa, during his administration; 2. explore the persuasive potential of the health message published by the Portuguese Prime Minister António Costa on his X platform account during his administration; 3. perceive the discursive enunciation present in the health message published by the Portuguese Prime Minister António Costa on his X platform account during his administration; 4. ascertain the reception of these messages by António Costa's followers.

### Literature review

There are few studies on the communication of public health and well-being policies, either in Portugal or in other countries. However, it is noted that the Covid-19 pandemic has also had an echo in research, finding a vast literature on governmental health communication, especially in the context of the Covid-19 pandemic. As an example, Belim's study focuses on Covid-19 communication on Twitter by the Portuguese prime minister, during significant synchronous periods, managing to extract some recommendations at the level of government communication, such as striving for transparency, truth, and proximity to citizens, seeking to inform, clarify and convince them. The studies found on Portuguese government communication during the pandemic focused on media communication, highlighting for example official sources, in particular the Portuguese prime minister (Lopes et al., 2021), and communication strategies in prime time television news (Cunha et al., 2021).

### Methodology

The method to be used is mixed, consisting of content analysis (to fulfill the 1<sup>st</sup> and 4<sup>th</sup> objectives), rhetorical analysis (2<sup>nd</sup> objective), discourse analysis (to fulfill the 1<sup>st</sup> and 4<sup>th</sup> objectives). The mixed method is used because it compensates for the disadvantages of the qualitative and quantitative methods, offering a more complete and plural version of the results. The corpus consists of all the publications made by the Portuguese Prime Minister on his X account in the period from April 2016 to November 7, 2023, which is almost eight years.

### **Results and conclusions**

The results show that, during the Covid-19 pandemic, there was an intense focus on the subject, noting the Prime Minister's concern for the well-being of the Portuguese and the focus on responsibility. Pathos was used to inspire main-

ly positive emotional responses-such as the impulse to action, feelings of support, desire for unity, and confidence, optimism, or calm-but also negative emotional responses, such as anxiety, apprehension, or concern and disappointment. Outside the pandemic period, the focus on health and well-being is less. As future studies, we suggest focusing on other forms of communication about health and well-being from the Portuguese government and even a comparative study between countries.

### **Practical and social implications**

At a practical level, this study provides plural knowledge (e.g., rhetorical potential, specificities of the message in a pandemic crisis context and outside of that context, discursive specificities, reactions of recipients according to the type of message and social context) about the government message in an online context, bringing together recommendations for political actors and communication professionals, such as public relations. On a social level, this study provides insight into the link between the communication on the X platform of a government actor with public responsibility and the reception of individuals, and which messages get the most positive reactions and comments, and even feelings of well-being (or not) on the part of the recipients. In a public relations context, some lessons can be learned about how to build a positive government image in the online environment in different social contexts linked to health (with and without a pandemic).

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### **Keywords**

health communication, well-being, health policy, Portuguese prime-minister, X

# The Utilisation of Engaged Research Towards the Well-Being of Internal Stakeholders: A Case Study

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### Introduction and purpose of the study

The well-being of internal stakeholders lately received increased attention. It is argued that organisations should prioritise well-being by creating an environment of cooperation and collaboration through participation in bottom-up communication, rather than the top-down management of communication. Such an environment of participation and dialogue is important for the well-being of internal stakeholders because it creates a sense of community.

As part of the strategic role of corporate communication, research should take place to identify issues within specific stakeholder groups to inform strategies and policies to be able to address them strategically. Within internal communication, such research should take place to establish the issues that might influence the well-being of the internal stakeholders.

We argue that engaged research could be utilised to identify internal communication issues regarding the well-being of the internal stakeholders. Engaged research contributes to creating an environment of participation and dialogue where collaboratively, issues can be identified to inform strategies to address those issues. However, engaged research is usually applied in a community context to address mostly health, social and environmental issues. No prior re-

search could be found where engaged research was used to address internal communication issues in an organisational context. Therefore, we ask the question: How could engaged research be used to identify and address internal communication issues in an organisational case study to promote the well-being of internal stakeholders?

### Literature review

Engaged research is an ongoing and reflective process of collaboration, inclusivity, and a shared sense of purpose between researchers and community stakeholders. Within engaged research, real-life issues are addressed through the co-creation of knowledge to bring about meaningful change. This is done within cooperative partnerships to empower partners towards the sustainability and well-being of all.

### The case study

The researchers were approached by members of a communication advisory committee of a retirement village in South Africa with the request for assistance with their internal communication. These committee members argued that internal communication issues are influencing the well-being of the residents, but they were unclear on the extent of these issues and how to address them. The researchers and these advisory committee members formed a partnership where

there was active participation by all partners in the research process. This included the research design, measuring instruments, data collection, data analysis, writing the research report and the implementation of the findings.

### Methodology

As part of phase 1, the partners decided on a qualitative research approach that included six semi-structured interviews with management and six focus groups with residents, to ensure that participants had the opportunity to address themes they deemed necessary. This was done by creating an environment where conversation and reflection took place on internal communication issues. The data was collected in January 2023 and analysed through qualitative data analysis. Discussions took place between the partners on the findings and possible recommendations before the research report was finalised.

To evaluate the utilisation of engaged research to address internal communication issues toward the well-being of the internal stakeholders, critical reflection will be done in phase 2 of the research. First, we will reflect through self-inspection on how our worldviews, prior experiences, assumptions, and beliefs influence the research and results. Secondly, a reflective group session will be held with all the members of the partnership. A discussion guide will be developed, with input from the partners, to guide the reflection. The partners will reflect on the partnership, the research process, and the outcomes of the research.

### **Results and conclusion**

Through the interviews and focus groups, various internal communication challenges were identified and their influence on the well-being of the residents was deliberated. Within these discussions, the participants themselves came up with possible solutions to address these chal-

lenges. These conversations also resulted in the identification of communication principles that the participants felt were necessary to be put in place to further contribute to the well-being of the residents. Strategy and policy changes were suggested to address the challenges and principles.

To evaluate the use of engaged research in identifying and addressing these challenges and principles, the process of critical reflection (phase 2) will take place in March 2024 to determine how this engaged research project addressed the well-being of the retirement village's internal stakeholders.

### **Practical and social implications**

After the critical reflection, a framework will be developed that could extend to other internal communication contexts and environments facing similar well-being issues. Furthermore, engaged research could prove to be a valuable strategic method for communication managers to use toward the well-being of internal stakeholders. Future studies could investigate this research method and the framework within the wider well-being discussion in the internal communication discipline.

### **Keywords**

Engaged research, internal communication, internal stakeholders, well-being

# Employee Well-being, Internal Communication and Listening: Insights from an Explorative Study Among Italian Companies

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### Introduction and purpose

Public relations and corporate communication, conceived as two-way communication and relationship management between organizations and their publics, are best performed through listening in order to align the organizational purpose and behaviour with the interests of stakeholders. This paper specifically addresses the topic of listening as a component of internal communication that is critical to sustain employee well-being, considering employees as a key group of stakeholders.

### Literature review

Employee well-being cannot simply be viewed as job satisfaction or the overall quality of an employee's experience and functioning in the workplace. Rather, it is a broader concept that encompasses three dimensions: psychological, physical and social (Grant et al., 2007). Looking specifically at how to sustain employee psychological well-being, internal listening is crucial in its two components: organizational and supervisory listening (Qin & Men, 2022).

Organizational listening should be grounded in a culture that is open to employee voice and rely on dedicated policies, systems, technologies, and resources, including staff (Macnamara, 2016). This applies to the listening of both internal and external stakeholders. Supervisory listening is a form of dyadic listening, since it involves a manager and her subordinates, and is associated with several organizational outcomes, such as job performance, leadership, quality of relationships, job knowledge, job attitudes, and employee well-being (Kluger & Itzchakoy, 2022).

When employees and managers are geographically distant, managers need to demonstrate a range of skills to ensure employee well-being and organizational performance, namely the ability to listen, create and show trust, and give authority to employees (Poulsen & Ipsen, 2017).

### Methodology

The empirical study is based on the accounts of managers from 10 Italian companies. Qualitative data were collected from 10 interviews carried out between July and October 2023. The

sample of interviewees included board members and managers responsible for internal communication, employee well-being, sustainability, and HR management.

### **Results and conclusions**

Findings show that companies understand the relevance of structured forms of organizational listening to better understand the needs of their employees in terms of well-being, also with the aim of implementing effective programs in this area. In addition to climate and engagement surveys, companies also use other methods to listen. For instance, one company put together a listening team of around 40 employees who extensively interviewed the organizational population in several forms to create a 4-year employee well-being plan based on their specific and assessed needs. Companies have also cited the monitoring of internal communities as a powerful listening tool as they act as excellent collectors of employee needs in specific areas. For example, after listening to the community of pet-owning employees, one company decided to implement a policy regulating the possibility of employees to bring their pets into the office.

In recent years, companies' focus on internal listening has also been reinforced by the increase in remote working, which has made supervisory listening a necessary measure to monitor employee well-being, recognizing that the increased distance between a supervisor and their employees could worsen their relationship. In this sense, some companies strived to introduce forms of structured supervisory listening through technologies that complement supervisory listening in face-to-face interactions, which are thinned out in hybrid work contexts. Specifically, managers were provided with specific monitoring tools to collect frequent employee feedback, typically on a weekly basis. These tools have been used by supervisors to learn more about how their employees feel and to gather

information that they can use to guide their dialogue with subordinates.

### **Practical implications**

This study offers reflections and insights into tools and methods that organizations can use to sustain internal listening as a lever for employee well-being. While the literature underlines the value of listening at both the organizational and supervisory level to promote employee psychological well-being, listening to them to specifically identify their needs for a more sustainable work environment is also crucial to developing effective employee well-being initiatives.

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### **Keywords**

employee well-being, organizational listening, supervisory listening, internal communication

# Grounded optimism as an approach to organisational change

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### Introduction and purpose

This doctoral study utilises psychanalytic scholarship to explore the deep currents which drive the tides of human behaviour during organisational change - the 'emotional undertow' described by Krantz and Trainor (2019, p.205). The basis for this thesis is that contemplating the unconscious, emotional dynamics which are psychoanalytically conceptualised as sitting beneath the surface of organisational behaviour provides a means to understand, anticipate and potentially mitigate the risk of change being impeded by leadership disconnect from the wider workforce.

### Literature review

The literature review lays the foundation for the development of 'grounded optimism' as a way of navigating the turbulent waters of change. Grounded optimism builds on existing theory in conceptualising the value of a positive, plausible leadership vision for the future which is rooted in reality through democratic dialogue, and enriched by a sophisticated appreciation of the emotional impact of change. This requires leaders to reframe resistance to change as an opportunity to identify potential problems and explore solutions, rather than simply characterising it as irrational and oppositional.

The concept of grounded optimism is proposed in mitigation to the risk of excess leadership positivity. The downside of too much positivity is examined within organisational literature with regards to both leadership communication and behaviour. Whilst recognising the transformative attributes of an uplifting vision for the future which inspires, empowers and reassures, Collinson (2012) highlights how employees can become sceptical and mistrustful when they receive overly optimistic messages from leaders which feel divorced from their own economic and social reality.

Exploring excess positivity in relation to leadership behaviour, Collinson (2012) defines 'Prozac leadership' as the way in which senior organisational members can become seduced by an unrealistic, personal narrative that everything is well within the workforce environment they are responsible for managing. Consequentially, such leaders become unwilling to hear difficult news, address problems or give due consideration to organisational risks (Collinson 2012). The "fallacies of optimism and invulnerability" (Ford and Ford 2009, p.5) are identified as causal factors in leaders neglecting to seek input, feedback and challenge from staff about their plans, thereby potentially missing opportunities to identify problems. In this vein, the dark side of optimism is defined by Gibbons (2019) as a form of hubris and self-delusion which renders organisational leaders "confident without competence" (Gibbons 2019, p.174) by impairing their ability to analyse risk, assess probability and proceed with prudent caution when contemplating a new strategy or change programme.

### Methodology

This study explores organisational change leadership within the United Kingdom's National Health Service (NHS), The NHS is the world's largest publicly-funded health system and fifth largest employer, with 1.5 million staff.

The study is the first of its kind to explore organisational change and leadership in the NHS from the perspective of Chief Executive Officers (CEOs). NHS CEOs are simultaneously responsible for focusing on immediate operational pressures whilst having a long-term vision for their organisation; able to delegate whilst maintaining a detailed knowledge of what is going on within the walls of the institution they are responsible for leading; accountable for maintaining stability whilst acting as agents for change (Chambers and Exworthy 2021).

This study is interested in a deep exploration of the unconscious, emotional dynamics which are psychoanalytically conceptualised as influencing leadership behaviour during organisational change (Krantz and Trainor 2019; Jarrett and Vince 2023). Phenomenology is utilised as the methodological means of immersion in study participants' experience of leading change. It involves one-to-one interviews with 20 individuals who hold the position of NHS CEO.

### **Practical and social implications**

The basis for the research is threefold. Firstly, the NHS is an instructive environment in which to study organisational change because of the sheer amount that takes place within it. Secondly, there is an imperative to explore and understand how NHS leaders motivate, engage and enable their workforce to deliver the continuous change needed to meet the multifactorial healthcare needs of the U.K population. This imperative is particularly pertinent in light of evidence which suggests the NHS is historically and systemically poor at changing (Tingle 2022). Thirdly, the re-

search responds to the purported gap in knowledge regarding leadership of large, complex public sector organisations (Janke et al. 2021).

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# Gen Zs Seeking Companionship. Loneliness, Individual and Collective Narcissism as Predictors of Sharing Fake News

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### Introduction and purpose of the study

Although wellbeing of external audiences has not been the primary focus of Public Relations scholarship, the recent COVID-19 pandemic has partly contributed to reenergising the interest in publics and their characteristics (Botan, 2023). It seems that especially Gen Z audiences are better informed, more motivated and active than previous generations but – worryingly – they also appear to be more vulnerable.

This transdisciplinary project seeks to identify factors negatively affecting the wellbeing of Gen Z audiences that also create conditions for sharing fake news online.

### Literature review

Gen Zs can be characterised as the loneliest and most narcissistic of all generations (e.g. Cacioppo & Patrick, 2016; Twenge, 2023). At the same time, they have been also identified as being more prone to engage in sharing fake information (van den Linden, 2023). Public Relations professionals have indirectly contributed to the problem by supporting and communicating various isolation measured introduced during the pandemic. It would now appear timely to investigate the consequences of the two major char-

acterisations of Gen Zs for organisations and professional communicators.

Although several scholars have made significant effort to understand the impact of Public Relations on audiences (e.g. Rudock, 2001), and suggested the need to recognize PR's role on the marketplace of ideas (Fitzpatrick & Bronstein, 2006), a necessity to develop more responsible practices of online communication seems even more pronounced in today's communication environment (Hallahan, 2006). Additional rationale for investigating vulnerable audiences and their role in shaping communication-based relationships with organizations and society comes with the limitation found in the traditional model of stakeholder identification (Freeman, 1984), which suggested power as one of the main characteristics of stakeholders that organisations should engage with.

In the present project, it was hypothesized that although audiences experience feelings of lone-liness and powerlessness, they would be inclined to share information low in facticity. Individual narcissism will be a moderator of this relationship. Additionally, it was hypothesized that collective narcissism would positively moderate the relationship between political attitudes

and sharing fake content online, but only if fake news stimuli is aligned with their political stance and is assessed as political and newsworthy.

### Methodology

An online study was carried out using the university experiment management system and Qualtrics platform. Gen Z participants were recruited, and course credit was offered as compensation for their participation. As sample size of 279 participants was determined by calculating the expected power of the study (effect size = .25).

Independent variables included political attitudes, loneliness (Russel et al, 1980) individual narcissism (Ames et al., 2006) and collective narcissism (Golec de Zavala et al., 2009).

In the next step, participants were randomly assigned to one of two experimental conditions (political vs. not political fake news).

Next, participants were asked to rate their willingness to share the news online, assess its newsworthiness, credibility, and the extent to which the post appeared as political (manipulation control).

In the last step, participants were debriefed and thorough information about the purpose of the study was provided along with links to governmental websites offering credible information about the topics of the news used in the manipulation stage.

### **Results and conclusions**

It is expected that this transdisciplinary project, which looks into PR, media and psychological factors explaining behaviour of audiences will more comprehensively explain why vulnerable and young audiences share fake content in the online environment. Authors hope to discuss

their findings against the assumptions of the Situational Theory of Publics (as reviewed in Grunig, 1997) and concentrate on the dimension of public's involvement and its antecedents.

### Limitations

The sample consisting of Gen Z members living in the UK appears as the main drawback of the study, which partly limits the interpretation of the findings to the western European communication environment.

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### Keywords

fake news, loneliness, narcissism, political attitudes, newsworthiness

# Positive Communication and resilience: Explicating how positive communication can enhance crisis response effectiveness in moral outrage inducing crises

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### Introduction

Crisis communication is one context where communication and human-wellbeing intersect. Organizational crises damage relationships and place people at risk physically, emotionally, and/ or financially. By properly managing a crisis, the organization can facilitate stakeholder resilience and wellbeing. The focus on trying to lessen the damage a crisis inflicts upon others is the starting point for linking the crisis communication context with human wellbeing. The emphasis on "organizational outcomes" in PR and crisis communication has overshadowed its attention to human wellbeing. This is a theoretical piece which incorporates, positive communication, resilience, crisis communication and rhetoric theories to help improve communicative efforts and encourage human wellbeing.

### Literature Review

Positive communication scholarship seeks to promote human flourishing across a variety of contexts. Within the organization context, crisis communication is one area where concern for human flourishing is salient. Crisis is a very broad term, we focus on crisis context characterized by organizational behavior that violates stakeholder expectations and places stakeholders and the organization at risk. The harm inflicted by a crisis can be physical, psychological, environmental, and/or financial. Crisis victims at risk for physical and psychological harm include employees, community members, and customers (Coombs, 2023).

We first identify how crisis communication's link to resilience illustrates its positive communication aspect. Resilience is an adaptive-transformative process evoked by disruption or loss (Buzzanell, 2010) and promotes wellbeing. Hence, many aspects of crisis communication seek to facilitate resilience, promote wellbeing, and improve social interactions. There are multiple levels of resilience during an organizational crisis including individual, relational, and organizational. The manuscript examines individual and relational levels because the organizational level is widely viewed as built upon employee (individual) resilience and the resilience of relationships with various stakeholders (relational). The explication of resilience provides a foundation for examining how crisis communication

acts as a form of positive communication.

Secondly, we draw upon positive communication to help understand how communication can be used to promote human flourishing during moral outrage inducing crises. Moreover, we explore crisis communication more broadly by establishing how existing elements of crisis communication are related to individual and relational resilience. We explicate the ethical base response in crisis communication (instructing and adjusting information) and reputation management. The ethical base response is a form of psychological first aid (PFA). PFA is composed of creating a safe environment (free from harm) coupled with communicating concern and compassion to reduce stress.

Finally, emotion-driven research in crisis communication is still in its infancy. Moral outrage creates a boundary condition for crisis communication theory (Coombs & Tachkova, 2023). In other words, it hinders promoting relational resilience because it negates the effects of the crisis response, including apologies. Since resilience is crucial for the wellbeing of stakeholders and an essential part of crisis recovery, there is a need to articulate a crisis response strategy specifically for extreme moral crises which promotes resilience and human wellbeing. We propose incorporating elements of positive communication into the crisis response is the key to communicating effectively. The suggested curative action response has several unique characteristics which make it an effective response for extreme moral outrage crises: (1) provides steps to facilitate recovery from the crisis, (2) seeks forgiveness through accountability, and (3) demonstrates the organization is accepting the negative consequences of its own actions. Moreover, curative action is a form of positive communication because it enables the organization-stakeholder relationship to flourish by facilitating individual and relational resilience.

### **Implications**

We articulate the need for a new crisis response which more accurately captures the communicative demands of moral outrage inducing crises and addresses the needs of stakeholders. Rooted in the rhetoric of atonement, we propose that organizations should communicate clearly about what curative actions have been taken to help both victims and non-victims manage the negative consequences of the crisis and encourage wellbeing. The manuscript has both theoretical and practical implications. From a theoretical standpoint, this is the first paper to propose a crisis response strategy aiming to improve stakeholder wellbeing following moral outrage inducing crises. From a practical standpoint, this will enhance the repertoire of strategies available to crisis managers by putting the victims at the center of the crisis communication effort.

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### Keywords

crisis communication, resilience, positive communication, curative action

# Empowering voices, enabling change: exploring the relationship between wellbeing and gender equality for public relations Portuguese practitioners

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### Introduction and purpose of the study

This communication aims to explore the relationship between wellbeing and gender equality for Portuguese PR practitioners. It derives from the project *Well-being in comms industries* from EUPRERA Project network *Women in PR*. Though studies have shown that wellbeing is a gendered construct, little work has focused on the relationship between SWB and gender equality policies and experiences, especially in PR in Portugal. Therefore, the research question for this study is: RQ1. How does the SWB of Portuguese PR practitioners relate to gender equality policies and experiences in the workplace?

### Literature review

We refer to the concept of subjective well-being (SWB) in the assertion of measuring happiness or satisfaction with life, combining the dimensions mentioned by Diener (2009) of thinking - the evaluative/cognitive dimension and feeling - the emotional/affective dimension. In this study we specifically focus on the relationship between wellbeing, considering job satisfaction and work-life balance, and gender equali-

ty perceptions. As noted by Connerly and Wu (2016), despite over 50 years of research on the quality of working life and diversity, there has been a notable gap in the examination of women's wellbeing in the workplace. This oversight is becoming increasingly concerning as women's participation in the workforce continues to grow, accompanied by distinct challenges they encounter both professionally and domestically, which differ from those experienced by men. And PR is a predominantly feminized profession around the world since the 1970's (Tench et al 2017; Topić et al 2020), which is also the case for Portugal. With the increasing influx of women into the field of public relations, notable advancements have been achieved, with women now occupying prominent leadership roles within communication agencies. However, despite these strides, systemic gender disparities persist, as evidenced by significant gender pay gaps (Moreno et al 2021), the prevalence of glass ceilings, and the overburdening of women with work and family tasks. Although gender equality is one of the millennium goals and it is in organizations' agendas, monitoring mechanisms are rare and it is important to understand how

it impacts SWB.

