

POROUS HA/ALUMINA COMPOSITES INTENDED FOR  
BONE-TISSUE ENGINEERINGPOROZNI HA/ALUMINIJEVI KOMPOZITI, NAMENJENI ZA  
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doi:10.17222/mit.2016.191

Ceramic biomaterials based on hydroxyapatite (HA) or alumina have been intensively studied due to their load-bearing applications in the bone-tissue replacement/reconstruction and dental applications. Here we present a study of the preparation and properties of HA/alumina (HA/Al) composites with a targeted porosity. The HA powder used for the composite's preparation was synthesized via a precipitation method under a variety of pH values. The resulting powders were verified with XRD, Raman and FTIR analyses. The particle size was assessed via SEM and laser diffraction. The as-prepared HA nanopowder and alumina powder (median 3  $\mu\text{m}$ ) were homogeneously mixed having a composition of HA/Alumina = 90/10 (w/w). A suspension with 65 % mass fraction of the powders was properly mixed and, with the help of foaming agents, it was foamed in situ. The behavior under an increasing temperature was studied, using a heating microscope and dried foams were sintered under determined temperatures. The final sintered foams were examined in vitro in a synthetic body fluid, which predicted the behavior of bone implants in vivo. The behavior of the treated samples was studied with SEM. The newly formed HA composites were confronted with  $\text{Ca}^{2+}$  and  $\text{PO}_4^{3-}$  contents in the applied body-fluid solution.

Keywords: hydroxyapatite/ $\text{Al}_2\text{O}_3$  composite, ceramic scaffolds, in-vitro bioactivity, SEM

Keramični biomateriali na osnovi hidroksiapatitov (HA) ali aluminijevega oksida so bili sistematsko preiskovani zaradi njihove najboljše nadomestne vloge pri nadomeščanju kostnega tkiva/rekonstrukciji in pri zobnih vsadkih. Predstavljena je študija priprave in lastnosti kompozitov HA / aluminijevega oksida (HA / Al) s ciljem preizkusa poroznosti. HA prah, ki se uporablja za pripravo kompozitov, smo sintetizirali po postopku obarjanja pri različnih pH-vrednostih. Dobljene praške smo preverili z XRD-, Raman in FTIR-analizo. Velikost delcev je bila ocenjena s pomočjo SEM in z lasersko difrakcijo. Pripravljen nanoprašek (HA) in aluminijev oksid v prahu (median 3  $\mu\text{m}$ ) sta bila homogeno premešana v mešanico HA/aluminij 90/10 (w/w). Suspenzija s 65 masnimi % praškov je bila ustrezno mešana in s pomočjo penil spenjena in situ. Raziskovali smo obnašanje v okviru naraščajoče temperature, uporabo pod ogrevanim mikroskopom in suhe pene so bile sintrane pri določenih temperaturah. Končne sintrane pene so bile pregledane in vitro kot sintetične tekočine, ki so napovedale obnašanje kostnih vsadkov in vivo. Obnašanje obdelanih vzorcev smo preučevali s SEM. Pri vstavitvi oz. stiku s telesno tekočino so bili na novo oblikovani HA v stiku z  $\text{Ca}^{2+}$  in vsebino  $\text{PO}_4^{3-}$ .

Ključne besede: hidroksiapatit/ $\text{Al}_2\text{O}_3$  kompozit, keramična ogrodja, bioaktivnost in vitro, SEM

## 1 INTRODUCTION

The load-bearing system of humans, although it is very durable, can sometimes lose a vital part due to injuries, illnesses or wear. In this case, it is necessary to replace the original tissue with suitable implants. The first attempts to replace bone tissues is dated back to the early years before Christ, but the intensive development of this research area underwent a boom in the second half of the 20<sup>th</sup> century. Nowadays, the 2<sup>nd</sup> and 3<sup>rd</sup> generations of biomaterials are in progress. Hydroxyapatite belongs to biocompatible materials with osteoconductive and osteointegrating properties and exhibits chemical and physical analogies to the minerals present in human bones and teeth.<sup>1-2</sup> Although HA exhibits excellent bio-properties, its clinical application failed due to poor mechanical properties, a long remodeling time and a relatively slow rate of osteointegration.<sup>3</sup> So, the reinforcement of HA become part of the research. In recent

works, HA ceramics were reinforced with metals, polymers or toughened zirconia ceramics.<sup>4-6</sup>

A synthesis of HA at the nanoscale has been studied very often. There are many ways of how to prepare a powder with targeted properties (i.e., at least one dimension under 100 nm). The wet procedures under the conventional or non-conventional conditions, especially precipitation, hydrothermal, sonochemical or microwave treatments, are used most commonly.<sup>7-9</sup> The sol-gel technique of an HA synthesis exhibits a high level of HA-powder homogeneity; nevertheless, the secondary formed calcium oxide represents extraction and biocompatibility problems.<sup>8</sup> The variability of the preparation of a ceramic foam is extremely wide. An in-situ foaming procedure favors scaffold-preparation procedures due to the possibility of controlling the porosity with an exact diameter, in comparison with the

widely used replica method using a polymeric sponge.<sup>10–11</sup>

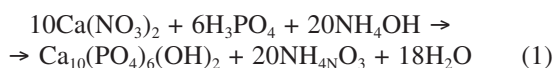
The composite preparation was based on the same procedures. The HA matrix was reinforced with ceramic-oxide constituents such as zirconia, titania, silica, yttria, bioglass or alumina.<sup>3,6,12–18</sup> Alumina oxide is a cost-effective and well-accessible option for enhancing HA properties, especially the mechanical properties. The mechanical strength of a porous human bone is in a range of 2–12 MPa.<sup>19</sup> The reported values for pure HA are in a range of 1.2–16 MPa, depending on the foaming process.<sup>20</sup> A positive alumina contribution to the mechanical strength was recently reported by I. Sopyan et al.<sup>21</sup> and L. L. Wang et al.<sup>17,22</sup>

The presented paper introduces an overall scaffold preparation based on an hydroxyapatite matrix reinforced with an alumina-oxide addition. The physical properties and in-vitro behavior of the final porous scaffolds are presented.

## 2 EXPERIMENTAL PART

### 2.1 Synthesis of the hydroxyapatite powder

The hydroxyapatite powder was synthesized via a simple precipitation method from calcium nitrate ( $\text{Ca}(\text{NO}_3)_2 \cdot 4\text{H}_2\text{O}$ ; puriss; LachNer; the Czech Republic) and phosphoric acid ( $\text{H}_3\text{PO}_4$ ; puriss; Penta; Czech Republic) precursors. The syntheses was carried out under laboratory conditions and via the reaction mechanism given in Equation (1):



Aqueous solutions of precursors ( $\text{Ca}^{2+}$  concentration – 1.3 mol/L;  $\text{PO}_4^{3-}$  concentration – 1 mol/L) were simultaneously added dropwise into an aqueous solution with a controlled pH value. The pH value was varied from 1 to 9.6 and adjusted with an addition of ammonium hydroxide ( $\text{NH}_4\text{OH}$ ; puriss; LachNer, the Czech Republic). To assess the reaction kinetics, turbidimetric measurements of the formed precipitates (2100Q Hach) combined with the reaction-yield determination were conducted. The precipitated products were centrifugally separated, washed and dried at 80 °C. The prepared powders were analyzed in the terms of phase and chemical compositions and morphology (an EMPYREAN Panalytical diffractometer in the central focusing arrangement using  $\text{Co-K}\alpha$  radiation, the Netherlands; a FTIR spectrometer Nicolet iS50 Thermo Fisher Scientific, U.S.A.; and an EVO CS10 ZEISS electron microscope equipped with an energy-dispersive analyzer with an Oxford X-Max 80 mm<sup>2</sup> detector in the back-scattering mode, respectively).