### Methodology

The study used a qualitative method with semi-structured interviews. The interviews were conducted with the aim of exploring the experiences and practices of Portuguese PR practitioners. This study comprised two distinct groups of participants: the first group with contracted workers in the comms industries (n=11) and the second one with active freelancers (n=6). In terms of sociodemographic characterization, the first group was composed of six women and five men, aged between 24 and 53, and the second had four women and two men, aged between 22 and 51.

Given that this study derives from the project Well-being in comms industries within EUPRE-RA's Project network Women in PR, the interview guidelines were previously approved, fulfilling ethical requirements. A platform was used to allocate all interviews, and data was processed using MAXQDA software. Framework analysis was chosen as the basis for data analysis, going through stages of familiarization, coding, framework development, and interpretation.

### **Results and conclusions**

Data shows that male practitioners reveal higher levels of SWB, especially related to job satisfaction and work-life balance but are more unaware of gender equality issues. In general, gender equality policies were hardly reported. Though gender inequalities are not directly mentioned, they are reported for other cases, using a third person. Some differences were found between contracted and freelance workers from the industry. We also found evidence to concur with the idea of a gender subtext that reinforces the relationship between wellbeing and gender equality, indirectly revealed in work-life unbalances and in gendered perceptions.

### Limitations of the study

Main limitation of the study is the panel of interviewees that is limited to 17 participants, though they are all PR practitioners.

### **Practical and social implications**

This study contributes to shed light on the relationship between subjective wellbeing in PR and gender equality experiences and perceptions, contributing to the development of more effective policies in a rather feminized industry.

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### Keywords

Wellbeing, Gender equality, Work-life balance; *Job satisfaction; Portuguese PR practitioners* 

# Harnessing the Power of Online Support Communities in Times of Crisis: Implications for Public Relations

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### **Introduction and Purpose**

This mixed-methods study by Demos and the St Mary's Centre for the Art of Dying Well analysed 110,000 online peer support conversations around terminal illness and bereavement from to 2003-2020, using natural language processing and qualitative analysis of data from specialised forums and social media with expert workshops. It explores how rapidly expanding digital support networks provide emotional support during crises, with implications for public relations crisis management and collective well-being.

### **Literature Review**

Prior research establishes the rising role of online communities in easing isolation, enabling advocacy amid unfamiliar systems, allowing authentic expressions unsuitable offline, and providing an immediate response as in-person services halt during disasters, epidemics, conflicts, and cause-specific crises.

### Methodology

Natural language processing systematically identified prevalent forum conversations around grief, caregiving burdens, existential beliefs, and pets during loss. Researchers have collaboratively developed ethical classification frameworks to explore discussions involving personal expe-

riences, analysing usage patterns, and perceived benefits versus systemic barriers raised by experts.

The data collection spanned from May 2003 to September 2020, and before the data was analysed, it was anonymised as much as possible by removing metadata that could potentially identify the authors, including social and site usernames, images, and originating IP addresses. The volume of posts increased over time, with a general upward trend, likely due to the increasing use of online platforms. Additionally, the volume of posts increased significantly in 2020, which may be attributed to the Covid-19 pandemic, which has led to a greater number of people experiencing serious illness and loss, as well as disrupted access to support and information, which has moved online.

### **Results and Conclusions**

Findings strongly indicate online networks' roles as real-time barometers of social strains, as well as resources which can supplement traditional crisis infrastructure. Users describe forums as providing essential emotional support by validating otherwise dismissed common experiences, aggregating insider knowledge for navigating complex care systems, and sustaining empathetic communities that offer support all year

round. Together, these findings demonstrate the means of maintaining collective continuity and resilience when disasters threaten individual and societal well-being.

### **Practical and Social Implications**

The practical and social implications of public relations strategies must be considered in light of the growing influence of online support networks on collective well-being during times of crisis. Practitioners have an ethical responsibility to actively engage with and respond to online discourse, rather than relying solely on traditional methods of monitoring. By closely monitoring online communities, valuable insights can be gained into the social strain experienced by individuals. The strategic incorporation of digital self-advocacy circles as resources for validation, navigation, and resilience can enhance an organisation's communication infrastructure, particularly when individuals seek transparency, advocacy, and care in times of instability.

### **Limitations and Future Research**

Digital inequality barriers around income, literacy levels, inconsistent device/broadband access, cultural preferences, and language fluency must be continually addressed to fulfil support potential. Private forums and non-English content should also be explored for completeness as online well-being dependencies widen.

### **Keywords**

Online networks, peer support, natural language processing, bereavement, death

# Profound Changes Mobile Devices. Potential Consequences. And the Lives of Today's Public Relations Professionals

Downes, Edward J., Boston University (USA)

### **Introduction and Purpose of the Study**

This study addresses how dependency on the use of mobile devices by today's public relations professionals globally has deeply, decisively, definitively--profoundly--influenced their "work-life balance." In turn, it asks whether these communication managers control these devices--or if the devices control them?

### **Literature and Methodology**

The analysis draws its conclusions from 35 carefully selected studies. Collectively these offered a wide, kaleidoscopic, long-term view of the metamorphosis of social media's influence on public relations/communication management, rather than a stagnant discovery at a certain point in the evolution of social media's influence on the field. They were chosen from literature dating back a quarter century to 1997--i.e., about the time when the rapid adoption and diffusion of social media began to redefine the opportunities--and challenges--offered to PR professionals. Roughly fifty percent of the analyses were from the social sciences (primarily from the mass communication/public relations literature); a quarter from the natural sciences (primarily from the medical literature); and a quarter from the humanities (primarily from the humanities literature).

### **Results and Conclusions**

The common theme through all of the literature is not surprising, but worth reflecting on--carefully: that is, that the changes social media and mobile devices offered to public relations professionals have been dramatic, unprecedented, sometimes misguided, and occasionally unexpected. They have significant consequences--socially, politically, economically, culturally--and historically. As one illustration from an historical perspective notes: the term "social media" never appeared in any of the historical records, chronicles, biographies, or documentations that speak to the deeper history that has informed what today we call "public relations." Roughly 30 years ago, for PR managers, there was no blogging, no Tweeting, no Google, no Internet, no tablets--or mobile phones.

### Redefining "Time," "Space" and "Availability"

Over roughly the last three decades, social media generally (and eventually mobile devices) have redefined the PR professionals' concepts of "time," "space" and "availability." Re. "time"--because of social media, the eight, ten, 12 (or longer) hour workday is fading as PR practitioners are increasingly "on call" all day (and night?). Thus, the concept of "time"--specifically "work/office time"--has changed. Re. "space"--because

of social media, distance is increasingly an irrelevant consideration when working with clients/publics in different time zones--since today's PR professionals can connect within seconds-across the world. Thus, the concept of geographic distance's limitations has been refined. Re. "availability"-- because mobile devices allow some PR practitioners to be available 24/7, increasing numbers are "never unavailable."

### **Never Before**

Never in human history, prior to now, have PR practitioners dealt with the demands on their lives, personal and professional, directed at them through their mobile devices' callings. A summary of much of the literature's assertions, and data to back them up, is illustrated through this rich quote: "Increasingly PR professionals choose first to look at their mobile devices' screens prior to getting out of bed in the morning; they keep their devices on their person all day; they place them on a table, an arm's length away, as they go to bed; and they grab them again as soon as they are awake...."

A perplexing question arises, still without a definitive answer (such as those provide by long-term, longitudinal inquiries). That is, "What are mobile devices "doing" to PR practitioners--particularly when it comes to 'workplace demands' conflicting with 'free time'?"

### **Mobile Device Addiction**

The paper shares two simultaneous addictions, largely unrealized as PR practitioners are using their mobile devices--which allow them to "feel good" as they use the device. Namely: (1) "dopamine rushes" (encouraging their physical addiction) and (2) "intermittent reinforcement" (encouraging psychological their addiction). The paper provides a series of citations from peer-reviewed analyses, primarily from the medical and behavioral psychology fields, supporting this "addiction assertion" suggesting why users are often physically and emotionally addicted to

their phones. This is followed by a summary of supportive also supporting this assertion--while incorporating more public relations foci--from a presentation at the 2021 International Conference on Communication & Media Studies titled, "What's Going on with that Device Attached to Your Hip? -- The Downfalls of Mobile Device Dependency."

### **Practical and Social Implications**

The paper recognizes the unprecedented advantages--and unquestionable need for--PR professionals to use mobile devices. It cites, for example, how these devices have dramatically enhanced, and are now integral to, the field's seminal research-planning-implementation-evaluation processes. It also, however, asks PR practitioners to consider carefully how the devices' requests brought to them from clients, bosses, publics who want their immediate attention stifle positive, empirically supported correlations between wellness and uninterrupted "quality," "family," "personal," times.

### Keywords

Mobile Devices/Mobile Phones, Psychological/Social Effects, Wellness

# Community Engagement and CSR in Times of Crisis: Corporate Efforts for Enhancing Local Well-being after the 6th February, 2023 Earthquake in Turkiye

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### Introduction and purpose of the study

On the 6th February, 2023, a major earthquake hit southern side of the Turkiye. The first earthquake with a magnitude of 7.8 which seriously shook 11 cities hundreds of kilometers away for approximately 86 seconds, caused the death of tens of thousands of people and the collapse of tens of thousands of buildings. Following this earthquake, approximately 9 hours later on the same day, a second large earthquake of 7.6 magnitude occurred in Kahramanmaraş. The greatest humanitarian crisis to ever affect Turkey resulted as thousands of homes and businesses collapsed, crumbling historic citadels and leveling bustling cities. It killed more than fifty thousand people. Millions more people are homeless, and over hundreds of thousands people have been injured. It caused emotional and psychological devastation and more than 100 billion dollars in material damage. In the wake of natural disasters, communities must work together to overcome a variety of obstacles in order to recover and become more resilient. Following both the emotional and material devastation caused by the earthquake, the Turkish nation showed a positive reflex in a very short time and started to collect aid from all over the country. While search and rescue efforts continued, non-governmental organizations as well as volunteers began working day and night to meet the urgent needs of the local people.

Turkey is very familiar to the social, economic, and environmental changes that can result from earthquakes. Because our country has a long history of seismic activities. However, the wounds left by this earthquake on the Turkish nation are deeper than all of them. During post-disaster recovery periods, companies' social responsibilities and efforts become more prominent. Interactions and communication with local people affected by disasters and the effectiveness of corporate strategies within this framework gain importance. Therefore, the aim of this study is to examine the social responsibility and community engagement efforts of companies after this major earthquake disaster in Turkey and to investigate their effects on the well-being of society. In order to analyze the efforts, these are the research questions of this study.

• **RQ1:** What community engagement strategies did corporations employ to address the well-being of local people after the earthquake?

• **RQ2:** What role did Corporate Social Responsibility (CSR) initiatives play in contributing to the well-being of the affected communities after the earthquake?

### Literature Review

The concept of corporate social responsibility (CSR) pertains to a management approach that is characterized by the company's ethical conduct, openness, and communication with all stakeholders. It also involves establishing corporate objectives that align with the principles of sustainable development, conservation of natural and cultural resources for future generations, diversity appreciation, and the mitigation of social issues (Filho et al., 2010). CSR contributes to the ethical and responsible protection of stakeholders in order to accomplish two objectives: to maintain the advantages of bettering stakeholders' lives both inside and outside of the government. A well-implemented CSR is expected to create a positive impact on community well-being (Kotler and Lee, 2005). And also CSR affects community development and engagement. CSR initiatives have an impact on community development, which in turn influences community empowerment and fosters positive community transformation and social change. This also focuses on community engagement and enhancing well-being of local people.

### Methodology

This study will utilize qualitative research methods to collect additional data and characterize the circumstances surrounding the procedure. Because it provides a comprehensive understanding for this study, the case study will be used as the research technique. Furthermore, rather of measuring the phenomena, this study attempts to explain them. In order to investigate the social responsibility and community engagement efforts of companies and their effects on the well-being of society, first, we need to gain

in-depth insights. The major data collection approach will be the researcher interviewing each participant in a semi-structured in-depth interview. In-depth interview is a data collection technique that covers all dimensions of the subject being researched, asks mostly open-ended questions and allows detailed answers to be obtained, and allows information to be collected through face-to-face, one-on-one interviews. The other person's feelings, knowledge, experience and observations are reached through conversation (Tekin, 2006). While interviewing, which is the data collection technique widely used in qualitative research, gives the interviewees the ability to express themselves first-hand, the research also provides the meaning of the interviewees in their worlds, their lives, their lives, and their lives. It offers the opportunity to understand in depth the feelings, thoughts and experiences of the special situations they are in, with the help of their expressions (McCracken, 1988).

In this study, interviews with corporate representatives, community leaders, local government officials and NGO's will be conducted. In order to analyze the interviews, the thematic analysis will be used. It is a method for studying qualitative data involves looking for, interpreting, and reporting recurring patterns throughout a data collection (Braun and Clarke, 2006). It is a technique for characterizing data, but in the process of choosing codes and creating themes, interpretation is also involved.

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### **Keywords**

CSR, community engagement, community well-being

# Authentic Inside-Out CSR: Employees as Partners in Advancing Social Goals

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### Introduction and purpose

Anita Roddick took on the titans of business in 1976 with the launch of The Body Shop in the seaside town of Brighton, England. Her "quaint" idea that a business could make money and also be a force for good in the world was the guiding principle behind the growth of the company into a billion-dollar enterprise. A big part of that growth can be attributed to Roddick's view that employees were the heart and soul of a company and, therefore, should be viewed and treated as partners in the company's corporate social responsibility (CSR) efforts. This paper presents a historical case study focused on Roddick's "inside out" approach to CSR in practice. The work provides theoretical insights for scholars studying the business philosophies and practices of socially responsible companies and practical insights for entrepreneurial business leaders and communication professionals leading and communicating about CSR initiatives.

### Literature review

The research distinguishes existing "internal CSR" and "inside-out CSR" approaches that view employees as publics or targets of CSR communication aimed at garnering employee support for CSR initiatives from an "authentic inside-out CSR" approach that views employees as partners in CSR efforts. The study identifies key elements of an authentic inside-out CSR model, illustrating the role and impact of employees as partners in defining and advancing mission- driven CSR goals, as well as the influence of a socially active

CEO on CSR practices. As such, the research extends and refines understanding of how "inside-out" approaches to CSR can be used to accomplish dual purposes in business and society. The work also illuminates distinctions between reactive CSR activities and CSR communication with strategic stakeholders (including employees) that are motivated by internal and external pressures and proactive CSR activities and CSR communication that are intrinsic to a company's purpose, mission and values.

### **Research questions**

- RQ1: What philosophies, principles and practices define an authentic inside-out CSR model?
- RQ2: How can an authentic inside-out CSR model be operationalized in practice?
- RQ3 What is the role and impact of a socially activist CEO in advancing authentic inside-out CSR?

### Method

The paper presents a historical case study documenting CSR philosophies, principles and practices implemented by Anita Roddick in launching and leading The Body Shop, an exemplar among socially responsible businesses that is widely recognized for both its commitment to social causes and its charismatic, social activist founder. A case study method is appropriate for research designed to test theories and concepts and to answer "how" questions – in this case,

how an authentic inside-out approach to CSR can be successfully operationalized in practice to accomplish mission-driven CSR goals. The case study is historical in the sense that the focus is on Roddick and the decisions she made and how they were implemented to what effect. The study is based on a comprehensive review of available works both by and about Roddick and her leadership of The Body Shop. Although her premature death in 2007 does not allow for a personal interview, Roddick was a prolific writer who shared her views in multiples books and interviews, providing a rich trove of materials for review, along with the works of other scholars who have written about Roddick's contributions to the CSR movement.

### **Results and conclusions**

The study shows that for companies authentically pursuing social goals that are built into a company's DNA, employees are key partners in a company's ability to successfully balance the pursuit of profits with the advancement of social goals. The research offers a new CSR practice model for entrepreneurial business leaders and communication professionals in companies committed to both maximizing profits and making the world better.

### Limitations and future research

In documenting key elements of authentic inside-out CSR, and the influence of a socially minded, activist business leader on CSR practices, the work provides scholars a range of topics to explore in future research on CSR. Although the results of the study help to advance theoretical aspects of CSR, case studies are not generalizable to other populations. Future research should test the elements of an authentic inside-out model of CSR in empirical studies involving different types of companies operating in various contexts and cultures.

### **Keywords**

Corporate social responsibility (CSR), employee relations, CEO activism, leadership

# Whose Wellbeing Matters Most for Gen Z? A Comparative Analysis of the Effects of Climate Messages

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### Introduction and purpose of the study

Climate change stands as one of the most imminent challenges confronting the global community. In addressing the extensive impacts of global climate change, governmental bodies, intergovernmental organizations, and businesses have strategically approached various aspects on diverse scales. This engagement requires disseminating climate messages that are crafted for various stakeholder groups.

Generation Z has multiple connections to climate change, serving as the prospective future leaders, investors, and decision-makers. Another pivotal aspect of this generation is their crucial role in driving social change and transformation, with assigned characteristics such as being socially conscious and self-oriented influencing their dynamic impact on shaping a sustainable future.

This study aims to investigate the impact of various message frames that highlight the well-being of distinct elements (nature, community, and self) in predicting the intention to engage in low-risk activist behaviors, attitudes toward the organization, and the intention to support the organization. Additionally, it aims to compare the diverse responses generated by for-profit and non-profit organizations.

This study aims to answer the following research questions:

- RQ1. How, if at all, does participants' activist behavior intention differ as a function of message framing (nature-related vs. self-related vs. community-related)?
- RQ2. How, if at all, does participants' attitudes toward the organization differ as a function of message framing?
- RQ3. How, if at all, does participants' intention to support the organization differ as a function of message framing?
- RQ4. How, if at all, do participants' activist behavior intentions differ according to the source of the organization (company vs. NPO)?
- RQ5. How, if at all, do participants' intention to support the organization differ according to the source of the organization?
- RQ6. How, if at all, do participants' attitude toward the organization differ according to the source of the organization?

### Literature review

Contemporary organizations address environmental issues for the wellbeing of society, nature, the sector, or the organizations themselves. "The concept of wellbeing can be applied to any living system, namely, Earth as a whole, the global economy, social communities, individual biological creatures (plants, animals, etc.) and natural ecosystems" (Shrivastava and Zsolnai, 2021,

p. 386).

When framing climate change, adherence to the underlying scientific facts is crucial. This ensures that messages are tailored to align with diverse audiences. The presentation of climate change messages as either gain or loss, and the focus on who or what is at the center of these positive or negative contents, are crucial considerations.

The demographic group born in 1997 or later, namely Gen Z, is closely interested in the topic of climate change, showing more concern for the future compared to other generations and being more optimistic (Deloitte, 2023). Examining the literature reveals a focus on more effective education regarding sustainability issues, along with an emphasis on consumption and behaviors within this group. However, studies on messages that would motivate this generation to take action on transformative societal issues are limited.

### Methodology

In this study, a 3 (message framing: nature-related vs. self-related vs. community-related) x 2 (message source: company vs. NPO) between-subjects experimental design will be employed. Data will be collected through an online

survey method. The research aims to include 450 participants, with an inclusion criterion of being born between 1997 and 2006. The survey form will be distributed to individuals studying or graduated at various levels (high school, undergraduate, and graduate) in Turkey through the researcher's networks using the convenience sampling method. Participants will be randomly assigned to six groups.

The stimulus materials will include two fictitious organizations, one company and one NPO, will be used to minimize possible effects of the pre-existing company perceptions. The six fictitious posts will invite the readers to stand against the climate change problem for wellbeing of the three different elements.

Dependent variables include low-risk activist behavior intention (three-item Likert scale), attitudes toward the organization (three seven-point semantic differential items adopted from MacKenzie and Lutz, 1989), and intention to support the organization (three seven-point semantic differential items adopted from Kim and Lee, 2015). In addition, the study will include control variables, specifically gauging issue involvement through a two-item Likert scale

Table 1: Experimental design

Nature- oriented		Message framing		
		Self-oriented	<b>Community-oriented</b>	
ganization	Company	Group 1	Group 2	Group 3
Type of organization	NPO	Group 4	Group 5	Group 6

and assessing beliefs about climate change using a five-item Likert scale adopted from McCright et al. (2015).

Before commencing the data collection process, ethical approval will be sought from the university's ethics committee to proceed with the study. Additionally, a manipulation check will be conducted to ensure the successful manipulation of the message. The findings will be analyzed using SPSS.

### **Results and conclusions**

The results are anticipated to make contributions to the literature on corporate activism, youth activism, environmental communication, and NPO communication. This research is novel in its exploration of the impact of message focus on mobilizing Gen Z. The study further enriches the literature by specifically analyzing a developing country. Despite the considerable momentum gained by climate activism and youth movements in recent years in Turkey, the number of studies in the field of strategic communication on this matter is almost negligible.

This research aims to present novel practical insights, shedding light on companies engaging in activism. Currently, no company in Turkey can be distinctly identified as an activist. Attitudes toward the company and the intention to support it may serve as guiding factors for companies interested in activism. The study's results will furnish valuable information for NPOs about message frames capable of mobilizing Generation Z as activists.

This study has several limitations. It relies on a convenience sample of students limiting the generalizability of the findings. The second limitation is associated with the nature of the message and exposure to it. Different topics and longitudinal experiments may yield diverse results. The final limitation pertains to the number of

control variables, such as values and political identity, which may influence the prediction of dependent variables.