### 2.2 Scaffold fabrication and characterization

The synthesized HA powder and commercial alumina powder (Nabalox 325; Nabaltec AG, Germany) were

properly mixed at a HA/alumina ratio of 90:10. The aqueous suspensions containing 55 % mass fraction of the HA solid loading and 65 % mass fraction of the composite solid loading were homogenously mixed to avoid the unfavorable agglomeration. The foaming agent (Schäumungsmittel Zschimmer&Scharz GmbH & Co, Germany) was added to the prepared suspensions with a concentration of 0.25 % mass fraction. The given concentrations of the solid loading and the foaming agent were previously experimentally determined. After the agent addition, the mixing rate of the magnetic stirrer was immediately accelerated to initialize the foaming process (up to 1000 min<sup>-1</sup>). The foamed suspensions were cast in an open aluminium-foil mould with dimensions of (1 × 1 × 1) cm and (2 × 2 × 2) cm for apatite-forming-ability tests and determination of the mechanical properties, respectively. To avoid the formation of unfavourable cracks, the drying process was carried out in several steps – at 50 °C for 4 h; 80 °C for 10 h and, finally, 105 °C for 3 h. Dried samples were demoulded and heated to 600 °C for an organic-species removal and to 1250 °C (the temperature determined with a heating microscopy analysis (EM 201 Leitz, Germany) to carry out the foam consolidation. The porosity evaluation was examined using mercury intrusion porosimetry (Poremaster Quantachrome, U.S.A.), an image analysis (Stemi 508 ZEISS, Austria; processed via ImageJ software) and Archimedes' bulk-density determination (ISO EN 5017 2013). The mechanical properties of porous scaffolds were calculated from stress-strain curves using a universal mechanical testing machine (5985C INSTRON, U.S.).

### 2.3 Apatite-forming-ability testing

The behavior of the samples in the human body was simulated with a stability test. The samples were thoroughly immersed in a modified simulated body liquid (SBF) prepared via Kokubo's procedure<sup>23</sup> and soaked for (7, 14 and 28) d in an incubator chamber at 37 °C. The surfaces of the treated samples were observed

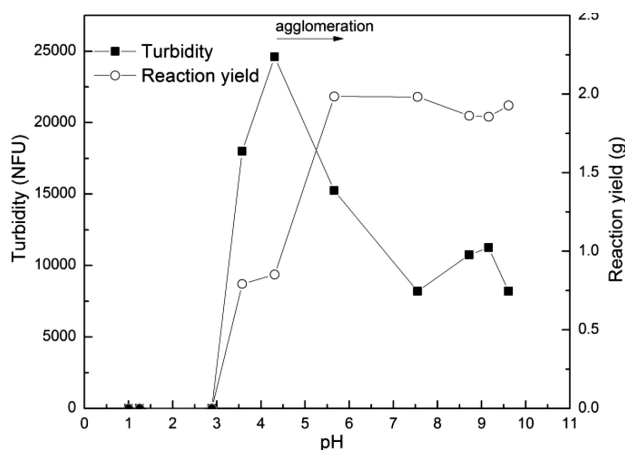


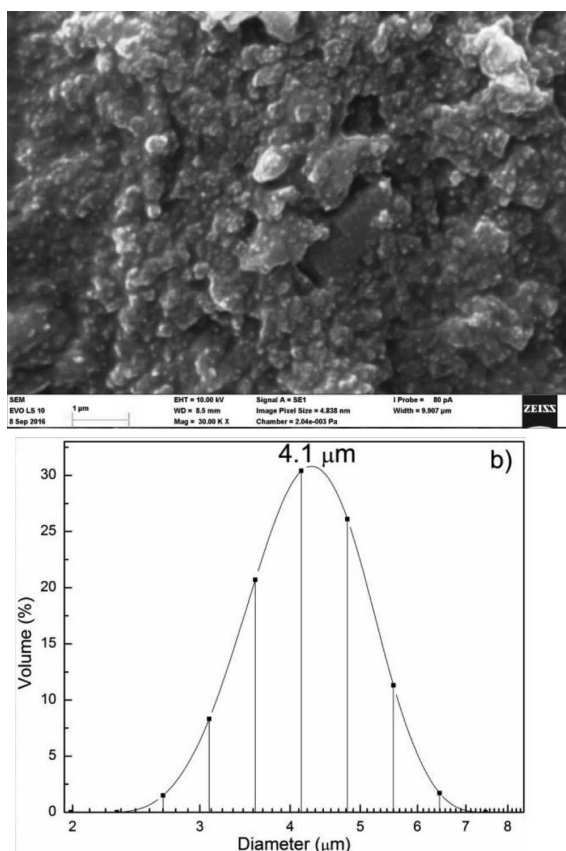
Figure 1: Turbidimetry and reaction yield as a function of pH