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Shrivastava, P., & Zsolnai, L. (2022). Wellbeing-oriented organizations: Connecting human flourishing with ecological regeneration. *Business Ethics, The Environment & Responsibility*, 31(2), 386-397.

### **Keywords**

social media, youth activism, climate change communication, NPO communication, corporate activism

# Understanding Reputation-Building and its Importance to Young Entrepreneurs in Singapore

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Corporate reputation is becoming increasingly important to companies hoping to survive in the globalized digital economy characterized by an ongoing and omnipresent environment for social advocacy. Considering that reputation is positively associated with business performance (Yeo, 2020), damage to reputation is the number one business risk particularly for companies operating in the Asia Pacific region (AON, 2019). Since the Covid-19 pandemic, building reputation from inside out and internal communication have also been shown to critically drive organizational identity and trust among employees. Further, in an age of digitalization where members of society are actively engaged in some forms of advocacy, having high reputation capital is necessary as companies are 24/7 scrutinized by an integrated media ecosystem and a highly polarized global audience that do not hesitate to throw unfair accuses and attacks to ruin reputation (Winters, 2022). While many established companies may be cognizant that a corporate reputation that takes 20 years to build can be destroyed in 5 minutes, can this be said of the same for young entrepreneurs and their start-up companies or are they too focused on making profits?

A business-friendly city-state, Singapore has consistently been ranked among the top three

nations for doing business by the World Bank. Following its rapid growth as a regional hub, Singapore ranks at the top in Asia, and seventh globally (Crunchbase, 2021). According to KPMG, Singapore is the top destination in Southeast Asia for startup investment, and Singapore-based enterprises are attracting more funding than ever. In 2021 alone, startups in Singapore raised over S\$11.2 billion (US\$8.02 billion) which doubled the amount obtained in 2020 (KPMG, 2022).

Considering that top business priorities for young entrepreneurs and the young companies are to ensure adequate funding, profitability, and revenue growth, this study seeks to gain insights into the extent start-ups in Singapore value and allocate resources to building their corporate reputation. It is guided by the RepTrak TM Reputation Model (Fombrun et al., 2000) which is an established standard measurement used to measure the views of multi-stakeholders on the reputation of corporate reputation. Comprising seven attributes or dimensions, i.e., 1) financial performance, 2) products and services, 3) innovation, 4) workplace, 5) governance, 6) citizenship, and 7) leadership, the model captures the perceptions of different stakeholder groups and their collective judgements of the company based on the evaluation of each of the attribute

over time (Chan et. al., 2018). Through the theoretical lens of this model, we asked two research questions: 1) Do young entrepreneurs in Singapore value and prioritize reputation building in their business operations and strategies? Among the seven reputational attributes suggested by RepTrak, which of the attributes are prioritized and how are these attributes built into their corporate business strategies to enhance reputation? (RQ1); and 2) Do they view the efforts and resources in corporate reputation building and profitability of their business as a zero-sum game? Who drives the reputation efforts in these young startups, and how do they go about doing that? (RQ2).

The study employed semi-structured in-depth interviews as the primary method and data was collected from inputs shared by 22 young entrepreneurs of business startups in Singapore whose ages ranged from 18 to 40 years old. Interviews were carried out either via face-to-face or online (zoom). Additionally, we ensured participants hail from different industries and included representations from audit, automobile, biotech, e-commerce, education, energy, entertainment, fashion, food and beverage, media, public relations, real estate, training and development, and health.

Our finding revealed that despite 77 percent of the interviewees indicating that reputation was very important to their growing business, all of them appeared to have a lack of conceptual understanding of reputation building. Furthermore, they did not appear to spend much time thinking about the drivers of reputation and what matters most to their companies to build a strong reputation (RQ1). Further, when asked to rank the importance of the seven attributes, Products and Services (30%) was the most important, followed by Leadership (26%), Innovation (20%), Financial Performance (8%), Citizenship (6%), Governance (6%) and Workplace (4%). All the startup founders additionally re-

ported that they lead reputation building themselves (RQ2).

Our study essentially found that reputation is only as important as business needs and profitability is sole motivation for young entrepreneurs in Singapore. We further uncovered that two of the attributes, specifically citizenship and workplace, which are key in driving reputation today ranked lowly, suggesting that despite the global push for companies to embrace sustainability practices and diversity, equity and inclusion in workplace, profitability matters more for startups whose corporate purpose is to survive and grow their businesses.

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### **Keywords**

Corporate reputation; starts-ups; reputation attributes; Singapore

# "Share the nicotine with your friends": Ethical flaws of promoting tobacco and nicotine products using digital nanoinfluencers"

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While public relations (PR) and strategic communication is often portrayed as a champion of Environmental, Social, and Governance (ESG) initiatives, promoting human well-being and sustainable practices, its actual contribution to these areas remains a subject of critical scrutiny. The effectiveness and sincerity of PR efforts in genuinely advancing ESG values, rather than merely enhancing corporate images, are essential for fostering true societal progress and the well-being of both groups: PR professionals themselves and their publics. Among industries often labeled as vices—such as tobacco, alcohol, and gambling—communication professionals face a unique ethical dichotomy.

On one hand, they must reconcile their promotional activities, which are increasingly targeted and data-driven due to digital advancements, as noted by Hagelstein et al. (2024), with their personal moral compass and the societal impact of their work. On the other hand, the target audience's well-being is at stake, as they are subjected to sophisticated marketing campaigns that may influence their lifestyle choices. For example, new tobacco devices are promoted as technological devices and trendy gadgets, undermining their negative health effects and addiction (Hejlová et al., 2019).

This creates a complex dynamic where the communication professional's role in advocating for potentially harmful products is at odds with the foundational goal of enhancing human well-being. The balance between these opposing forces is delicate and necessitates a nuanced understanding of ethical practice in digital communication. We will thus delve into the content of briefings provided by PR professionals to individual influencers, aiming to promote tobacco and nicotine products through their own social media channels.

Our research design employs Critical Discourse Analysis (CDA) as proposed by van Dijk (1993) to scrutinize the promotional strategies utilized in digital marketing of tobacco and nicotine products through nanoinfluencers. CDA allows us to deeply analyze the language and communication tactics employed, revealing the underlying power dynamics, ideologies, and ethical implications. This methodology is particularly suited for examining how digital marketing narratives may influence consumer behavior and societal norms around tobacco use.

This research aims to bridge the knowledge gap of tobacco influencers and their threat to the well-being of other stakeholders (especial-

ly non-smokers) and PR or communication professionals, who balance on the edge of ethics and/or legislative norms (Nguyen & Zarndt, 2023). It helps to understand the tobacco control and its ethical challenges, especially with regard to underage online publics, which report an increase in intake of novel tobacco products, such as vapes, nicotine pouches, or e-cigarettes, even without smoking cigarettes before (so-called initiation theory) (Venrick et al., 2023).

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### **Keywords**

public relations; strategic communication; ethics; influencer marketing; tobacco control

# Leading the way: The impact of leadership communication on employees' AI anxiety, well-being, and relationships with their organizations

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The advent of artificial intelligence (AI) is rapidly transforming the workplace, automating tasks, optimizing workflows, and providing data-driven insights that were previously unattainable. As AI systems become more capable and accessible, they are reshaping the job landscape. However, many leaders find themselves on the back foot, grappling with the pace of change. They are often unprepared for the intricate challenges that AI integration poses, from ethical considerations and potential biases in AI decision-making to the need for significant investment in upskilling employees. This study explores the role of leadership communication in AI uses in the workplace and its impact on employees' well-being and their perception of employee-organization relationships.

This study draws on the motivating language theory (MLT; J. Mayfield & M. Mayfield, 2018) to explore the impact of three types of leadership communication in mitigating employees' AI anxiety and enhancing employee well-being and their perception of relationships with their organizations. Informed by the MLT (J. Mayfield & M. Mayfield, 2018), leader-to-follower communication is conceptualized into three types: direction-giving language, meaning-making language, and empathetic language. Direction-giving language provides clear instructions

and expectations. Meaning-making language acknowledges followers' contributions and provides cultural guidance. Empathetic language creates emotional bonds and shows care and compassion. Research has indicated that leaders' motivating language has a positive impact on employee outcomes, such as job satisfaction, performance, and organizational identification (Madlock & Sexton, 2015; Mayfield & Mayfield, 2007; Wang et al., 2009).

A survey of 505 employees across various internet companies in China revealed that a leader's ability to provide clear direction, demonstrate empathy, and imbue meaningful workplace changes is inversely correlated with AI anxiety among employees. These linguistic strategies appear to reduce fears related to AI, such as job displacement and skill redundancy, thereby enhancing overall well-being. Moreover, the study finds that when leaders employ motivating language effectively, it fosters a more positive perception of the employee-organization relationship.

Theoretically, this study extends the concept of leaders' motivating language by applying it to the context of AI-infused workplace. It underscores the significance of leadership communication as a tool for socialization and resocializa-

tion in environments undergoing technological disruption. By interpreting and framing the AI integration process, leaders can shape employee attitudes and ease the transition into new working paradigms.

The research highlights the importance of leaders as both navigators and translators of AI-driven change. Effective communication by leaders helps employees understand and align with the evolving technological landscape, ensuring that the human workforce is not only retained but is also prepared to collaborate with AI tools and systems.

Furthermore, the study accentuates the necessity for targeted leader training programs focusing on enhancing communication skills in the context of the AI-infused workplace. It suggests that leaders must be educated not only in the functional aspects of AI but also in the psychological and social dimensions of its workplace integration. Such training should aim to equip leaders with the skills needed to articulate a compelling vision of the future, address employee concerns with empathy, and foster a shared understanding of the evolving role of AI in enhancing job performance and organizational outcomes.

In conclusion, this study contributes to the body of knowledge on leadership communication by demonstrating the potential of leaders' motivating language to act as a buffer against AI anxiety. It provides empirical evidence for the critical role leaders play in resocializing the workforce during periods of technological upheaval. As AI continues to reshape the workplace, the ability of leaders to effectively communicate becomes pivotal in ensuring a smooth transition, maintaining employee satisfaction, and strengthening the bond between the employee and the organization.

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# Keywords

leadership communication, AI anxiety, employee well-being, employee-organization relationships

# Organisational shared-purpose, Communication, Good Health and Wellbeing: A Case Study from Australia and New Zealand

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### Introduction

The development of Sustainable Development Goals (SDGs) started at the Earth Summit in Brazil in 1992, where the participating countries agreed to adopt Agenda 21. This global partnership aimed to improve human living quality and protect the environment (United Nations, n.d.). In September 2015, at the UN Sustainable Development Summit, the adoption of the 2030 Agenda for Sustainable Development, with 17 SDGs, was agreed upon (United Nations, n.d.). Nowadays, it is very common to see organisations in different industries, government departments, educational institutes, and NGOs adopt some of these SDGs in their pursuit of sustainability. Meanwhile, the research agenda in public relations has expanded beyond organizational boundaries, focusing on how organisations can make a positive impact on society (Hurst & Johnston, 2020). Such trend also challenges organisations to reflect on their own purpose in the society (Carroll, 2021). A clear purpose provides a reason for being of an organisation (Gartenberg, et al., 2019) and allows the organisation to make informed decisions about what actions to take and what to avoid, such as its sustainability initiatives (Jindal, 2022). To achieve this, organisations need to develop a purpose that can

be shared with the stakeholders who also agree with the organisation's vision, and who's expectations on organisations' social role are aligned with organisational purpose. In addition, we believe that it should be joint effort for organisations and the society to work together in achieving the 2030 Agenda. Therefore, the focus of this research is on how an organisation incorporates SDGs as its purpose foundation and collaborates and communicates with the stakeholders that share the same visions and values in the sustainable issues.

# **Literature Review**

When an organisation shares its purpose with stakeholders (i.e., shared purpose) by co-creation or buy-in, it can unify them (Jindal, 2022), and achieve both economic and social objectives, leading to more effectiveness than an organisation without purpose (Hung-Baesecke, Chen, & Taylor, 2023). On the other hand, an evolving message is becoming clearer to all kinds of organisations: stakeholders have high expectations for business to contribute to resolving societal and environmental issues (Braig & Edinger-Schons, 2020). For an organisation's purpose to have its maximum effectiveness and impact on society, it must be shared with the organi-

sation's key stakeholders (Lleo et al., 2021). We believe that the construct of "shared purpose" explains the importance of alliance building goals for achieving the 2030 agenda. Through communication, engaging in dialogues, and listening to stakeholders, organisations are able to establish and maintain relationships with stakeholders sharing the same purpose and the goals for improving the society and resolving social and economic issues.

### Methodology

In this research, we are studying Ryman Health-care (Ryman hereinafter), a New Zealand based retirement village and rest home operator, and how the SDGs the company adopted serve as the foundation for their purpose development and business operations. In this paper, we focus on how the SDG of good health and wellbeing serves as the purpose foundation for guiding Ryman's operation and communication with the internal and external stakeholders. We have conducted in-depth interviews with Ryman, including the organisation's senior executives, the public relations and communication staff, the employees, and the government sector for this research.

### **Findings**

The initial findings show that: 1) Having the SDGs as an organisation's purpose foundation provides the directions on an organisation's strategic planning and affect how an organisation develops its purpose; 2) A shared purpose can be developed by involving and consulting different stakeholders on their visions and expectations towards the society and the organisation; 3) Having wellbeing incorporated into an organisation's purpose allows organisations to have a broader scope in caring not only for the customers, but also other stakeholders, such as employees, the marginalised publics, the minorities in the society, etc.; and 4) for Ryman as an retire-

ment home operator, having the SDG of good health and wellbeing as one of the organisational purposes help empower the senior citizens in redefining the meaning of retirement.

# **Practical and Social Implications**

This research echoes Hurst and Johnston's (2021) view on the role of public relations in bringing impact to the society. In the specific context of this study, we identified how public relations could utilise communication and listening in understanding stakeholders' expectations on an organisation's social role and incorporate these expectations in the shared-purpose development. In addition, when an organisation follows one of the SDGs, good health and wellbeing, it not only addresses the wellbeing issue of the customers (in this research, the senior citizens), but also employees' welfare and wellbeing, which in turn, motivates the employees to care more on the senior citizens in the retirement villages.

### Keywords

Organisational shared purpose, wellbeing, sustainable development goals, dialogic communication, listening

# Empowering Trust and Well-Being: An Analysis of Nonprofit Communication. Strategies on X

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### Introduction

High levels of trust are fundamental for strong and united communities, fostering a sense of belonging and support among members, ultimately contributing to enhanced overall community well-being. Nonprofit organizations play a significant role in contributing to the well-being of individuals and communities, and trust forms the solid foundation that fosters relationships between nonprofits and their publics. This study examines how nonprofit organizations use X (formerly known as Twitter) to foster and sustain trust-based organization-public relationships.

### Literature review

Effective communication practices within non-profit organizations play a pivotal role in both establishing and sustaining organization-public relationships founded on trust. Trust, defined as "one party's level of confidence in and willingness to open oneself to the other party" (Childers Hon & Grunig, 1999, p. 19), is a significant outcome of successful relationships.

Nonprofit organizations build and sustain relationships with their publics using approaches that differ from corporate practices. Addressing societal challenges like poverty, crisis relief, care for animals, and health research, nonprofits often operate on limited resources, impacting their

public relations efforts. Social media emerges as an important tool for nonprofits, offering a cost-effective means of two-way communication. According to Carim and Warwick (2013), nonprofit organizations primarily use social media for general promotion, creating a dialogue or sense of community, and reaching a larger audience. Nonprofit organizations use social media to leverage public support of their causes.

Numerous nonprofit organizations utilize X to engage with their audiences. This platform facilitates the rapid dissemination of information, provides immediate feedback, and offers an interactive environment that can foster positive, long-term relationships between nonprofits and their publics. According to Guidry et al. (2014, p.278) the immediacy of X can be a "double-edge sword" for the nonprofit organizations. X has a capability to instantly engage with both established and new audiences. However, the necessity for instant feedback also presents challenges. Authors (e.g., Guidry et al., 2014; Hougaard, 2017) examined how nonprofit organizations can use X for communication to achieve their goals. Nevertheless, there is limited research on how nonprofit organizations utilize X to build and sustain organization-public relationships based on trust. The purpose of this exploratory study is to fill this gap.

# **Research Question**

The study distinguishes two nonprofit types: 'community well-being' organizations, improving lives and aiding in crises, and 'charitable health foundations,' focusing on health research and supporting patients. The following main research question was proposed: What types of trust-building communication messages do 'community well-being' nonprofits and 'charitable health foundations' employ on X to build and sustain organization-public relationships based on trust?

# Methodology

The study employed content analysis, examining tweets posted by fifteen Canadian nonprofits on their official X accounts. The dataset included 1,955 messages, analytics, and 612 public replies. 'Community well-being' nonprofits contributed 50.5%, and 'charitable health foundations' contributed 49.5% of the tweets.

Coding categories for analyzing nonprofit tweets were established based on Schoorman et al.'s (2007) organizational trust model and Tschannen-Moran and Hoy's (2000) multi-dimensional trust approach. Six trust dimensions—benevolence, competence, integrity, openness, reliability, and confidence—were utilized, with an additional 'other' category reflecting organizations' efforts to convey these positive qualities through communication.

### **Results and Conclusion**

The findings revealed that 'community well-being' nonprofits excelled in sending trust-building messages, particularly showcasing benevolence, integrity, and reliability. In contrast, 'charitable health foundations' sent more confidence-building messages and messages with useful information.

Benevolence, defined as having the assurance that your own welfare or something important to you will be protected and not endangered by the trusted organization, is the most prominent dimension of trust (Schoorman et al., 2007; Tschannen-Moran & Hoy, 2000).

In the nonprofit sector, showcasing genuine concern for beneficiaries and the community fosters positive relationships, enhances the organization's reputation, and advances its mission. To strengthen trust, nonprofits should communicate benevolent actions, such as aiding communities, assisting individuals in distress, educating, supporting the sick, feeding the needy, sheltering the homeless, and providing various forms of assistance, emphasizing their commitment to enhancing the well-being of communities, individuals, and animals.

It was also found that 'confidence' messages showcasing heartwarming stories of devoted volunteers and donors, supporting the nonprofit's initiatives because of their unwavering trust in its ethical conduct and dedication to its mission, received the highest audience engagement.

# Limitations and Practical and Social Implications.

The study's limitations stem from its exclusive focus on fifteen Canadian nonprofit organizations on X, rendering the findings non-generalizable to all nonprofits. Future research should encompass nonprofits of all types and sizes across different locations. The findings have the potential to significantly impact both practice and society by aiding nonprofit organizations in effectively engaging with their audiences on X, fostering trust, and ultimately contributing to the improvement of overall community well-being.

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# **Keywords**

trust, nonprofit, organization-public relationships

# Ordinary workplace digital violence. The process of banalization and the role of communication

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This proposal is based on five years of field research on digital incivility and ordinary digital violence in companies, to show how the banalization in the workplace occurs, and what role the corporate communication can play in this process.

This research is in line with the field of "critical dark side studies" (Linstead et al., 2014), which looks at issues that are generally neglected or ignored in organisations and proposes to take shadow or dark practices seriously. These approaches permit a renewal of critical perspectives in the field of organisational communication and a different way of thinking about issues of vulnerability and suffering at work (Dejours, 2007; Lhuilier et al., 2013; Laborde, 2021).

The forms of professional digital violence discussed here are part of the 'dark side' of organisations. They are commonly seen as negative or unethical, but they are also invisible, hidden, passed over in silence or denied in organisations, by both management and employees. The aim is to highlight these practices, not to correct or adapt them, but to observe what they tell us about representations and transformations of work, about power struggles in post-disciplinary organisations, about the place of PR in this context, and about possible alternatives.

This proposal is above all a theoretical discussion of the role of PR in the process of trivialis-

ing digital violence in the workplace. However, it is based on several years of quantitative and qualitative research in and with companies. This mainly consists of: participative research conducted with occupational health and workplace well-being practitioners over 3 years from 2016 to 2018, 6 focus groups that brought together 30 researchers and practitioners in 2019, a qualitative interview survey conducted with 8 occupational doctors in 2020 and finally a quantitative survey on communication practices in teleworking situations conducted with 1087 French teleworkers in 2021. These data collection methods will be described in detail.

Ordinary digital violence reflect a range of phenomena observed in these different areas. They reflect profound changes in forms of communication and cooperation at work, against a backdrop of crisis in managerial models and the dilution of power in organisations. These are relational and symbolic forms of violence, mediated by our digital devices, that are part of the 'ordinary' of work, no longer 'events', but invisible and widely tolerated in organisations.

This ordinary violence is based both on organisational and social contexts that euphemize such practices and make them acceptable and commonplace, and on the potential of digital technologies to facilitate ambiguity, dilute intentionality and accentuate suffering.

The invisibility of such violence is based on a complex process of banalization that helps to produce a 'black box' that is no longer questioned and taken for granted. This process is underpinned by a series of social and organisational phenomena that help to move from silence to indifference and then to oblivion. Individuals and groups actively participate in this process through self-censorship and denial, but also through the production of new damaging rules of communication that act like routines and are constantly reinforced in exchange.

In this context, corporate communication practices enable, reinforce and legitimise trivialisation. They produce a symbolic context that mostly masks, euphemizes and disqualifies the words of denunciation and deflects attention by emphasising the autonomy and responsibility of those involved. However, they could also highlight, transform and change representations.

The aim of this research is to deconstruct the process of banalisation and to show the role of PR in this process. De-banalising digital violence, making the ordinary 'un-quiet', necessarily involves deconstructing the process of trivialisation, which would make it possible to restore organisational reflexivity by playing on both the agency of actors and the empowering and emancipatory dimension of communication.

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# **Keywords**

Workplace digital violence, ordinary digital violence, banalization, critical dark side studies

# How CEOs' Conversational Communication on Social Media Enhances Internal Relationships and Employees' Social Media Engagement

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# **Introduction and Purpose**

As an increasing number of CEOs embrace social media to forge a more relatable presence and engage with a tech-savvy audience, the impact of CEOs' social media engagement on public perception has garnered significant attention in research (Kim & Sung, 2020; Tsai & Men, 2017). Yet, the effect of CEOs' social media presence on internal stakeholders, particularly employees, has not been extensively explored. Employees increasingly rely on social media not just for advocating on behalf of their organizations but also for interacting with their organizations and leaders (Lee & Kim, 2021). Employees, in fact, have specific expectations from their CEOs on social media, anticipating them to be accessible, engaging, and emotionally connected (Yue et al., 2021). Despite the recognized strategic significance and practical benefits, the internal ramifications of CEOs' use of social media remain underexamined.

This study seeks to bridge this gap by investigating how the interpersonal communication style of CEOs on social media serves as an effective tool for fostering high-quality relationships with employees and boosting employees' engagement on these platforms. We specifically zero in on

the concept of Conversational Human Voice (CHV), identified by Kelleher (2009) as a crucial strategic communication approach in the digital realm. Our objective is to explore the impact of CEOs' use of a conversational human voice on social media—how it influences employees' perceptions of the CEO, the quality of their relationship with the CEO, and their level of engagement on social media.

### Literature Review

CEOs are crucial in shaping the way companies communicate internally, playing a key role in developing the organization's culture and connecting with employees. Research indicates that when CEOs communicate strategically, it boosts employee engagement, strengthens the relationship between employees and the organization, and encourages actions that benefit the company (Men, 2021). Additionally, it has been highlighted that CEOs should use various communication channels, including social media, to effectively reach their employees (Lee, 2018). Social media, in particular, is valuable for helping employees feel connected, network with colleagues, take pride in their company, and feel satisfied and competent in their roles (Huang & Liu, 2017). However, the question of how CEOs

can best use social media to interact with employees remains open.

This study uses social presence theory to explore how a CEO's conversational style on social media can improve their relationship with employees and increase employee engagement on these platforms. To better understand how CEOs' communication on social media increases positive employee outcomes, we further explored the mediating role of perceived CEOs' attributes, namely, their approachability and interactivity.

# Methodology

An online survey was administered to a sample of 404 full-time employees across various industries within the United States, utilizing Qualtrics panels for participant recruitment. The criteria for participation were specifically designed to include only those employees whose CEOs actively use social media platforms. The conceptual model was analyzed using structural equation modeling (SEM) with the Mplus software program.

### **Results and Conclusion**

The study's results indicate that a conversational tone used by CEOs on social media significantly enhanced employees' perceptions of their leaders as approachable and interactive. This shift in perception directly improved the quality of the relationship between CEOs and employees. However, while perceived CEO interactivity was positively associated with employee social media engagement, perceived CEO approachability was not significantly associated with employee social media engagement. In essence, by communicating in a more relatable and engaging manner, CEOs can foster stronger connections with their employees and encourage a more active and engaged online employee community.

# **Practical and Social Implications**

Our study stands as one of the initial empirical analyses to explore the internal impact of CEOs' social media communication style. It contributes to leadership communication and relationship management literature by delineating how effective use of social media by senior leaders can bolster internal relationship management. Practically, it offers valuable insights for CEOs and communication practitioners on crafting an image of approachability, interactivity, and friendliness on social media. This strategy not only strengthens relationships with employees but also boosts their engagement on these platforms.

### **Keywords**

CEO, leadership communication, conversational human voice, employee-organization relationships, employee engagement

# Well-being at digitalized workplaces: An interdisciplinary perspective on technology design and the role of internal communication management

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# Introduction and purpose of the study

In this interdisciplinary article, we want to explore the extent to which strategic internal communication can enable, organize and shape the dialogues surrounding the development and design of technology in order to foster well-being at digitalized workplaces. Digitalization processes can be understood as complex socio-technical design processes (Wuersch et al. 2023). In this respect, we see a stronger role for internal communication management in the future. By using the term well-being we refer to the definition of the WHO as "complete subjective well-being and not merely as the absence of illness".

From an interdisciplinary perspective – consisting of communication management, sociology of work, and computer science – we will:

- present findings on the impact of digital technologies on work and well-being,
- present findings and conclusions from our research project on how employees perceive, experience and assess the realities of digitalized work in specific areas of public administration,
- discuss requirements that a technology development and design process must meet in order to fulfill the demands of working pro-

- cesses and employees and contribute to their well-being,
- discuss the (future) role of internal communication management, seen as an enabling function, in this process.

### Literature Review

Well-being at work is of great social and economic importance and subject of public and scientific debates for decades. In the management context, research to promote well-being has become even more important in the 2000s (Walden 2021). Not least since the Covid-19 pandemic, it also plays a central role in thinking about the design of (digitalized) internal communication processes (Quin & Men 2023; Walden 2021).

Since then, workplaces and related communication structures have become even more digitalized. Hopes and expectations around digital technologies are high, but facing occupational practice shows that digitalization does not always make work easier, in many cases is also associated with additional strains. What are these strains and where do they come from? While debates on digitalization often assume that strains are inherent in the technology (Ter Hoeven et al. 2016) and that there is a shift towards men-

tal stress, studies have concluded that – besides the fact that strains caused by ergonomics and the environment continue to play a major role strains are also caused by the way the design and implementation process is carried out (Carls et al. 2021). Inadequate technology design leads to ambivalence that must be regulated by employees and causes additional stress (e. g. Demerouti, 2020). For research on internal communication, a strong focus of investigation has so far been on the use of different technologies and communication channels (Verčič & Špoljarić 2020), and less on the design and development of technologies in the workplace. We therefore want to identify the potential for strategic communication in this area.

# Methodology

Our interdisciplinary discussion is based on five case studies we conducted in public administrations in Germany from 2020 until 2023 – mainly in employment agencies "job centers" but also in one local administration and business promotion service ("Wirtschaftsförderung"). Our approach included workplace observations as well as interviews with experts and employees. The limitation of this approach lies in the limited number of case studies. Future research should investigate our findings in further cases – in public administration, other sectors and different task areas.

### **Results and Conclusion**

Some of our main conclusions are:

- 1. Deficits in the use of digital applications are omnipresent in our research cases. They lead to extra work, waiting times, interruptions and necessary workarounds. They are therefore associated with additional stress for employees.
- 2. Deficits arise in particular when digital systems are designed distant from the work process and are thus impractical. Participation

- processes are important in order to meet the demands of employees when designing digital systems.
- 3. Inadequate technology design and a lack of opportunities for participation has negative impact on employees' well-being at work.
- 4. Internal communication management should play a stronger role here and put design processes relating to new technologies in the workplace on its agenda.

# **Practical and social implications**

Based on the impact that inappropriate technology design has on well-being, it cannot be emphasized enough how crucial participation in occupational technology design is. Internal communication management plays an important role in organizing and shaping these participation processes: the understanding of its tasks and role should not only include an information function, but rather an organizing, shaping and enabling function for participation. In this role, they are also an important partner for managers in enabling participation processes.

# Keywords

Internal Communication, Digitalization, Participation, Workplace, Job Design

# Well-being. A regenerative and structured approach to corporate welfare: engagement, inclusion, sustainability and communication

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# Introduction and purpose of the study

The theme of 'organisational well-being', understood as the 'capacity of an organisation to promote and maintain the highest degree of physical, psychological and social well-being of workers in all types of employment' (Avallone, Bonaretti, 2003) is today a central topic in the general debate. Many studies highlight how promoting and maintaining the well-being of people within an organisation is fundamental not only for corporate growth and competitiveness, but also and above all for the achievement of certain Sustainable Development Goals (Agenda 2030, Goals 3, 5, 8 and 10), for the reputation of organisations and for stakeholder engagement activities.

# Methodology

Among the various tools aimed at first measuring and then improving the well-being of the people working within an organisation (institutions, companies, associations), the Family Audit certification will be analysed. Family Audit is a certification process, set up in 2010 by the Autonomous Province of Trento, focused on the issues of work-life balance, inclusion, social equity and adopted by numerous organisations, mostly

located in the North East of Italy. The work will consist of two levels of analysis. The first level will include an analysis of the variables taken into account by the certification, the proposed actions and the benefits for the organisations involved, for the employees and for the territory. The second level will analyse the activities undertaken by organisations to achieve increasing levels of well-being, both internally and externally. The aim of the study is to analyse the correlation between measures to improve employee well-being and activities related to communication, particularly in terms of brand reputation, stakeholder engagement and local and community relations.

### Results and conclusions

Understand the state of the art of well-being within organisations through the use of an innovative tool and identify useful actions to foster the improvement of well-being. Furthermore, understand how and to what extent communication is a strategic lever to foster this process. Potential implications for practice and society Demonstrate how a climate of an organisation oriented towards the well-being of its employees, based on the values of equity, inclusion and social justice, can contribute to their direct involvement in the construction of a convergent

language and objectives, helping to consolidate the organisational culture.

In all of this, communication, both internal and external, becomes an effective tool for improving and building a good corporate reputation, while at the same time conveying the values of corporate culture externally, setting in motion virtuous circles of social and economic development in the territory.

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# **Keywords**

Welfare, Social inclusion, Ethics and social equity, Audiences, Reputation

# Individual-level Antecedents in Care-Based Relationship Management: Assessing Factors to Ethical Public Relations in the Government Sector

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### Introduction

Public relations scholarship focuses on how strategic messages and relationships contribute to desired public relations outcomes (Yang & Saffer, 2019). While this research is important, it removes the power and influence of individual level factors—like identities, values, and morals—on public relations outcomes and organizational effectiveness. Accounting for individual-level factors is pertinent in all sectors, but is particularly necessary in sectors where the practice of public relations directly influences the lives, health, and wellbeing of stakeholders. This includes government organizations.

Some scholars have addressed this gap by studying practitioners' ability to engage in ethics of care in their strategic communication efforts, which provides more context concerning practitioners' ethical orientations; however, our understanding of why and how some practitioners adopt care ethics is still unclear. As a result, limited research exists addressing the individual-level factors that influence a practitioners' adoption of care ethics. To account for this gap, this study examined the influence of religious, political, and caregiving identities with government employees on public service motivation, and its im-

pact on two care-based relationship cultivation strategies. Specifically, this study asked:

- RQ1: To what extent does political ideology, intrinsic religiosity, and care-giver identity
- influence government employees' adoption of care-based relationship maintenance
- strategies of empathy and humanization.

### **Literature Review**

Ethics of care is a feminist approach to normative moral theory and prioritizes relational reciprocity between one-caring and cared-for (Noddings, 2013). Care ethics recognizes the context in which relationships occur, as well as the human attachment habits as a result of those relationships. Thus, ethics of care is an ethical orientation emphasizing humanity, context, and interdependence in building relationships, making it a natural ethical fit for a relationship-centric public relations practice where care is a fundamental component of the organization-stakeholder interaction (e.g., government sector).

## Method

This study conducted a survey of 316 government employees in the U.S. A survey is the most

appropriate method because it allows researchers to measure respondent's self-reported opinions, judgments, and attitudes. Study participants had to be current employees within local government entities whose jobs involve communicating with residents. The questionnaire used in this study combined previously validated scales from public relations, religion, sociology, and psychology (Appendix available). Structural equation modeling via R Studio's lavaan package was used.

### **Results and Conclusion**

A confirmatory factor analysis (CFA) was first performed (Table 1), which yielded acceptable model indices,  $\chi 2(416) = 807.50$ , p < 0.001, SRMR = 0.06, NNFI = 0.92, TLI = 0.92, CFI = 0.93 and RMSEA = 0.06 < 0.08 (MacCallum et al., 1996, 90% CI [ 0.049, 0.060]). Construct reliability, convergent validity, and discriminant validity were also satisfactory (Cheung et al., 2023). SEM model shows an acceptable model fit ( $\chi 2(473) = 949.98$ , p < 0.001, SRMR=0.06 < 0.08, CFI=0.92, TLI = 0.91, NNFI = 0.91, RM-SEA=0.06 < 0.08, 90% CI= [.051, .063]).

Findings from this study suggest individual-level factors influence public relations practitioners' adoption of care-based relationship maintenance strategies, namely empathy and humanization (see Figure 1). Intrinsic religiosity  $(B = -0.08, \beta = -0.12, p = 0.048)$  has a significant negative relationship with public service motivation, but a positive relationship (B= 0.12,  $\beta$ = 0.19, p = 0.001) with humanization. Political ideology does not have any significant association. Caregiver identity is positively associated with public service motivation (B= 0.75,  $\beta$ = 0.70, p <0.001). Public service motivation has significant effects on empathy (B= 0. 51,  $\beta$ = 0.71, p <0.001) and humanization (B= 0.73,  $\beta$ = 0.77, p <0.001).

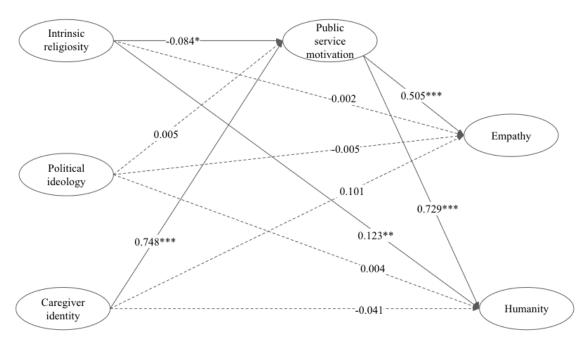
Findings from this study provide key insights for academics studying the adoption of ethical public relations approaches, as well as practitioners working in the government sector. This study confirms previous research suggesting that religious identity is an influential factor in how public relations strategies are selected by practitioners (Morehouse, 2020, 2023). Furthermore, this study advances theorizing by incorporating care-giver identity and political identity as dependent variables for relationship maintenance strategies, suggesting that more defined identities-beyond age, education, and gender-influence the ethical orientation of practitioners (Medallo & Hanusch, 2011). This study is not without limitations. Respondents were local government employees in the United States. Including respondents outside of the U.S. who are practitioners at a national level would provide a more comprehensive understanding of the topic.

# **Practical and Social Implications**

This study has several practical and social implications. Ethical norms and principles of public relations have largely been discussed in corporate and nonprofit settings, creating a vacuum of knowledge concerning how government practitioners ethically communicate, why they ethically communicate, and the implications of their ethical orientation. This study provides governments with a more robust method to recruit and train ethical government communicators, and understand the characteristics that create an ethical care-based government public relations practitioner.

### **Keywords**

Ethics of care, government, identity



Note. Gender is controlled

Figure 1

# Exploring organizational commitment to human well-being: A management logic perspective driven by the sacred-profane dichotomy.

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While some organizations are making a deep commitment to human well-being, or at least taking steps toward becoming a B Company, others are staying on the surface by developing strategies that address people in a partial way. Some are driven by the idea that by improving employee well-being, they will have a more productive workforce. Others try to make a statement about societal demands to justify the legitimacy of their operations by introducing societal issues such as diversity, inclusion, or corporate volunteerism. Still others rely on corporate hypocrisy, using narratives and rhetoric that may be useful but lack deep commitment. This paper explores the idea that the organization's management logic is the basis for an organization that is deeply committed to the human factor and approaches it in a holistic way, and that public relations drives this process. After looking at the concept of management logic (Oliveira, 2019), driven by Prahalad and Bettis' (1986) concept of dominant logic, within the characteristics of the definition of public relations and communication management from the European approach as managerial (1) operational (2) reflective (3) and educational (4) (Ruler & Verčič, 2012), we additionally propose to apply Émile Durkheim's sacred-profane dichotomy (1947 [1915]) in order to have a theoretical framework that could provide a way to understand and analyze the phenomena in an organizational context. We then present an empirical application through a series of case studies with maximum differentiation from Portugal. The approach is hermeneutic and through document analysis on the one hand and in-depth interviews on the other, it seeks a deep understanding of the process within the organization that brought them to the stage they are and the management logic next to these decisions. We also investigate if there is the introduction of the sacred in organizations, motivated by a humanistic or idealistic view of management and contrasted with the profane of profit maximization. A case in point is the multinational Ageas Group, which, in order to promote a culture of physical and mental well-being, has created a complete health program, with activities ranging from workshops to improve mental and emotional well-being, to Pilates and Power Combat, to a program to help employees realize their entrepreneurial dreams. Ageas has also launched the "Getting well" program, which nudges content to encourage constant reflection and appeals to employees on different topics. The second is a company that decided to go down this path long before the question was raised in society. Delta Cafes is a Portuguese company whose founder was a unique person, who always cared about his employees and the city in which it was located, and who fought

many battles with giants such as Nestle in order not to sell the company, to prevent a monopoly and to impose his own vision of entrepreneurship. On the other hand, a medium-sized family company in the north of the country, called BC Security, has created a happiness department that, in addition to vacations to an international destination, allows employees to enjoy a minispa at the company, with the right to massages, manicures, pedicures or waxing twice a week, as well as an entertainment room, laundry, takehome meals at reduced prices, life and health insurance, time off on their birthday, monthly and annual bonuses. What these examples have in common is strong leadership that has taken risks with a management logic driven by a sacred management approach and the full application of the four components of a public relations definition from a European perspective.

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# **Keywords**

public relations, management logic, organizational commitment, well-being, sacred-profane

# How Supervisors' Use of Motivating Language Influences Employee Attitudes and Supportive Behaviors: Exploring the Moderating Effects of Remote Work

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# **Introduction and Purpose of This Study**

The rise of remote and hybrid work, accelerated by the COVID-19 pandemic, has brought new challenges for organizations' internal communication. The increasing complexity of the modern work environment calls for effective leadership communication to keep employees engaged (Sull et al., 2020). Despite the extensive research on the effectiveness of leadership communication (e.g., Men, 2014; Qin et al., 2023), there remains a significant gap in understanding the role of leadership communication across different work modes. This study aims to address this gap by examining how supervisory leadership communication, specifically supervisors' use of motivating language, influences employee trust, engagement, and supportive behaviors toward the organization (e.g., advocacy, mentoring, defending, walking extra miles, etc.), focusing on the contrasting impacts in remote versus onsite settings. The goal is to offer insights into optimizing leadership communication for positive employee attitudes and behaviors in both work contexts, thereby contributing to the literature on leadership communication's role in modern

work environments.

### Literature Review

This study uses the Motivating Language Theory (MLT) to examine the impact of supervisory leadership communication on employee trust, engagement, and supportive behaviors in different work settings. MLT is a robust leadership communication theory that underscores the significance of the type of language used by leaders, categorized into direction-giving, empathetic, and meaning-making language (Mayfield et al., 1995). Employee organizational trust is defined as employees' level of confidence in and willingness to open themselves to the organization, based on their perceptions of the organization's integrity, competence, and dependability (cf. Hon & J. Grunig, 1999). Engagement is conceptualized as employees' psychologically motivated state characterized by vigor, absorption, and dedication (Welch, 2011).

# Methodology

An online survey was conducted with 2,004 full-time employees across 18 industries in the U.S. recruited via the Harris Poll. The average age of the respondents was 43 years (SD = 12.67). Among the respondents, 53.4% were male and 45.6% were female. As for the work modes, 30.5% (n = 612) of them indicated they mostly worked remotely (at home or hybrid), and 64.7% (n = 1,296) mostly worked onsite.

### **Results and Conclusions**

Second-order structural equation modeling (SEM) analysis was used to test the hypothesized model in AMOS 29.0. The results showed that supervisors' use of motivating language enhanced employee trust in the organization (β=.70, p<.001), engagement at work (β=.43,p<.001), and supportive behaviors toward the organization ( $\beta$ =.22, p<.001). Also, both trust and engagement were positively related to employee supportive behaviors (trust:  $\beta$ =.30, p<.001; engagement:  $\beta$ =.34, p<.001). Higher trust also led to higher engagement at work ( $\beta$ =.42, p<.001). To test the moderating effect of work mode, multi-group SEM analysis was conducted with work mode as the grouping variable. Model comparison showed a significant difference, c <sup>2</sup> diff(30) = 47.16, p = .02. Specifically, work mode significantly moderated the effect of supervisors' use of motivating language on trust. For employees who mainly work on-site ( $\beta$ =.73, p<.001), supervisors' use of motivating language showed a stronger effect on trust than employees who work remotely ( $\beta$ =.67, p<.001),  $c^2$  diff (1) = 7.89, p = .005. Similarly, trust showed a stronger effect on employee supportive behavior for employees who mainly work on-site ( $\beta$ =.34, p<.001) than employees who work remotely ( $\beta$ =.16, p<.001),  $c^2$  diff (1) = 3.66, p =.05. However, regarding the effect of employee engagement on supportive behaviors, this effect was stronger for employees who work remotely ( $\beta$ =.49, p<.001) than their counterparts who mainly work on-site ( $\beta$ =.30,

p<.001),  $c^2$  diff (1) = 5.04, p =.025.

The findings indicate that supervisors' use of motivating language showed a more pronounced effect on employee organizational trust among onsite employees than on remote workers. This difference can be attributed to the fact that onsite employees often have more direct and personal interactions with their supervisors, which enhances the effect of high-quality leadership communication. Such interactions foster a deeper sense of trust in the organization among onsite employees. In contrast, trust and engagement play different roles in influencing supportive behaviors among employees in onsite and remote settings. Onsite employees' trust, which is more tangible due to their environment, directly translates into positive organizational behaviors. Remote employees, however, rely more on self-motivation and independence due to less frequent direct interactions. As a result, their personal engagement at work becomes a key driver of their behavior.

## **Practical and Social Implications**

This study expanded the existing body of knowledge on leadership communication by providing empirical evidence on the impact of supervisors' use of motivating language in different work modes. In addition, the results provide strategic insights for organizational leaders and internal communication practitioners regarding how to develop effective leadership communication strategies tailored to the needs of employees working onsite or remotely to bolster their trust, engagement, and supportive behaviors at work.

### **Keywords**

leadership communication, employee supportive behaviors, trust, employee engagement, remote work

# Public Healthcare Delivery Eco-system in India: Role for Public Relations

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### Introduction

The healthcare industry has three major segments: healthcare delivery (hospitals and patient touch points), pharmaceuticals and vaccines, and medical technology (devices, equipment, etc.). Healthcare delivery is further divided between private and public healthcare systems. Healthcare delivery systems across nations differ; from heavily private-dominated like the USA to government-supported public healthcare systems like the NHS of the UK. India has a mix of a strong public healthcare delivery system and a growing private sector.

The Public Healthcare delivery segment in India is the true representation of the federal nature of the country. Health is a state subject (there are 28 states in India), with a Ministry of Health and Family Welfare at the central government level. Through its various arms - Directorate General of Health Services (DGHS), under the Department of Health & Family Welfare, Department of AYUSH, Department of Health Research, etc, - the ministry serves the healthcare eco-system of the country. At the state level, there is a ministry of health in each of the states which primarily takes care of the healthcare delivery to citizens through a network of primary, secondary, and tertiary care. Post 2014, the newly constituted National Institution for Transforming India (NITI Ayog) is playing a catalyst role for healthcare-related improvements in the country.

In the past few years, the central government through policy interventions, aims to enhance both healthcare infrastructure and universal health coverage through insurance. To cater to a population of 1.4 billion, the country has over 1 million allopathy doctors. To meet the doctor shortfall and reach the desired 1:1000 ratio of WHO, the government has increased the number of medical seats in the past few years. As per the budget announcement of 2024-25. the number of medical colleges is set to be increased.

NMC, the governing body for medical education in the country, has introduced 'communication' as a subject at the undergraduate MBBS level. Violence against doctors is a key risk factor, and time and again, lack of communication by doctors is attributed as one of the reasons for violence. Most times this violence happens in public hospitals, and the doctors at the receiving end are medical students on duty in the hospital.

### Methodology

This researcher has previously conducted two researches on healthcare in India: 1) Reputation risks for private hospitals in Mumbai (2011); 2) Treating a fracture with a bandage (2019). For the current study, to get a pan-India perspective of communications at government-run tertiary care hospitals, this researcher visited 8 cities in India – Delhi, Mumbai, Chennai, Kolkata, Bengaluru, Hyderabad, Pune, and Lucknow. According to reports, the first seven cities house over 80% of super specialists in the country.

Lucknow was included in the study to represent the most populous state of North India - Uttar Pradesh. East region – Kolkata (city), West Bengal (state); West region – Mumbai (city), Maharashtra (state); South region – Chennai (city), Tamil Nadu (state), represented the most populous states of the other three zones. In these eight cities, 29 public hospitals attached to a medical college were visited as part of the study between July 2022 to December 2023. Senior administration officials were met at these hospitals/ medical colleges to understand the communication approach. The research methodology was qualitative.

The study aims to find answers to three research questions, as follows:

- RQ 1) What are the current communication methods adopted by public hospitals in India?
- RQ 2) How is the communication approach at public hospitals vis-à-vis private hospitals in the country?
- RQ 3) Are there communication gaps in the communication approach of public hospitals?

# Significance of the study

Deriving from the Systems Theory, considering healthcare delivery as a system, with various agencies and departments, this study will posit some communication best practices to enhance the public relations effort for public hospitals.

The public hospitals cater to half of the beds for tertiary care in the country (the other half are in private). The findings of this study will enhance the efforts of public hospitals that provide free or subsidized healthcare services to a large population, and improve the experience of beneficiaries – patients and caretakers – who access and utilise the public hospitals for their healthcare needs.

## **Keywords**

india, public health, healthcare delivery, healthcare PR, healthcare communications

# Between BurnOut and BoreOut. Stress perceptions in the professional environment of corporate communications

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### Introduction

"Stress is a state of alertness of the organism, which adjusts itself to an increased willingness to perform," said the zoologist Hans Seyle in 1936, who, together with the American physiologist Walter Cannon, is considered the father of stress research and the "inventor" of the word stress. The two authors thus gave science a term that is immediately understood in almost all languages of the world, that is written and pronounced almost everywhere in the same way and that has found its way into and meaning in people's everyday lives like no other. Stress as an emotional reaction pattern is not a clearly undesirable behavioral trait, but rather serves as an original flight or fight response with heightened perception of self- preservation and can also lead to short-term increased performance in working life. Chronic stress, however, is considered a serious health risk and can lead to typical diseases of civilization such as cardiovascular diseases. high blood pressure or even cancer or promote the development of corresponding clinical pictures.

### **Literature Review**

In recent years, resilience has increasingly been seen as a key ability to reduce stress. Resilient people are resistant to stress and crises; they have skills that enable them to deal better with stress triggers and high levels of stress. Thanks to an impartial attitude, they can recognize risk factors at an early stage, assess them correctly and overcome them (persistence). Resilient people accept the given situation and, despite adverse circumstances, are able to focus their attention on the tasks that are currently important in order to implement them in a focused manner. This promotes their individual competence in dealing with stressful and crisis situations as well as with changes in general (adaptability). In addition, resilient people are able to develop new ideas and behavioral approaches even in difficult situations, as well as recognize new opportunities for themselves and develop themselves accordingly or literally "reinvent" themselves (Transformality) (Heller, 2019; Stork & Grund, 2021).

### Methodology

In this study, we present for the first-time data from an industry survey of almost 1,000 man-

agers at different hierarchical levels in the field of corporate communications in Germany, who were interviewed in May and June 2023. This is the first survey on stress and resilience in the field of PR and corporate communications in Germany to focus primarily on the resilience of German communications managers. The survey focused primarily on the individual stress experience and coping strategies of PR managers: What are the main stress triggers, what role do superiors and team constellations play, are there resilience-promoting offers such as mindfulness courses, yoga or meditation in their companies? The impact model was based on the assumption that existing coping strategies have a stress-reducing effect.

In the previous surveys, it was primarily the general stress level that was surveyed. The most recent European Communication Monitor (ECM 2023), for example, shows a stress level of 40 percent across all respondents, with the main stress factors being constant availability and a high workload. A lack of opportunities for advancement in their organizations or disrupted free time are also a burden for communication managers across Europe. According to an industry survey by Civey & News Aktuell (2020), unreliable colleagues and inaccurate work assignments are also among the most significant stress factors.

### **Findings**

This is where our own survey comes in, focusing primarily on the role of team structures and superiors. Overall, German PR managers have a medium level of stress compared to other sectors: only 26% of respondents in Germany feel stressed, with women being significantly more stressed than men. Respondents over the age of 60 experience themselves as significantly less stressed than younger respondents, as do members of companies with fewer than 100 employees compared to larger companies.

However, 47% of respondents are sufficiently resilient to deal with this stress, and age also plays a role here. Men experience themselves as significantly more resilient than women and people with higher resilience have a significantly lower stress level. The fact that the resilience quotient is unexpectedly high may well be due to the frequent use of mindfulness training and meditation offers: 28% state that their employers offer mindfulness courses, a further 11% specifically mention meditation offers and a further 22% include yoga offers in their repertoire. Here, too, there are significant correlations: those who regularly take advantage of such offers are significantly less stressed, and stress levels are significantly higher where companies do not offer such resilience-promoting offers.

## **Keywords**

Stress - Resilience - Communication Managers

# An exploratory study among Generation Z UK PR professionals and their employers examining their subjective attitudes toward work-placed well-being

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### Introduction

Employers of PR professionals seek to understand the attitudes of Generation Z. This is driven by the need to recruit, train and motivate new industry entrants. But research focused too heavily on entrants' performance outcomes can diverge from how employees evaluate and feel about their roles. Both dimensions are critical to gain a deeper understanding of workplace wellbeing and overall job satisfaction.

### Literature review

Many studies have considered general wellbeing. Recent studies provide a focus on subjective workplace wellbeing (De Neve and Ward, 2023), and home in on how employers and employees self-define their own wellbeing. Such studies have not had the PR industry as their focal point. Other studies suggest that PR can have a positive influence on social change (Fehrer et al., 2022) and that it can address the importance of ethics to job satisfaction (Kang, 2010). Neither consider the connections between purpose and workplace wellbeing. Wider communications research does look at the connection between

purpose and PR (Verwey et al., 2017). Yet, to date the only major study looking at the connection (in the PR world) between general wellbeing and purpose is Euprera's *Wellbeing in the Workplace* research, led by Martina Topić.

This proposed study examines the attitudes and outcomes associated with workplace wellbeing among employers and Generation Z PR professionals. It assesses dimensions associated with well-being and explores how important it is for employers and employees to be clear about the meaning and purpose of their PR and communications work.

### Methodology

This multi-stage study initially uses grounded theory to establish a framework to explain the PR professions' attitudes toward wellbeing and purpose.

Then, it utilises NVivo 14 to assess 20 PR employer interviews from the commercial, not for profit and consultancy sectors. Their opinions and attitudes toward well-being drivers at work and what they feel their Generation Z employees

expect are explored.

Thereafter, a representative sample of 370 Generation Z PR professionals from the UK will be invited to complete a detailed questionnaire asking them to state what they understand it means to be part of Generation Z. The questionnaire draws upon the Short Warwick-Edinburgh Mental Well-being Scale (SWEMWBS), a 7-question framework for defining wellbeing. Specifically, participants will be asked about their attitudes and feelings prior to securing employment in the industry, how they feel in their current role and what they may be considering when making future applications. Finally, they will be asked to indicate how important they feel that purpose and meaning in their roles is to their individual sense of workplace well-being and how closely their personal values align with those of their employer.

The findings will be used to develop an exploratory framework for understanding the work-place wellbeing concerns of young PR professionals and their employers. Specifically, the importance of purpose and meaning to wellbeing will be assessed. Initial interviews and questionnaire sampling will take place between February and June 2024.

### **Results and Conclusions**

Test sampling suggests that employer prioritisation of wellbeing is increasing, although there is a mismatch between employer and employees' expectations. Furthermore, young PR professionals emerge as strong advocates of transparent and comprehensive approaches to workplace wellbeing. Differences exist between those employed in consultancy environments as opposed to those working in-house. Employees are also very keen to understand both the purpose and meaning of the work that they are undertaking, but also have wider expectations for the PR industry to champion both purpose and meaning.

# **Practical and social assumptions**

The findings from the study will aid employers, recruiters, new entrants to the profession and professional bodies to secure a contemporary understanding of expectations from employees and employers about workplace well-being, including the need to address purpose and meaning.

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# Keywords

PR, Purpose, Wellbeing, Recruitment, Retention

# Contributions to Societal Well-Being by the Higher Educational Institutions in Türkiye: The Analysis of Student-initiated Social Responsibility Projects in Public Relations Programs

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# **Introduction and Purpose of the Study**

Social responsibility is an individual and organizational-related responsibility and public relations professionals have an important role in leading, planning, and implementing it for the welfare of society. This understanding is transferred to higher educational institutions in Türkiye. Community service and social responsibility projects initiated and implemented by higher educational institutions gained more importance when the Council of Higher Education (YOK) assigned criteria to measure the university and the faculty member's contribution to the community. This initiative started in 2011 and has become an important part of research universities and each university is handling the social responsibility projects in an established structure within their context. The aim behind service to the community is to create awareness of social responsibility among students, faculty, and administrators, make them work together, and evaluate this as a university KPI.

Within this contextual background, the purpose of the study is to understand the process of student-initiated/implemented social responsibility projects in higher educational institutions which

has a public relations program. The analysis will be on several dimensions such as the topic of the project, target audience, collaborations/alliances with non-governmental organizations, timeframe, budget, and sustainability. The period of analysis will cover three years (2021-2022-2023). This analysis will include all the universities in Izmir city of Türkiye which has a Public Relations Program. Consciousness of social responsibility and community service cannot be narrowly limited to public relations students, and viewed from the implementation, and activity lens for the sake of doing, but goes beyond it and expands to being a responsible citizen and welfare of the society. Therefore, this descriptive research with public relations students is expected to guide us in the strategy and implementation of the social responsibility projects of higher educational institutions. The second purpose of the research is to understand the shortcomings and advantages of student social responsibility projects from the perspective of "public relations academics."

### Literature Review

Social responsibility is becoming a philosophy for organizations. This understanding is being

transferred to individuals through education programs. In Türkiye, social responsibility and community service practices have been considered more and put into the education plans. (Saran et al, 2011) The University Monitoring and Evaluation Criteria take into consideration four dimensions which are 1)education; 2)research development, projects, and publications; 3)internalization, and 4) service to the community, and social responsibility. Research universities' performance criteria are research capacity, research quality, and interaction and collaboration. According to the recent data of Council of Higher Education, at Turkish universities, different social responsibility projects such as environment, education, disadvantaged environments, culture animals rights, sports are carried out. Of these projects, 3,431 are carried out by the public (government) and 1,237 are by foundation universities.

# Methodology

The study will cover an analysis of the last three years (2021-2023). The classification of students' social responsibility projects in Public Relations programs will be made based on numerical data and will be related to content- including the focus of the social responsibility project, target audiences, partnerships, budget, and sustainability of the project. The data for analysis will consist of documents. In Izmir city, there are four universities which have public relations programs. The researchers will have access to the student social responsibility projects. In addition to document analysis, semi-structured interviews will be conducted with public relations academics from these programs to understand the contribution of this initiative by YOK, its shortcomings, and how to improve this initiative. These four public relations programs are from two foundations (private) and two public (state) universities.

### **Results and Conclusion**

This is a work in progress, at the stage of literature review. Data gathering will start in mid-February.

# **Practical and Social Implications**

The study will guide the future social responsibility projects of public relations programs by drawing a comprehensive picture of what has been done and what could be done. The public relations academics' perspective on the initiative of YOK will also guide the structure of community service and the social responsibility efforts of the whole university. This inventory and insights of public relations program faculty will propose solutions on how to improve the current practice. The frame of social responsibility goes beyond the projects. Through this study, the contribution of the public relations programs (faculty and students) to the welfare of society will be discussed as well.

Universities have education, research, and training activities as part of their core tasks. In addition to this, they carry out social responsibility projects with their students and on an institutional basis. The aim is to sensitize future generations to the issues of society while they are still studying and higher educational institutions have an important role in the well-being of societies. This is the integration of universities with society through thinking for the well-being and doing good.

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# **Keywords**

Higher educational institutions, public relations programs, social responsibility projects of students, society, well-being

# Ukraine's Use of Nation Branding Amidst Russia's Full-Scale Invasion

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What does well-being entail in times of war? How do you support people when their homes face daily missile attacks, and their children have to study in bomb shelters? Public relations and strategic communication can become crucial to a country's defense, securing the safety and well-being of its citizens. For example, in 2022, Ukraine became the first country to launch a nation branding campaign during an ongoing war. Challenging times demand the use of new tools to defend your country and its citizens. Ukrainians had to tell the world about themselves to seek help to stop Russia's war, which started in 2014 and escalated in 2022.

This research project focuses on Ukraine's use of nation branding amidst Russia's full-scale invasion. It conducts a systematic content analysis of nation branding through a relationship-building paradigm of public relations to decipher their impacts on strategic communication during wartime by addressing the following questions: How does Ukraine's President's Telegram channel construct Ukraine's nation brand? In what ways are relationships manifested in nation branding?

### Literature review

Sometimes strategic communication and public relations are used synonymously. Yet, I align with Yuskiv et al. (2022) and Khorishko (2022), viewing public relations as a primary component of strategic communication.

Strategic communication involves purposeful communication aligned with an entity's strategic objectives, with its origins rooted in military theory. Ironically, it is often overlooked by communication science, possibly because of the negative associations with information warfare (Zerfass et al., 2018). This highlights the necessity for further exploration of strategic communication during wartime.

Russia's war on Ukraine has fundamentally shifted the global perception of the nations involved (Chaban & Elgström, 2023) and introduced nation branding as a crucial tool in warfare (Kaneva, 2023), emphasizing the changing objectives and potential impacts of such practices and research.

Nation branding has evolved as a multidimensional effort involving a diverse range of activities, aiming to shape a nation's perceptions on the international stage and achieve specific goals. Conventionally, it is conceived as national image management (Surowiec, 2016; Szondi, 2010), denoting the organized framework designed to influence and uphold the reputation of a state or nation.

Szondi (2010) presented an alternative conceptualization of nation branding by examining the role of public relations within it. The scholar proposed relationship building as a new framework, asserting that both domestic and foreign publics should have ownership over a dynamic brand, enabling collaborative creation of identity and meanings.

Applying the relationship-building framework of public relations to nation branding in strategic communication during wartime can offer valuable implications across theoretical, practical, and policy perspectives.

# Methodology

This project applies a reflexive qualitative thematic analysis (Braun et al., 2019) to examine posts from Ukraine's President's official Telegram channel posted during the first year after Russia's full-scale invasion. I gathered data by extracting content from Volodymyr Zelenskyy's official Telegram channel, totaling 546 posts, and randomly examined 10% of these posts. Since 2022, Telegram has transformed into a pivotal platform for Ukrainians seeking information about the war (Yuskiv et al., 2022), and emerged as the primary platform for the Ukrainian President to connect with his constituents. Given Zelenskyy's impact on the country's internal and external agenda, analyzing his communication platforms is crucial.

### **Results and conclusions**

This project reveals that nation branding transcends traditional communication campaigns and is strategically harnessed in the online domain. Zelenskyy's Telegram channel prioritizes themes related to garnering international support and cultivating relationships with diverse strategic publics. Mentioning various individuals and showcasing their roles in Ukraine, along with sharing their pictures, has contributed to the co-creation of Ukraine's brand identity, aligning with Szondi's (2010) relationship-building approach to nation branding.

Ukraine's identity is portrayed as a protagonist opposing Russia and the Soviet Union, aligning itself with the European Union and the free world. Furthermore, Zelenskyy's Telegram channel defines Ukraine's resistance, identifying

unity, heroism, strength, and gratitude as the fundamental components shaping the nation's brand.

The research findings echo Yuskiv et al.'s (2022) study, indicating that Ukraine's strategic communication prioritizes themes related to garnering international support and engaging with state authorities. Additionally, the results are in line with Yuskiv et al.'s (2022) and Chaban and Elgström (2023)'s studies, emphasizing Ukraine's protagonist identity.

To further enhance this project, it would be beneficial to extend the analysis beyond Telegram to encompass a variety of platforms and offer a more nuanced comprehension of nation branding. Including timeframes before and after one year from the full-scale invasion through a longitudinal analysis can uncover shifts in strategic communication. Expanding the scope to involve other key actors in Ukraine's strategic communication, not just the President, will further enrich the examination of dynamics.

## **Keywords**

strategic communication, nation branding, public relations, social media, warfare

# Let's Tango with the Wind. Disinformation and Onshore Wind Turbines

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In the need to increase the amount of renewable energy, wind energy both on- and offshore are a necessity. Though there is not always wind (like there is not always sun) wind energy became remarkably cheap and produces no greenhouse gasses. However, onshore wind turbines are confronted with a lot of resistance from local residents because of hindrance regarding noise and disturbance of their landscape view.

The Netherlands currently boasts over 2,144 onshore wind turbines, demonstrating the country's commitment to meeting the national electricity demand through renewable sources (CBS, 2022). These targets underscore the nation's commitment to achieving a more sustainable energy environment through a mix of renewables, including wind power. However, planning barriers, inconsistent noise regulations, and increasing public resistance threaten the pace of progress (Breukers & Wolsink, 2007). This is especially impacts Dutch households as research shows 70% of Dutch municipalities will have households within a 2.5km radius of an onshore wind turbine (TNO, 2022).

At the provincial and municipal levels, noise and spatial consideration regulations introduce additional layers of complexity. A lack of national and local policy frames has led to bottlenecks in

developing and implementing standards. Fueled by misleading information, localized opposition often gains traction, posing challenges to the consistent growth of onshore wind energy.

Additionally, the regulatory landscape governing onshore wind energy projects illustrates a multifaceted environment with complicated permitting and planning processes. The complexity of navigating these processes introduces vulnerabilities that disinformation campaigns exploit. Anti-wind groups have been leveraging regulatory intricacies to propagate misleading narratives about wind turbine noise's health and environmental impacts, contributing to public skepticism. Despite claims of health risks, the organization of health care research (NIVEL, 2023) did not find any significant indications of health risks of people living close (less than 5km) to wind turbines compared to those not about wind turbines.

We applied the Issue Arena Conceptual Framework Vos (2017) to systematically analyze the public debate and disinformation around wind turbine noise annoyance in the Netherlands. The Issue Arena model consists of four key components:

- 1. Issue-related aspects the substantive themes and claims being debated.
- 2. Actors the stakeholders involved and their interests.
- 3. Places of interaction the contexts and channels where debates emerge.
- 4. Courses of debate how the debates and claims evolve.

This framework positions complex issues as co-creations of various stakeholders interacting in an ecosystem of debates across media, online spaces, and communities (Luoma-aho & Vos, 2010). It provides a structured approach to map all facets of the wind turbine noise annoyance issue arena.

We aim to investigate disinformation surrounding wind turbines and their associated noise annoyance among residents of the Netherlands using the Issue Arena Model. We seek to elucidate how disinformation fuels ongoing debate and opposition around this issue.

We interviewed 6 experts, coming from energy companies involved in developing on shore wind turbines, including two managers who are working on a local wind park. They all have experiences in dealing with disinformation and resistance.

Key findings include the identification of a dynamic landscape influenced by decentralized governance, conflicting national and local goals, and the rise of political disinformation. Stakeholder mapping reveals a complex web of actors with varying positions. The research assesses digital and traditional platforms, cultural resistance, and political skepticism. Practical recommendations are proposed, focusing on a two-way symmetric communication strategy to connect with local communities and dispel misconceptions about wind turbine noise.

Despite limitations, the study provides foundational insights for ongoing research and interventions in the field of renewable energy communication, emphasizing the importance of adaptive strategies to foster an informed public discourse.

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# External Communications of Employee Well-being and Care: Contexts and Discrepancies

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#### Introduction and purpose of the study

The purpose of the study is to examine how the corporate sector communicates employee well-being to external audiences. The study aims to identify what are the main terminologies used in communication of the employee well-being programs and activities toward external stakeholders. Additionally, the study aims to add to the understanding of whether communications of the companies related to well-being are congruent with the expectations of the employees related to their well-being.

#### Literature review

Employee well-being is a complex construct, consisting of three core components: subjective well-being; workplace well-being, and psychological well-being (Page & Vella-Brodrick, 2009). Companies are taking a myriad of initiatives to contribute to employee well-being. At the same time, care about employee well-being is an important pillar of the communications of the corporate sector towards external stakeholders. Evidence about care for employee well-being is found in numerous literature sources analyzing organizational behavior and human resources. Despite all efforts, large corporations find it difficult to improve employee well-being and human sustainability in areas such as worklife balance, flexibility, and gender diversity (Kobayashi, Eweye & Tappin, 2018).

The COVID-19 pandemic introduced a set of new challenges for employee well-being: Juchnowicz and Kinowska (2021) argued that the digitalization of work that occurred during the pandemic transformed the relationship between employees and employers and impacted the perception of quality of life and well-being. Post-pandemic expectations of the employees have changed: according to an Infostud (2022) survey, companies are not fully following the needs of employees in terms of psychological support - this growing need of employees is significantly underestimated by decision-makers in companies. According to the survey, the gap between the needs of employees and what companies offer is significant: for example, while 81% of employees included in the survey reported disturbances such as increased concerns, stress, or low mood during the pandemic, only 18% of companies provided their employees with psychological counseling. Thus, the research aimed to understand how the corporate sector perceives employee well-being, how it communicates well-being to external audiences, and to compare communications of the corporate sector with the priorities and needs expressed by the employees.

#### Methodology

A document analysis has been deployed to identify external communications of the companies related to employee well-being. Companies' websites have been searched for the terms "employee well-being" or "care for employees" in English and Serbian language. A total of 73 examples of corporate communications that include phrases followed by more detailed descriptions of concrete measures have been identified, and consequently included in the research.

Each case has been analyzed from the semantical perspective and associated with the terminology used to describe what companies are doing within their employee well-being programs. Word clusters have been identified, and findings have been compared with the priorities of the employees described in the Infostud (2022) survey.

#### **Results and conclusions**

The document analysis of content published on corporate websites indicates that companies are emphasizing occupational health and safety as the core of their employee well-being programs (53 examples), followed by work flexibility (50 examples) and events for employees (26 examples). These elements contribute to the perception of companies as responsible corporate citizens (Koskela, 2014). However, these findings are only partly in line with the expectations of the employees expressed in the Infostud (2022) survey: although both companies and employees highlighted stress, communication, and business skills as the most relevant topics, external communications related to well-being highlight different topics.

#### **Practical and social implications**

The study provides guidelines to both communications and human resources practitioners about possible alignments of company well-be-

ing policies with needs expressed by the employees. Moreover, the study offers a review of communications efforts to promote employee well-being and suggests the directions for future development of employee well-being communications and policies.

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#### Keywords

employee well-being, corporate communication, digital communication, corporate social responsibility, occupational health and safety

# News Agencies as a Blind Sport in PR Research. Results of Qualitative Interviews in the New Media Landscape of the Early 21st Century

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#### Introduction and purpose of the study

According to the Call for Papers, BledCom 2024 welcomes "ALL papers that are relevant to public relations and communication management and not just papers that discuss the conference theme". This paper is one of those general papers. It deals with a central blind spot - namely an area that continues to be of great importance, especially for media work within public relations, but which has received and continues to receive very little attention in research and literature. This is the interplay between media releases as a product of public relations and the actual work of news agencies in the further use of these media releases. In particular, there are no current studies on how this area presents itself under the changing media conditions of the early 21st century. The aim of this paper is therefore to shed some light on this under-researched area by means of qualitative interviews.

#### **Literature Review**

The general relationship between public relations and journalism, as well as differences and similarities between the two fields (including training), has long been extensively studied in our academic field (e. g. Cutlip, 1961, Baerns,

1979 and 1991, Turk, 1986, Ryan & Martinson, 1988, but also more recently e. g. Macnamara, 2019, Hoffjann, 2022, Weder et al., 2023). Most of these studies have shown a very close relationship between PR professionals and journalists (or PR and journalism more general), but also, that there are significant differences in the perception of the impact of these relationships.

News agencies, however, and their significance for the field of public relations is only mentioned as a marginal aspect. As Nelissen & Hendrickx (2023) state: "News agencies are regularly mentioned in scholarly works among the principal sources of information [...]. However, little is known about how these agencies themselves source news." While it is commonly assumed that, at least in democratic countries, news agencies follow high journalistic standards and strive to maintain neutrality (Vyslozil & Surm, 2019), it is important to take a more specific look at this type of communicator towards social order.

#### Methodology

This research paper aims to make a small exploratory contribution in this strand of research, which has received far too little attention. It is based on so far 11semi-structured interviews.

Nine of them were conducted with representatives of different functional areas at agencies (managing level as well editior-in-chief and "normal" journalismt) as well as newsrooms of various media outlets (newspaper, tv, radio and pure online channels. In addition, three academic experts in the field of media economics and media law were interviewed. The interviews were conducted in the federal state of a large EU member country and intensively analysed using MAXQDA.

#### Selected Results and conclusions

The qualitative interviews analysed for this research paper show very clearly the difficult relationship between public relations organisations and news agencies. In summary, it can be said that agencies offer a very differentiated picture in their handling of press releases:

They are important to all interviewees, although to varying degrees. The smaller the agency and the more relevant the information is to a certain topical field, the greater the chance of triggering coverage with a press release as the person responsible for PR.

Press releases in direct use (without using a news agencies as intermediary) also continue to be of great importance for media representatives, but that they are also overwhelmed by an abundance of press releases and other communication. In the end, the actual use depends strongly on the type of media and the specific department.

Additionally, it remains to be noted that it is very likely that media will generally take over press releases that are disseminated within agency reports unchecked due to the so-called "agency principle". For PR professionals that might make the job easier at a first glance, but, however, sometimes a higher level of reflection would also give the opportunity to communicate the own position deeper.

#### **Practical and social implications**

For the field of Public Relations and Corporate Communications, these results show that news agencies should be considered more as important and highly trusted intermediaries in external communication. Overall, however, this interplay, and especially its critical aspect, has not yet been sufficiently explored in the academic and applied literature. Much more research would be interesting – to help PR professionals in their daily work, but also to critically discuss the implications of these findings for democratic societies as a whole.

#### **Keywords**

Public Relations, Press Releases, News Agencies, Newsrooms, Media Transformation

# Crisis Communication Scholarship: The Dire Need for a Socio-cultural Perspective

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#### **Introduction and Purpose of the Study**

Crises are ubiquitous in modern times and their consequences are becoming ever more serious, and global. Among the many reasons for this is the emergence of digital and social media that have circumvented traditional "gatekeeping" functions by traditional print and broadcast media. Despite its global nature, crisis communication scholarship has almost entirely neglected the role of socio-cultural variables in crisis communication. To reduce this ethnocentricity, this study proposes an approach where the term culture is defined broadly to include political systems, level of economic development, media culture, societal culture, and activist culture - a framework presented by Sriramesh & Verčič, (2020). The proposed study addresses the overall research question: What role do socio-cultural variables play in the crisis communication?

#### **Literature Review**

The Covid-19 pandemic is a crisis case that helps illustrate the rationale for studying the role of culture in crisis communication. By all accounts, the SARS-Cov2 that caused the Covid-19 pandemic, originated in China (Ye, Z, et. Al. 2020) in late 2019. Yet, the world only heard about it months later in early March 2020 because Chinese authorities chose to not disclose it to the public for several months. One can only wonder how the course of the global pandemic might have been altered had the virus originated

in a more pluralistic political system with a more liberal media environment. On the other hand, a more liberal and federal political system such as the US saw acrimony and division among various actors from the very outset. More conservative state administrations such as Florida resisted even the CDC's directions with regard to risk mitigation measures such as masking, shutdowns, etc. Ironically, the Chief Executive of the country himself led the charge against a Federal agency - tthe CDC - by refusing to wear a mask in public and offering many confusing public statements on the potency of the virus or ways of preventing it from spreading. He was aided in such 'activism' by his many Republican supporters in Congress. Inter-Governmental Organizations (IGOs) such as NATO and WHO were also affected by stark differences in the political ideologies of member-states. Activist groups - civil society - played a key role also on both sides of the socio-cultural divide. The Covid-19 pandemic thus helps illustrate that the pandemic was perceived, and responded to, differently by nations based on their socio-political factors.

Yet, crisis communication scholarship has largely been silent on the critical role of socio- cultural variables in crisis communication. As a result, E. T. Hall's (1959) insightful comment: "culture is communication and communication is culture" (p. 186) has mostly been ignored by most crisis communication literature. Two theories have dominated research in crisis communication

over the past thirty years: Image Restoration Theory (Image Repair Theory) proposed by William Benoit (1995, 1997) and Situational Crisis Communication Theory offered by Timothy Coombs (2004, 2007) and in six different editions of his book starting in 2007 (Coombs, 2022). Neither scholar recognizes even in passing, the role of culture in crisis communication. Further, there is also a paucity of crisis case studies, which is evident when one reviews scholarly books on crisis communication going as far back as 1997. Of the 15 scholarly books on crisis communication (see enclosed bibliography) only two offer crisis case studies and only three address culture as a variable influencing crisis communication. Of the other books, only a few make occasional references to culture or may even devote one chapter to the topic (eg. Frandsen and Johansen, 2017) but they do not accord culture the primacy it deserves in crisis communication. Of the three books that do address culture/international perspectives, one was published 11 years ago and did not use the same conceptual framework to analyze crisis cases (George and Pratt, 2012). The world and its cultures have changed a lot since then. The second book (Bernhardsdottir, 2015) used Grid Group Cultural Theory (GGCT) to analyze crisis communication. GGCT focuses on four dimensions of societal culture: hierarchy, egalitarianism, individualism, and fatalism. Although any analysis that gives credence to culture is a step forward, there are many more dimensions to societal culture than the ones used by Bernhardsdottir. The third book (George and Kwansah-Aidoo, 2017) offers case studies from several non-Western countries. As heartening George and Kwansah-Aidoo's approach is, once again the focus is only on societal culture and in a "transboundary context" and other sociopolitical variables are not at all addressed. Thus, one can reasonably contend that a cultural perspective of crisis communicattion is long overdue. Further, one can also contend that there is a dire need for cases that address the impact of culture on crisis communication with a more ex-

pansive definition of the term *culture* as being proposed in this study.

#### Methodology

Given the relative novelty of this socio-cultural approach to crisis communication, the case study method seems quite appropriate. This project proposes to primarily use the case study method, which has multiple benefits. Cutler (2004) concluded that "if thoughtfully conceived and well executed, [case studies] are a research tool well suited to study [communication]" (p. 365). Harvard Business School pioneered the case study method to study organizational communication102 years ago. Former Harvard Business School Dean Nitin Nohria articulated the benefit of the case study method: "Cases expose students to real business dilemmas and decisions. Cases teach students to size up business problems quickly while considering the broader organizational, industry, and societal context... Cases teach students how to apply theory in practice and how to induce theory from practice. The case method cultivates the capacity for critical analysis, judgment, decision-making, and action" (Nohria, 2021). Gillham (2010) provides an extensive discussion of the case study method as do Tsang (2013) and Welch, et. al. (2011).

Crisis communication being an applied science, the case study method seems most appropriate wherein a specific crisis faced by an organization (eg. for-profit corporation, government agency, or not-for-profit organization) is chosen for analysis. The analysis will have two broad aspects. First, a thorough description of the crisis: the origin/source of a crisis, its expansion, and ultimately resolution and damage caused especially to organizational stability and reputation. Second, an analysis of crisis communication visavis the role that the five socio-cultural variables mentioned above played in the development and resolution of the crisis.

#### **Results and Conclusions**

This approach has already been used under the leadership of the author to analyze a sample of crises in Asia. The primary findings of those will be discussed as part of this presentation. The presentation will also discuss how the experience from these Asian cases can be extended to other socio-cultural environments such as Europe.

#### **Practical and Social Implications**

Crisis communication is at its core, a professional activity/practice. Theorizing should help improve practice at its most applied level. So, this proposal has a dual purpose of helping expand the horizons of crisis communication scholarship expanding its theoretical parameters. Such theoretical expansion will help crisis communication practice, which is practiced by every type of organization. Therefore, a study that assesses the impact of socio-cultural factors on crisis communication is going to help all organization types to better manage their communication and relationship building. By providing empirical data on the impact of socio-cultural variables on crisis communication, this project fills a huge chasm in existing scholarship first but also aids professionals. Finally, in addition to its theoretical and practical ramifications, the proposed study will help the process of teaching crisis communication – especially in institutions of higher education - by providing current case studies. There are very few crisis case study books available to university teachers even though there is a steep rise in universities offering courses in crisis communication.

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#### **Keywords**

Crisis Communication, Culture and Crisis Communication, Socio-cultural variables, Culture and Communication

# Navigating Informed Health Choices: Sociocultural Factors and Information Channels in the Context of Chiropractic Services in Croatia

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#### Introduction and purpose of the study

Complementary and alternative medicine (CAM) are a wide range of healthcare practices that fall outside of conventional medical practices, and are not fully incorporated into the predominant healthcare system (WHO, 2019). Given that the providers of complementary treatment methods, such as chiropratic, are not subject to legal regulations covering conventional medical services in Croatia, they are not well recognized by the general public.

The goal of this research is to determine the types of information channels and media content, attitudes, and characteristics of individuals using chiropractic treatments. The choice to use CAM aligns with post-materialistic values, emphasizing personal development, self-expression, and health investment (Coulter, Willis 2007). Socioeconomic shifts diminish traditional values, empowering individualization, self-confidence, and responsibility (Inglehart, Baker, 2000). Chiropractic, requiring active patient involvement, underscores the importance of informed choices. Awareness of chiropractic is crucial in its selection.

#### Literature review

Improved health and longer life spans, increased productivity, increased material well-being, the expansion of education and communications, and the complexity of social organization are part of the socioeconomic development, where post-materialistic values are strengthened (Maldini, 2008). An additional aspect of post-materialistic values is emphasizing the importance of personal development, self-realization and quality of life, and promoting self-care and investing in one's own health as a priority, especially with an emphasis on prevention and health maintenance (Axén, Hestbaek, Leboeuf-Yde, 2019). From that perspective, the so-called conventional (orthodox) methods of treatment belong more to modernist or materialistic values, mostly because they are oriented towards a curative effect and a symptomatic perception of the problem. On the other hand, complementary or alternative methods are linked to postmodernist values.

#### Methodology

Based on the operationalization of research variables, a survey questionnaire will be constructed as the main instrument of empirical verification. The survey will be conducted online, with a sample of 200 respondents from Croatia, 100 of which have experience with chiroprat-

ic treatments and 100 which do not. It will be conducted in March 2024. The questionnaire will examine the sociocultural characteristics of the respondents, and information channels they use while researching CAM versus conventional medicine, and making informed decisions.

H: The research subjects who display an acceptance of predominantly post-materialistic values have a tendency towards the use of information channels that are supportive of complementary treatment methods, including chiropractic, while the opposite is true for the subjects who predominantly accept traditional social values.

#### **Results and conclusions**

It is expected that the preliminary results of the research will confirm the hypothesis. The results of the proposed research examining the connection between sociocultural factors and use of certain information channels on the research subject's tendency to use complementary methods of treatment on the example of chiropractic will have a multi-layered application of the results in practice, given the lack of research on the topic.

#### **Practical and social implications**

The research results will be able to be used in health education, market research and potentially in the legal regulation of complementary (alternative) medical services.

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#### **Keywords**

CAM, Chiropractic, Complementary and alternative medicine, Health, Post-materialism, Sociocultural factors

# Communication Competence and Challenges of Family Caregivers in Navigating End-of-Life Conversations

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Singapore, with a rapidly aging population of 5.92 million, faces significant challenges in its healthcare system, exacerbated by escalating costs and increasing pressures on family caregivers (National Population and Talent Division, 2023). In a society driven by strong familial values, these caregivers are pivotal in end-of-life care and ultimately make important decisions for their care recipients (Ministry of Health Singapore, 2023, Gu et all, 2015). Yet, they struggle to communicate to their dying loved ones as they navigate a complex landscape marked by societal taboos about death and ingrained negative perceptions of palliative care and nursing homes (Singapore Hospice Council, 2023). This study seeks to understand the communication competence and challenges of primary family caregivers in navigating end-of-life conversations. The study is guided by three key research questions: RQ1 investigates underlying factors such as perceptions, knowledge, and attitudes towards palliative care and their impact on caregiver-patient communication during end-of-life discussions and decision-making. RQ2 explores the media consumption patterns of caregivers seeking information on palliative care and how these patterns influence their engagement with patients and competence in accessing useful knowledge for desired health outcomes. RQ3

delves into how factors like family relationships, finances, resources, cultural norms, and Asian values contribute to the comfort or discomfort in communication, ultimately affecting the end-of-life experience of patients.

Previous research has highlighted the difficulties in discussing end-of-life care within families, especially in cultures where death is a taboo subject. Studies have shown that caregivers often lack adequate information and support, which can negatively impact the quality of end-of-life care (Chua et al, 2020). End-of-life care is vital for addressing diverse needs in the final stage of life, positively influencing the fulfillment of care recipients' wishes and overall patient health outcomes. This study builds upon this existing body of knowledge and contributes to literature by examining the unique cultural, social, and emotional factors that influence caregiver communication and decision-making at the end of life in Singapore.

To delve into these intricate dynamics, the study carried out 22 semi-structured in-depth interviews with a representative sample of family caregivers in Singapore in the last quarter of 2023. Caregivers were carefully selected to meet specific criteria, including demographics

that reflect the multicultural ethnic population of Singapore, and that they must have provided care within the last five years. These parameters ensured a variety of recent experiences and perspectives in caregiving and challenges in end-of-life communication that reflect the society's cultural norms. Each interview lasted between one and two hours, and the data collected through audio recordings was subsequently transcribed and analysed.

The study revealed a substantial lack of awareness of family caregivers around palliative care (86%) and knowledge gaps (91%). Notably, more than half did not even discuss final wishes for a "good death" with their care recipients, while the remainder discussed primarily medical topics (RQ1). The caregivers' media consumption patterns on palliative care or treatment subsequently influenced their engagement with care recipients, and competence in accessing useful knowledge. During their decision-making process, the majority (64%) had relied solely on individuals such as doctors and healthcare professionals for information not always forthcoming (RQ2). Almost all caregivers (95%) did not partake in conversations about end-of-life plans prior to the diagnosis, indicative of prevailing cultural stigmas associated with death. After diagnosis, more caregivers (50%) engaged in endof-life conversations, but their discussions were largely superficial and did not address crucial aspects. Only half of caregivers (55%) believed that their care recipient's wishes were heard, communicated, understood, and followed. This suggests a mixed level of satisfaction with their communication and decision-making processes, pointing to a critical need for improved communication between caregivers and recipients. The study concludes by emphasising the need to enhance caregiver-patient communication and integrate palliative care education and end-of-life conversations into public health policies in the larger societal context. This leads to a more compassionate, informed, and holistic public health

communication approach regarding end-of-life care, fostering better patient outcomes aligned with their wishes.

The findings of this study bear significant implications for both practical application and societal impact. Singaporeans play a pivotal role in delivering active caregiving, be it on an individual or collective societal level. Family caregivers require increased awareness and knowledge concerning the significance of end-of-life care and effective communication (Ministry of Health Singapore, 2023). For policy makers, these insights underscore the importance of seamlessly integrating end-of-life and palliative care conversations into public health communication, initiatives, and the broader environment. By doing so, family caregivers can enhance their communication competence and effectively navigate the daunting challenges involved in providing care for loved ones at the end of life.

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#### **Keywords**

End-of-Life Care, Family Caregivers, Palliative Care, Communication, Singapore

# Impact of CSR and Corporate Sustainability Communication on the Rising Green Generation in Singapore

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Given the growing prominence of corporate sustainability in nearly every region of the world, sustainable consumption has become a core endeavor in an era of global push for sustainable development, particularly among the younger consumers (Seyfang, 2005). With the rise of the environmentally and socially conscious Millennials and Gen Z labeled as the "Green Generation" (Deloitte; 2019), companies are placing more emphasis on responsible business practices and sustainability objectives at the heart of their business strategy. As a result, carrying out corporate social responsibility (CSR) activities and communicating the intent and efforts of these initiatives have never been more critical for organizations today (Ioannou & Serafeim, 2017).

However, despite organizations' attempts to integrate CSR through their core businesses to help tackle the world's pressing problems, publics are also becoming more skeptical of such corporate sustainability efforts. Defined as the tendency to distrust organizations' CSR claims and actions, CSR skepticism relates to doubts and suspicion as to whether organizations can truly be altruistic when it comes to doing business (Vanhamme & Grobben, 2009). Unfortunately, many organizations' use of communication campaigns to make them appear to be more environmentally

friendly than they really are. Their utilization of persuasive marketing messages for short-term financial gains, and their efforts to increase CSR visibility to recover tarnished reputations after crises, have only fueled publics' scrutiny and cynicism of business morals and ethics (Webb & Mohr, 1998).

This study hence purposes to examine the impact of corporate CRS communication on the younger and green population segments in Singapore. Drawing literature from multidisciplinary research, a hypothesized model was developed to test the relationships between a) CSR communication (independent variable) and 1) corporate reputation, 2) trustworthiness, 3) employer attractiveness and 4) purchase intention (dependent variables). Two other factors - social responsible consumption and CSR scepticism - were investigated for their roles as moderators. While there has been no lack of research investigating the impact of CSR on various aspects of corporate performance and consumers' perception, there is a lack of empirical evidence concerning the examined factors on the rising "green generation" who will eventually form a formidable segment of the workforce in Singapore. Hence, we find a pressing need to fill this knowledge gap in the CSR and sustainability

communication scholarship, given the growing power of youth and young graduates in driving companies to be more engaged in responsible sustainability activities (Landrum, 2017).

To examine the proposed hypotheses, on online survey was sent to Singaporean tertiary students and young working adults in the first quarter of 2020. A total of 403 Singapore citizens and residents between the ages of 21 and 35 years old voluntarily participated in the online survey. The approval from the University's Institutional Review Board (IRB) was received before the data collection. A statistical model using multiple regression was subsequently carried out to test and explain the relationships among the examined variables.

Our findings suggested that while corporate reputation, employer attractiveness, and purchase intention are significantly associated with CSR communication, such a relationship was not found in trustworthiness. Our results also suggested that social responsible consumption positively moderates the direct relationship between CSR communication and the corporate outcomes; and CSR skepticism negatively moderates the same direct relationship. The fact that no positive association was found between CSR communication and trustworthiness was not surprising since the concept of trustworthiness is multi- dimensional and may not be determined through a single construct of effective CSR communication. Additionally, trust literature identifies the propensity to trust as an important predictor of the judgment of the trustworthiness of the trustee (Mayer et al., 1995), which presents another set of complexity in examining how stakeholders evaluate the trustworthiness of a company through its CSR communication.

Given that positive public perceptions of CSR bring with it both social and financial benefits for organizations, it is not difficult to understand why many companies today are allocating more

resources to back CSR initiatives with an aim to boost corporate reputation. Amidst the growing corporate emphasis on CSR, there is also an increasing number of studies that questioned if "doing good" will always lead to positive outcomes (Sen & Bhattacharya, 2001). Indeed, such sustainability narratives have become a top shopping and job seeking priority for the rising and influential green generation in Singapore, and any missteps or perceived attempts at greenwashing will almost immediately trigger a backlash. Companies should consistently re-examine the impact of their CSR communication on this target group if they wish to establish a reputation for environmental stewardship among the Gen Zs and millennials in Singapore.

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#### **Keywords**

CSR communication, sustainability, green generation, corporate reputation, Singapore

# "Buying mercy" Effective altruism, philanthropy and social purpose as public relations

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#### **Introduction and Purpose**

This paper is concerned with the interplay between public relations and individual philanthropy, with a particular focus on the movement for effective altruism and social purpose giving. The aim of the project is to investigate the way high profile contemporary billionaires such as Bill Gates, Mark Zuckerberg, Sam Bankman-Fried and others are combining philanthropy with communications in a mode of personal public relations that not only makes them feel good about their legacy but also functions as an exercise of power that can subvert the normal processes of public policy making.

#### Literature review

A Public Relations Review article in 1985 claimed that "Corporate philanthropy comes of age" (Tilson and Vance, 1985). This study was followed by papers that variously investigated the returns that corporate giving could deliver to community relations programmes and evaluated how cause marketing could be interpreted as "philanthropy as public relations" (Stole, 2008). Recent book length contributions to the literature have claimed that the modern form of "big philanthropy" as practised by high profile donors such as Bill Gates, Mark Zuckerberg and others "can be a plutocratic exercise of power" that deploys "vast private assets toward a public purpose, frequently with the goal of changing public policy" (Reich, 2019).

#### Methodology

Reflecting the recent emergence of the field and the lack of existing literature relating to effective altruism and social purpose giving, the project took the form of an exploratory study. The primary methodology was a case study approach, based on a set of examples reported in business and general media of philanthropy by wealthy individuals and families that also included an element of publicity and evidence of planned public relations work. The case studies were selected based on a search of the ProQuest news database over the last ten years along with the cascading of cases that were uncovered in the literature review.

#### **Results and conclusions**

Individuals and families are using high profile publicised philanthropic giving in their name as a public relations strategy to offset historic reputation issues arising as a result of business activities that have been the source of the wealth they are giving away. For example, the Sackler family, owners of Purdue Pharma which manufactured the OxyContin drug that has contributed to an opoid epidemic in the US, has been accused of trying to donate their way out of trouble in a "whitewash" through philanthropic donations in a lawsuit filed by the New York attorney general. Similarly, despite working for his father Rupert Murdoch's News Corporation for most of his working life, including as CEO

of 21st Century Fox when Fox News was at the forefront of publicising divisive conspiracy theories and giving a voice to climate sceptics, in 2019 after leaving Fox, James Murdoch and his wife, Kathryn made donations of \$4.25 million to the US-based Environmental Defense Fund that fights climate denial as well as gifts to Unite America and the Anti-Defamation League.

#### **Implications**

The main implication of this study is the realisation that philanthropy is being used as a tool of public relations beyond traditional legacy motives as a calculated offset to correct damage done in creating the wealth that is being given away. Niche PR firms that combine reputation management and social impact consulting are emerging to serve this field and author Anand Girighardas (2020) urges transparent communications on the nature of the transaction when donations are made by their billionaire clients: "The Murdochs are trying to buy mercy on the cheap and it is being willingly sold to them by people who should know better", (Mass, 2019).

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#### **Keywords**

Effective altruism; philanthropy; social purpose; public relations

# How digitalization of internal communication affects internal communication satisfaction, employee engagement and consequently perceived life satisfaction

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#### Introduction and purpose of the study

To understand new patterns of communication affected by the introduction of digital communication technology (ComTech) and how it affects employees' lives, this project aims to develop a theory of internal communication preference and explore how it connects perceived digital channel value, culture, personality, social exchange quality indicators, engagement, and life satisfaction.

Main questions driving the project are:

- How does digitalization of communication channels affect internal communication, engagement, and life satisfaction of employees in a post-pandemic world?
- How do culture orientation and personality traits determine internal communication preferences?
- What are the solutions to designing optimal internal communication systems in a new digital society?

#### Literature review

We believe it is relevant to explore the relationship between internal communication satisfaction and life satisfaction, from both a theoretical and practical perspective. A central point of this project is to look at the relationship between all described concepts, and through that explore the influence internal communication has on overall life satisfaction.

This project contributes to several different strands of literature which all centre around internal communication, which is being recognized as an increasingly important specialization in communication management (Tkalac Verčič et al., 2012; Men & Bowen, 2016). Satisfaction is an important construct and it can be described as a summation of an individual's satisfaction with information flow and relationship variables (Downs & Hazen, 1977), or as employee's satisfaction with different aspects of communication in group, interpersonal and organizational contexts (Tsai et al., 2009). Even though

there is a huge shift towards using digital technologies in daily communication, studies show that adoption of new technologies is neither easy nor straightforward (Tkalac Verčič & Špoljarić, 2020). Personality does not only have an influence on selection and use of media (Kraaykamp & van Eijck, 2005; Rosengren, 1974), but also on the motivation for media preference (Weaver, 2003). National cultural values relate to attitudes in the workplace and other organizational outcomes (Kirkman et al., 2006). Although internal communication is essential in promoting employee engagement (Bakker et al., 2011), this relationship is underexplored (Men et al., 2020; Tkalac Verčič et al., 2012; Tkalac Verčič & Pološki Vokić, 2017) Subjective well-being is an umbrella phrase which describes the way people evaluate their lives (Diener et al., 1999). It is a wide set of concepts that includes emotional responses, domain satisfactions, and global judgement of life satisfaction (Diener et al., 1999; Luhmann & Hennecke, 2017).

Figure 1 gives an overview of described relationships between main concepts of the project. The general goal of the project is creating principles for successful internal communication which ultimately affect life satisfaction.

#### Methodology

The project relies on theoretically defined constructs used for empirical research. We will conduct three experiments to empirically establish what shapes perceived (digital) channel value and employ a diary method which will help shed light on how perceived (digital) channel value affects internal communication satisfaction among employees. Then we will develop a scale to measure perceived channel value to be used in a multiwave survey on purposeful stratified samples of employees in four countries, to explore the proposed model. This will help us determine the effect of culture and personality on internal communication, engagement, and life satisfaction, as well as the potential mediating effect of social exchange quality indicators. By understanding different responses of employees in various settings, the model can be assessed and redefined.

#### Results and conclusions

The project started in 2022 and it will run until 2025. By the 2024 BledCom symposium the first two phases of the project will be concluded and results of initial theoretical work, experiments and the diary will be presented, as well as sa cale to measure perceived channel value.

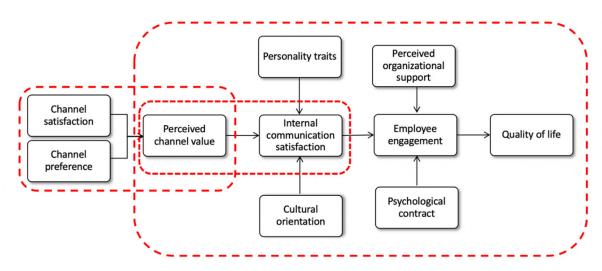


Figure 1

#### **Practical and social implications**

The project will conclude with the development of guidelines about best practices in internal communication and indicate pitfalls to avoid. Providing research-based guidelines and assessment tools will provide practice-based innovations for this field. This will help the scientific community and practitioners to improve the elements of internal communication for the benefit of organizations and their employees.

The social importance of this project is in clarifying how this aspect of our lives can be a positive influence on our life satisfaction.

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#### **Keywords**

internal communication, digital communication technology, ComTech, communication channels, organizational culture, engagement, life satisfaction

# Navigating Purpose-Oriented Communication: Insights from Dutch Public Relations Professionals

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#### Introduction and purpose of the study

Many organizations nowadays have purpose statements and inspiring purpose narratives, claiming that they are not merely committed to enhancing shareholder value, but also contribute to the greater good and broader well-being of stakeholders. A pressing question arises: are these purpose statements genuine expressions of intent or merely rhetorical? By ways of a case study of a recent incident in the Netherlands we will look into how Dutch public relations professionals think about fair purpose-oriented communication and into their perception of professional identity.

#### The theme and main question

Recently a research organization on brands, marketing and communication in the Netherlands organized an event on the topic of purpose. What to think of the growing number of organizations that claim to be purpose-led? They claim to be contributing to the greater good. Is this purpose orientation genuine or does it mainly have a pr-function?

One of the voices that were invited to be part of the line-up, was a spokesperson of a tobacco manufacturer that claims to have as its purpose to contribute to a smoke-free future. This invitation caused a lot of protests amongst public relations professionals, leading to the decision by the organizers to remove the speaker from the

programme. Objections were, amongst others: 'Companies that misleadingly claim that they are in a 'transformation' and have the best interests of the world at heart should not be given a podium'. Or: 'Having this company participate would normalize the tobacco industry'.

This particular incident raises some more general questions that will be explored in this study:

- When is purpose-oriented communication acceptable?
- Who decides about that? How healthy is it for professional collectives and bodies to exclude certain voices of fellow professionals from the conversation?
- Doesn't the call to cancel the tobacco firm show that many professionals think about professional ethics in terms of the dichotomy of saints and sinners, which is superficial, as Fawkes and others have argued?

#### Methodology

To answer the abovementioned questions, two methods will be used. Firstly, a discourse analysis of the online conversations amongst public relations professionals regarding the cancellation of the tobacco speaker from the event line-up. Secondly, a small number (4 or 5) of interviews with leading public relations practitioners and scholars, several of whom are active members of Logeion, the Dutch professional association for communication professionals.

#### Results and conclusions

The outcomes of this case study will be related to the theory that is offered by the literature mentioned above and other sources. A case study can be used in training programmes, such as those of universities, where future public relations professionals are educated.

#### **Practical and social implications**

Since purpose-oriented communication can be considered to be a trend, it is very important for public relations professionals to look at and engage in it with a critical and moral attitude. This study will contribute to discussions of the societal implications of purpose-oriented communication and its impact on public discourse and perceptions of corporate and professional ethics.

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#### **Keywords**

Purpose-oriented communication, Public relations ethics, Professional identity, Dutch context

# CBO (community-based organisation) communication strategies to facilitate long-term relationships towards sustainability: A case study of iDUC

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#### Introduction and purpose

In developing countries such as South Africa, the government does not have the capacity to address all relevant social issues society is struggling with. In this context, the non-profit (NPO) sector is a crucial role player contributing to the wellbeing of society. In South Africa, the NPO sector includes numerous small community-based organisations (CBOs), operating in specific communities. Many of these CBOs are not state-funded and are reliant on donors and other supporting stakeholders to provide the resources they need to be able to continue supporting the community. Several of these organisations reported insufficient resources, including a lack of funds, employees, volunteers, and networks, leading to them closing their doors, regardless of their contribution to the community. In this study we argue that positive long-term relationships with current stakeholders are imperative for these CBOs' sustainability, and that they need to build and maintain these relationships through effective communication.

iDUC is a small CBO situated in Potchefstroom, South Africa, dedicated to raising awareness of sexual assault and supporting rape victims in the community. Given the prevalence of gender-based violence and sexual violence in South Africa, the need for awareness and support for victims is evident. The organisation is situated close to a local university, and a variety of night clubs that students frequent. iDUC's survival depends on its ability to build and maintain positive long-term relationships with the stakeholders who support it financially and through collaboration. In the past, iDUC almost had to shut down due to a lack of supporting stakeholders. Their current supporting stakeholders (night club owners and the local university) are contributing to, and sustaining iDUC through either funding, or collaboration, or both. The supporting stakeholders have an interest in iDUC's survival, since the organisation is contributing to a safe environment for the university's students and the safety of visitors to the night clubs.

The research question this study wanted to answer was: What are iDUC's stakeholders' perceptions regarding communication between themselves and the organisation to maintain positive long-term relationships?

#### Theoretical perspectives

Despite the criticism against the two-way sym-

metrical model, we argued that two-way symmetrical communication would be the ideal to strive toward, given the small size of the CBO, the very small number of supporting stakeholders, and the personal relationship they share. We also argued that the relationship strategies identified in the stakeholder relationship management theory, supplemented by some stewardship strategies specifically for NPOs, should contribute to building and maintaining positive long-term relationships between iDUC and its new supporting stakeholders, towards the sustainability of the organisation. From the twoway symmetrical model, we identified dialogue, a participatory culture, effective conflict management and mutual understanding as crucial principles of effective communication between the CBO and its stakeholders. From the relationship management theory and stewardship theory, we identified relationship strategies and stewardship strategies, specifically relevant to the NPO sector which were integrated to form new CBO stakeholder relationship strategies.

Networking and task sharing were integrated to form a new strategy, networking towards task sharing. Access, positivity, and relationship nurturing were integrated into one strategy called relationship nurturing. Openness, responsibility, and reporting were integrated into a strategy called responsibility. Assurance and reciprocity were integrated into one strategy called reciprocity.

We used the above-mentioned principles and strategies as theoretical framework to guide the empirical part of the study.

#### Methodology

We employed a qualitative single case study research design. iDUC had only seven supporting stakeholders during the time of study. We used qualitative total sampling and included all stakeholders. Semi-structured interviews were con-

ducted with the participants because the structure allowed us to ask all participants questions on each of the communication principles and strategies, whilst allowing the freedom to add any information they deem appropriate, regardless of it being identified by the researchers beforehand. We combined a deductive and inductive approach in this study to provide a thorough understanding of participants' needs and expectations regarding communication with iDUC.

#### **Results and conclusions**

Participants indicated that dialogue, a participatory culture, effective conflict management and mutual understanding were crucial in their relationship with the CBO They also proposed networking towards task sharing, relationship nurturing, responsibility and reciprocity as critical CBO stakeholder relationship strategies for addressing their needs and building and maintaining a positive relationship with the CBO.

#### Limitations and future research

The empirical part of the study only included the supporting stakeholders of one small CBO. The inclusion of more stakeholders from more CBOs can build on the understanding of their needs and expectations regarding communication.

#### **Practical and social implications**

CBOs can contribute significantly to the wellbeing of society. The integrated CBO communication guidelines can be used to guide CBOs' communication with their supporting stakeholders to facilitate positive, long-term relationships towards the sustainability of the CBO.

#### **Keywords**

Community-based organisation (CBO) communication guidelines, Stakeholder relationship theory, Stewardship theory, Supporting stakeholders, Two-way symmetrical communication

# Communication and War: Hate Speech, Propaganda War and Denial of Facts in the Tigray Ethiopia War of 2020-2023

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The UN considers hate speech any kind of communication, verbal, written or behavioral, that is hostile or uses derogatory or discriminatory language against any person or group of people on the basis of who they are, or, in other words, on the basis of their religion, ethnic origin, nationality, race, skin color, social origin, gender and other identity factors. (Ismanov A., 2023)

Hate speech has been steadily on the rise during the past decade. Most importantly, hate speech has also appeared at the highest level of the public administration of some Member States, where transformation into policy is just one step away. The liberal stance towards hate speech was built on the presumption that the state and the social majority would uphold democratic standards under all circumstances, and distance themselves from hate speakers, who would inevitably remain outcasts. But when state representatives remain silent or openly support hate speech and hate crimes, this assumption holds no longer. The non-organized, individual haters derive authority from the failure of the state to intervene (BÁRD, 2020).

Warriors use communication beyond bullet to win the battle. But they use communication not in its good side. They use it in its destructive way amid wars. According to past experiences hate speech and propaganda war are used in wars.

Inflammatory hate speech catalyzes mass killings including genocide, according to scholars, survivors and, notably, some former perpetrators. By teaching people to view other human beings as less than human, and as mortal threats, thought leaders can make atrocities seem acceptable – and even necessary, as a form of collective self-defense. Such speech famously preceded the Holocaust, the 1994 genocide in Rwanda, and other intergroup mass killings, and unfortunately it is still rife in many countries at risk of collective violence, such as Nigeria, Myanmar, Egypt, and Greece. (Susan-Benesch)

Not only hate speech is applied in wars, but warriors also use denial of massacres and genocides. Warriors deny what they did in wars and try to defame their opponents by labeling the acts even done by themselves. Not only denying the facts, but warriors block all gates of information access. They do not allow the media to report what is happening and is being done during the war. Such kind of situation causes wars to continue all over the world and it harms the victims. Let's look at some literatures on this case.

Denial and distortion of the Holocaust and denial of genocide harms victims and survivors of these crimes and can constitute hate speech by advancing negative stereotypes of individuals or groups based on their identity, explicitly or implicitly. Denial of past atrocity crimes is also a warning sign of societal fragility and of the potential for violence. Today, more than 75 years after the Holocaust and more than 25 years after the genocides in Bosnia-Herzegovina and Rwanda, the continued persistence of speech denying or distorting the historical reality of these genocides is a source of serious concern that all stakeholders should confront. (UnitedNations, 2022, p. 4 Introduction)

The purpose of this research is to investigate how communication plays its role in the Tigray Ethiopia war of 2020-2023. We will examine specifically hate speech, propaganda and denial of facts amid the war. Methods of the research includes but not limited to document analysis, interview, and discussions. Speeches of officials and activists and agenda framing of the media amid the will be interpreted and analyzed.

The study is going to be limited temporarily to the Tigray region. But if necessary and applicable the chance is not encircled geographically and methodologically.

This study can have multifold contributions from regional to global arena. Universally this study can help policymakers give due emphasis to communication in their policies. This research can be utilized by policy makers in widening communication landscape and media democratization as well as freedom of speech.

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# A smile is worth a thousand words: The role of internal communications in nurturing an emotional culture of joy at work

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#### Introduction and purpose of the study

The importance of having happy, engaged employees is gaining momentum in popular media, research studies, and organisational policy. Emotional culture within organisations has a significant influence on how employees feel and thereby act, consequently impacting business outcomes and company reputation. An emotional culture of joy is a key manifestation of positive collective emotions, characterised by good humour, cheerfulness, conviviality, fun, happiness, delight and enthusiasm, and is considered instrumental in employee flourishing, performance and resilience (Barsade & O'Neill, 2016; Hartmann et al., 2020; Men & Robinson, 2018; Yue et al., 2021). Internal communications practices shape workplace culture, however studies into the relationship between internal communications and positive emotional culture have been limited.

This study is the first of its kind in focusing on the role of internal communications professionals in nurturing an emotional culture of joy, entailing three research questions:

- 1. What factors influence the emotional culture of joy in the workplace?
- 2. How can internal communications professionals nurture an emotional culture of joy?
- 3. What challenges do they face in doing so?

#### Literature review

Joy and well-being at work have been the topic of various research papers, but no studies have explicitly looked at the link between an organisation's internal communications function and the emotional culture of joy. Although it is one of the strongest drivers of employee satisfaction and company commitment (Barsade & O'Neill, 2016), joy is difficult to define and measure, despite early attempts to develop a scale to validate its presence in a work setting.

Previous studies on organisational emotional culture and communication practices favoured online surveys and identified the need to gather communications managers' perspectives about cultivating the desired emotional culture. By focussing on the significant role that internal communication can play in nurturing an emotional culture of joy, as a key factor behind employee well-being, this study contributes to developing new theory on the link between organisational communication and positive emotional culture

through a co-oriented approach that incorporates both internal communications professionals' and employees' perspectives.

#### Methodology

Twenty semi-structured interviews were conducted with two samples: ten internal communications professionals, and ten employees in non-communications functions, which allowed comparison between opinions about the factors influencing joy in the workplace. Non-probability volunteer sampling identified participants of different ages, genders and experience, and who worked at a variety of organisations from a total of nine different countries across mainland Europe (Austria, Denmark, France, Germany, Italy, The Netherlands, Poland, Spain and Switzerland). Coding categories following a grounded theory approach were used to analyse the data.

#### **Results and conclusions**

The results demonstrate that joy at work stems from factors including: having a connection to the company, meaningful work, a pleasant working atmosphere, room for personal expression, good relationships with co-workers and managers, and receiving recognition. However, the concept of joy at work is somewhat stigmatised, placing internal communicators in a difficult position to argue for greater prioritisation and resources. Internal communicators are seen as having a responsibility to foster joy at work - and while this responsibility does not rest with them alone, communicators' multifaceted skill sets and unique organisational position enables them to rally others around strategies to improve workplace culture. Accounting for the recent surge in remote working and changes in the ways employees meet and forge connections, participants of the study suggested a mix of strategies that include: 1) authentic, symmetrical and transparent communication; 2) responsive and motivating leadership language; 3) role modelling and incentivising behaviours conducive to joy; 4) enhancing employee understanding/ acceptance of company purpose and direction; 5) empowering employees with channels and networks to stimulate better workplace interactions and relationships; and 6) active internal listening to create an open and pleasant working environment.

Further research would be valuable in testing and validating these findings – in particular, quantitative research methods using larger samples, longitudinal studies comparing workplace emotional culture before and after the implementation of communications strategies, and case studies as well as manager interviews to detail what factors affect the success of planned strategies. Efforts to develop methods/tools to better measure and compare workplace joy would also be useful.

#### **Practical and social implications**

As an emerging area of research, the link between internal communications and emotional culture is still being established. This study contributes towards understanding how a more deliberate focus on employee well-being – specifically, an emotional culture of joy – can be established via strategic communication efforts. It highlights how communicators can utilise their role and position within an organisation to implement measures that do not always require extensive resource investment or in-person presence, but nevertheless mobilise and enable employees in forging meaningful connections and a more positive workplace culture.

#### **Keywords**

joy, internal communication, emotional culture, employee well-being

# Get Closer: How Personality Tests Enhance Brand Awareness, Attitudes, and Engagement?

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#### **Introduction and Purpose of Study**

Personality tests are mechanisms to measure and categorize individuals' unique characteristics, and they have gone viral on the global internet in recent years. The Myers-Briggs Type Indicator (MBTI) test, as one of the forms, is increasingly popular among young generations in China and Korea (Seo, 2022; Yang, 2023). The test is used for socialization in life among youth, including speed dating, like-minded people identification, increased feeling of well-being, and adopted by some employers for talent recruitment. Merchants also capitalize on the tests to develop peripheral products, expanding their commercial values (Yang, 2023).

Following the trend, well-known brands like Disneyland and Loewe have introduced their personality tests to attract consumers' attention (Carter, 2023; Disney News Contributor, 2014). Psychologists have extensively examined its acceptance and approval motives and attributed them to the "Barnum effect," which proposes that individuals tend to accept general descriptions as applicable to themselves. Other recent studies have linked the use of MBTI to adolescents' mental well-being (Hua & Zhou, 2023). However, few studied the personality test as an innovative mechanism for brands to enhance consumer engagement in the field of marketing communication. Therefore, this study serves as

the first to examine the effectiveness of using personality tests for consumers' brand awareness, brand attitudes, and social motivations to engage with the brand.

#### Literature Review

The study follows the rationale of the Hierarchy of Effects Model (HEM) (Wijaya, 2015) to examine the effectiveness of using personality tests for consumers' engagements. The model suggests a hierarchic way of reacting to marketing communication messages and contains three core stages, cognition, affect, and conation respectively. Responding to the stages, the study focuses on brand awareness (cognition), brand attitudes (affect), and social motivation to engage with the brand (conation). The concept of brand awareness comes from brand equity, and brand attitudes and social motivations of brand engagement are adapted from the dimensions of brand engagement (Xi & Hamari, 2019).

We define the personality test as a creative marketing communication and social tool with the Barnum effect for brands to attract consumers. The personality test is unique compared to other marketing communication tools as it is designed with highly interactive interfaces. Meanwhile, the personality test also features gamification. Since scholars have shown that gamification and interactive content can enhance consumer

engagement (e.g., Bittner & Shipper, 2014), we thus hypothesized:

- H1: The use of personality tests positively influences consumers' brand awareness.
- H2: The use of personality tests positively influences consumers' attitudes towards the brands.
- H3: The use of personality tests positively influences consumers' motivations to engage with the brand.

#### Method

The study was based on a cross-sectional survey design on Qualtrics. Purposive and snowball sampling were used to locate participants who had participated in a brand's online personality test(s) within the past six months. A total of 170 valid responses were finally obtained from Hong Kong from November 12th to 15th, 2023. Reliability tests for each variable are alpha = 0.73 for the use of personality test; alpha = 0.89for brand awareness; alpha = 0.82 for attitudes towards the brand; alpha = 0.80 for social motivation to engage with the brand. With SPSS software, Pearson's partial correlation was performed to test the relationships among the use of personality, brand awareness, brand attitudes, and social motivations of brand engagement. Demographics (i.e., gender, age, education level, monthly salary) and frequency of Internet use were controlled.

#### **Results and Conclusions**

After running Pearson's partial correlations and entering demographic variables and frequency of Internet use as controls, the results showed that using personality test was related to brand awareness, r(163) = 0.23, p < 0.01; brand attitudes, r(163) = 0.30, p < 0.001; and social motivations to engage with the brand, r(163) = 0.41, p < 0.001. All the hypotheses were thus supported. The correlation matrix also showed positive correlations between brand awareness and

brand attitudes, r(163) = 0.68, p < 0.001, and social motivations of brand engagement, r(163) = 0.55, p < 0.001; positive correlations between brand attitudes and social motivations of brand engagement, r(163) = 0.74, p < 0.001. It merits a mention that the correlation between using personality tests and social motivations of brand engagement (H3) is stronger than the other two (H1 and H2), while the correlation indicating H1 is the weakest. It may suggest that using personality tests could influence consumers' brand engagement more than brand equity.

#### **Practical and Theoretical Implications**

The current study presents a unique theoretical perspective by examining the effectiveness of a creative branding mechanism on consumer engagement. It further extends the literature regarding personality tests in psychology into the field of marketing communication. It also supports the HEM model by demonstrating the positive correlations between cognition, emotions, and conation. Practically, the study may enlighten brands to use personality tests as a strategic tool to enhance consumers' brand engagement. The produced Barnum effect using personality tests may form a sense of belonging and good feeling to the brand among consumers. It may also lay the foundation for brands to use personalized engagement to strengthen the connection between consumers and companies.

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#### **Keywords**

Personality tests, brand awareness, brand attitudes, brand engagement

# The Effects of Digital Activism on Social Wellness of Digital Natives in Singapore

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Companies today are forced to face an increasingly complex set of pressures and demands from multiple stakeholders. The convenience and ease of social media have facilitated digital activism and advocacy for individuals' or groups' social and/or political causes, and companies are pressured to represent publics' causes if they wish to protect their business interests (The RepTrak Company, 2021). In their struggles to manage stakeholder communication in a hyperconnected business environment, business leaders and scholars question the psychology of online activism. Many seek to understand the psychological wellbeing of activists. Some studies (e.g., Klar & Kasser, 2009) have shown that individuals that participate in digital activism do so because such activities help them to find meaning in their lives, encourage self -presentation and expression, and seek social support. When individuals engage in activism, they share an identity with fellow advocates and would compare themselves to others. When perceiving their "in-group" more positively than "out-groups", activism enhances their self-image and social well-being (Drury & Reicher, 1999).

In contrast, research in sociopsychology reported that such activists who are also heavy users of digital media were 48% to 171% more likely to

be unhappy with life, low in wellbeing, anxious, or tend to care more about social comparison and have lower self-esteem (Twenge & Campbell, 2019). Given that such online activism can result in financial and social damages for private and public organisations, this study seeks to better understand the social wellness of digital activists in Singapore. It is paramount that communication professionals, when managing today's highly polarized online audiences, are aware of the sociopsychology profiles of activists despite mixed results from research. With an 84.7% active social media user penetration rate in Singapore, the prominence of social media in everyday life may encourage more digital activism as the younger segments of society use these platforms to influence social change and local politics. Comprehending activists' social well-being can therefore better equip communication professionals to connect and build meaningful relationships with these stakeholder groups. Hence, informed by literature, this study developed a hypothesized framework to predict online activism's (independent variable) positive association with individuals' anxiety (mediator) which further predicts individuals' 1) satisfaction with life, 2) self-esteem, and 3) social comparison (dependent variables).

An online survey administered through an independent firm was conducted between October and November 2022. A total of 600 participants who are Singapore citizens and permanent residents participated in the study. They were aged 21 to 40 years, and our sample is representative of gender and multi-ethnicity of the Singapore society. Participants were surveyed for their demographics and responses to the examined factors needed to test our hypothesized model, i.e., digital activism activity, social media use, anxiety, satisfaction with life, self-esteem, and social comparison. The data was analysed using Model 4 from PROCESS macro V4.2 on IBM SPSS.

Our findings revealed that individuals who participate in social and/or political causes on social media tended to feel more anxious (p< .001). Moreover, individual levels of anxiety were found to be negatively associated with self-esteem (p< .001), and positively associated with social comparison (p< .001). However, no significant association was detected between anxiety and life satisfaction (p= .409).

Our study did not reinforce literature that suggested activism's benefits to well-being. First, this could be due to the strict monitoring and censuring of social media content observed in Singapore. Hence, those who participate in activism might feel vulnerable and subjected to social evaluation and scrutiny by others, whether negative or positive (Carleton, et al., 2007). Second, with Singapore's introduction of the Protection from Online Falsehoods and Manipulation Act (POFMA) in 2019, this might have induced a tendency of self-censorship and passivity amongst the public. Consequentially, this renders digital activists more conspicuous and as the "out-group" of Singapore's society. With heightened vulnerability and anxiety, the negative impact on self-esteem is not surprising. Satisfaction in life could have been non-significant as Singaporeans might hold values and expectations that are more primary over those which are

hedonistic and eudemonistic.

There are practical implications for communication practice and governance, and a twopronged framework could be explored to holistically address the potential impact of digital activism on Singapore activists. To build relationships and brand loyalty, practitioners cannot adopt a one-size-fits-all approach to brand activism as consumers from different cultures may respond differently. With potential adverse effects on Singaporeans, companies should design activism plans that are not only authentic, but responsible and ethical. Safeguards should be incorporated to mitigate the negative impact on all stakeholder groups, such as calibrating the type of activities and reducing the scrutiny from activists seeking benefits to be part of an "ingroup". Additionally, the government should not stifle citizen advocacy while hoping to bolster society from digital harms.

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# Fostering Diversity, Equity, and Inclusion in Organizations: Perspectives from Public Relations Leaders

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#### **Introduction and Purpose**

Public relations has historically spearheaded social campaigns, significantly impacting public opinion through advocacy and communication efforts. Now, the field is embracing a critical role in advancing diversity, equity, and inclusion (DEI) initiatives, an area that remains relatively uncharted in public relations research (Mundy & Bardhan, 2023).

This study aims to broaden the understanding of DEI within the context of public relations scholarship. Through qualitative analysis, it seeks to uncover how leaders in public relations define and interpret DEI, assesses the DEI efforts undertaken by organizations to cater to a diverse range of stakeholders, evaluates the contribution of public relations in propelling the DEI agenda forward, and pinpoints the obstacles public relations professionals encounter in the execution of DEI initiatives.

#### **Literature Review**

Early pioneering studies indicated that DEI was not prioritized by communication professionals (Hon & Brunner, 2000). The momentum shifted following the PR Coalition's establishment in 2005, advocating for public relations' leadership in DEI, and was further accelerated by the tragic events of 2020—the killings of George Floyd, Breonna Taylor, and Ahmaud Arbery—propelling DEI back into the spotlight for public relations scholars (Mundy & Bardhan, 2023). Current research covers a variety of topics, such as the role of leadership in DEI efforts, the current state of DEI in public relations education, and strategies for engaging with diverse publics.

The public relations industry bears an ethical and moral obligation to lead by example, showcasing the significance of language use in promoting social justice and fostering organizational culture where DEI principles are integral (Wakeman, 2021). As such, it is natural for professionals in public relations to embrace the roles of champions, advocates, and storytellers, working to enhance the way in which we interact with stakeholders universally.

#### Methodology

This study adopted semi-structured interviews and used purposive and snowball sampling techniques to select participants. Our aim was to

engage senior-level public relations professionals from a variety of industries within the United States. To this end, we reached out to public relations leaders within our network, including those who had been honored with diversity awards, to recommend individuals who could offer insightful perspectives on DEI within public relations. As a result, our sample consisted of 30 participants: 20 identifying as female and 10 as male. In terms of racial diversity, our group included 10 Black or African American participants, 14 White, two Hispanic, and four Asian/Pacific Islander individuals. The interviews were conducted remotely via Zoom between March and July 2023.

#### **Results and Conclusions**

First, we found that organizations across various sectors have implemented a broad array of DEI initiatives targeting both internal and external stakeholders. Internally, initiatives focus on fostering an inclusive culture through employee resource groups, bias training, mentorship programs, and promoting diversity in recruitment and retention. Externally, efforts include community engagement, supporting minority and women-owned businesses, and programs aimed at addressing equity issues.

Second, participants highlighted key roles of public relations in advancing organizations' DEI efforts: (1) acting as strategic advisors to leadership, (2) serving as connectors to facilitate dialogue, (3) advocating for DEI as the organizational conscience, and (4) emphasizing important DEI issues and stories as storytellers.

Third, DEI benefits organizations by boosting sales, productivity, and reputation, creating a culture of belonging. It boosts business competitiveness by attracting a more diverse workforce and customer base. DEI initiatives also drive employee engagement and morale while also fulfilling heightened expectations from employ-

ees, customers, and investors for corporate accountability. Moreover, engaging in DEI efforts is crucial in preventing or mitigating potential crises, positioning DEI as indispensable for sustained business growth and, in some cases, for the survival of the business itself.

Finally, the key challenges in communicating and enacting DEI include a lack of commitment from leadership and navigating the complexities of diverse stakeholder expectations. Participants highlight the importance of genuine, sustained efforts rather than performative actions, emphasizing the need for leadership buy-in, adequate resources, and a strategic approach to communications focusing on actions and advocacy. The future of DEI is seen as a continuous journey, requiring patience, persistence, and a focus on genuine cultural change within organizations to address systemic issues.

#### **Practical and Social Implications**

This research provides valuable practical insights for public relations professionals engaged in DEI efforts. Our findings illuminate several key strategies for public relations to inspire, engage, and rally both organizational leaders and employees around DEI initiatives. Furthermore, we pinpoint the limitations of current metrics used by organizations to gauge DEI progress, advocating for more sophisticated approaches that transcend mere numerical assessments. Last, we outline several challenges and opportunities for public relations professionals tackling DEI issues, offering an overview of the landscape for those committed to enhancing DEI outcomes.

#### Keywords

DEI; diversity; public relations leaders; in-depth interviews

# Public Relations Meets Artificial Intelligence: Assessing Utilization and Outcomes

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#### **Introduction and Purpose**

The evolving AI landscape offers both opportunities and challenges for communication and public relations. According to a USC Annenberg report (2023), 80% of professionals believe AI will be crucial for public relations, with applications ranging from big data analytics to chatbots. However, the integration of AI also raises issues of talent, competency, staff support, and ethical concerns (Zerfass et al., 2020).

This study addresses the evident but under-explored potential of AI in public relations. It aims to fill the gap in existing literature, which is scattered and lacks extensive empirical evidence. Through semi-structured interviews with industry professionals, the study explores three key areas: 1) the current landscape of AI adoption in public relations by organizations; 2) the impact of AI on public relations effectiveness; and 3) challenges, risks, and barriers encountered in integrating AI into public relations practices.

#### Literature Review

As AI gains traction in newsrooms and marketing, its potential in public relations is just emerging (Waddington, 2023). Al's integration into

public relations and strategic communication is challenging, requiring human-like thinking and strategy. Despite these complexities, academic and industry discussions are evolving around AI's role in relationship management, ethics in AI for public relations, and the future of AI in public relations at large (Galloway & Swiatek, 2018; Gregory et al., 2023).

AI in public relations introduces challenges concerning privacy, ethics, and core principles. First, AI systems are built upon prediction tasks that require training datasets reflecting human knowledge. Privacy concerns can emerge from these training datasets, both during their creation and after the development of AI systems. Second, the application of AI systems in the public relations industry raises significant ethical concerns, particularly within the context of communication strategies and programs that have traditionally emphasized values such as transparency and authenticity. For example, most normative theories regarding public relations practice (e.g., dialogic theory) have emphasized reputational and relational outcomes. The field has yet to reach a consensus on how mediated technologies between humans might prevent public communication programs from

achieving such outcomes (e.g., Kent & Theunissen, 2016), here come AI systems where the content, messages, and even the communicators themselves could be fabricated and automated. Developing relationships with stakeholders using AI-enabled tools thus further challenges the fundamental doctrines of ethical public relations practices and poses epistemic threats. It is conceivable that in the near future, what stakeholders perceive as an authentic and transparent response imbued with organizational care may, in reality, originate from an automated machine, blurring the line between ethical and deceitful behavior.

#### Methodology

In this study, qualitative in-depth interviews were used to gather data. Participants were selected using purposive and snowball sampling, targeting those with significant expertise in public relations. Interviews were conducted via Zoom with 20 public relations professionals from various industries, including 14 men and 6 women. The majority, 14 participants, had over 20 years of experience in public relations, and 18 were in executive or senior management roles. This diverse group represented several countries, including the United States, the United Kingdom, Canada, and the Netherlands.

#### **Results and Conclusions**

The study found that generative AI tools like ChatGPT and Midjourney are being widely adopted by public relations professionals. Practitioners are using these tools for tasks like content generation, text refinement, media analysis, and meeting transcription. Most professionals believe AI will significantly transform the PR industry and are undertaking self-directed learning to develop AI skills.

Participants agreed that while AI enables practitioners to produce high volumes of content, merely increasing output does not guarantee

communication effectiveness. Professionals believe AI cannot yet replicate the nuanced emotional intelligence involved in building human relationships. However, some think AI could augment organization-public relationship building by freeing up time for more meaningful stakeholder interactions.

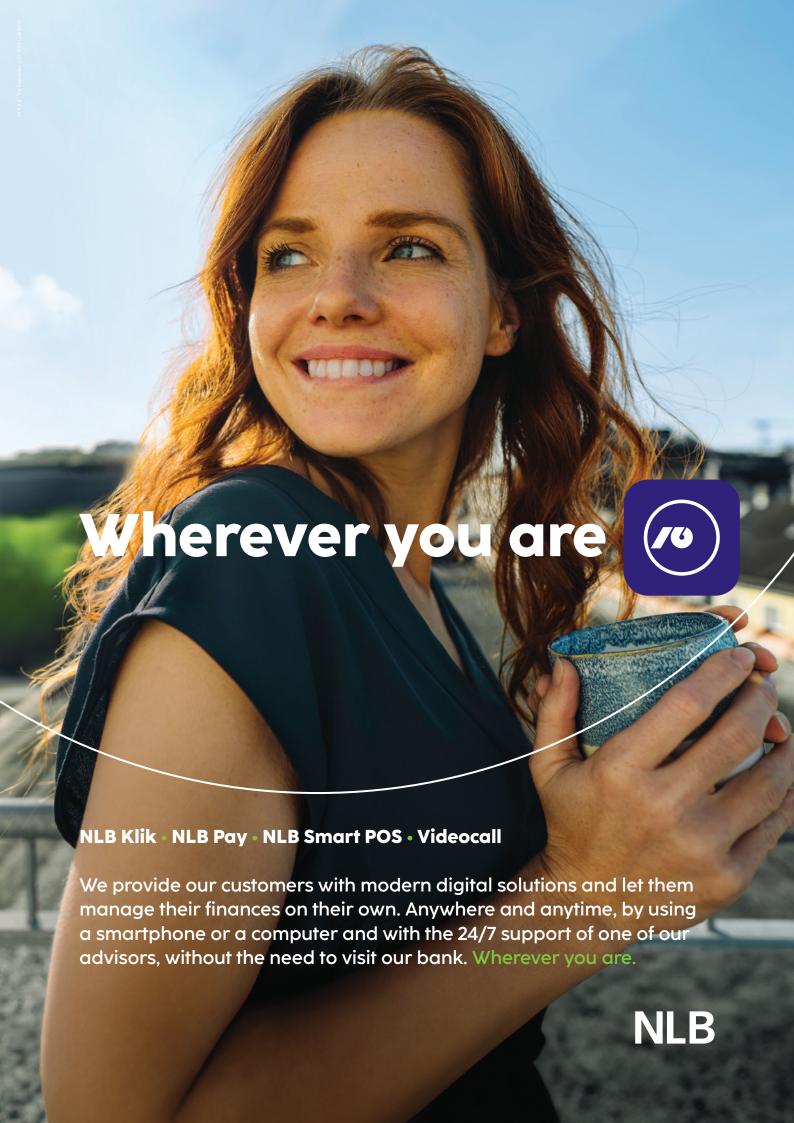
To ease AI adoption, interviewees recommend more training, encouraging experimentation, communicating AI's value, and securing leadership endorsement. However, resistance remains due to fears about job loss, ethical risks, and infrastructure limitations. Ongoing concerns include potential bias, misinformation at scale, data privacy, attributing AI content sources properly, and intellectual property infringement. Nonetheless, practitioners express cautious optimism about AI's future in PR with human creativity and strategic oversight retaining importance.

#### **Practical and Social Implications**

implications include adopting open-minded approach to AI adoption, evaluating communication needs, establishing AI infrastructure, and formulating pertinent policies. Communication leaders must collaborate across departments for effective AI deployment. The paper also underscores the importance of transparent communication about AI's role and implications, emphasizing the need for upskilling and ethical training. At the functional level, leveraging AI for audience engagement and maintaining a balance between human creativity and machine precision is advised. Professionals should embrace continuous learning to adapt to AI-induced job transformations and utilize AI for enhanced efficiency and work-life balance.

#### Keywords

AI; adoption; ethics; AI in public relations









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