with SEM. The concentrations of  $\text{Ca}^{2+}$  and  $\text{PO}_4^{3-}$  in pure and treated SBFs were analyzed using ion chromatography (Metrosep C4 15/4.0 Metrohm, Switzerland) and ICP-OES (Ultima 2 Jobin Yvon Technology, France).

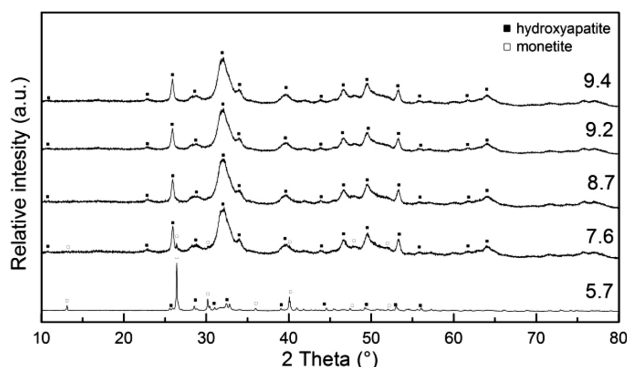
### 3 RESULTS AND DISCUSSION

#### 3.1 Hydroxyapatite characterization and in-situ foaming

The hydroxyapatite formation was studied by means of reaction kinetics using turbidity measurements. **Figure 1** describes the yield and turbidity of the reaction product as a function of pH. An increase in pH from 1 to 6 increased the turbidity values and the product yield. The maximum turbidity was reached at a pH of 4 and corresponded to the colloidal character of the nucleated and grown HA particles. After this value, the precipitated particles started to flocculate and the suspension became unstable. Large-sized particles started to agglomerate and the sediment corresponded with lower turbidity values, whereas the yield of the reaction was unchanged.<sup>8,24</sup> The high level of agglomeration was confirmed with a morphology analysis and laser-diffraction measurements (**Figure 2**). The phase purity and crystallinity of the prepared powders are given in **Figure 3**. A strong dependence of the precipitation reaction on the pH is obvious (**Figure 3** and **Table 1**). A pH below 7



**Figure 2:** Synthesized hydroxyapatite powder: a) morphology, b) particle-size distribution



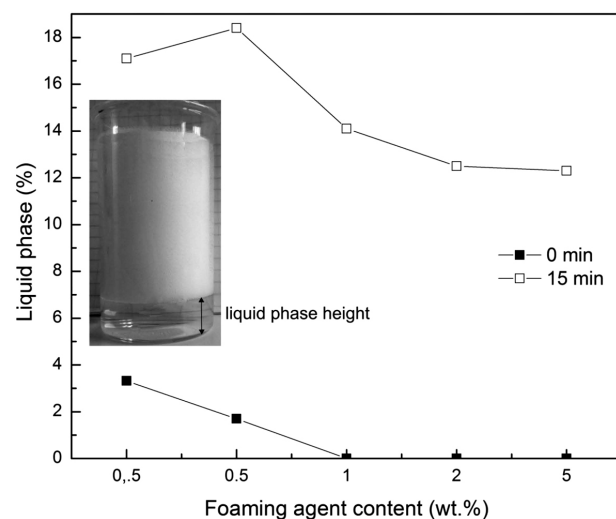
**Figure 3:** Dependence of the HA-product phase purity on the pH value

exhibits a heterogeneous system based on hydroxyapatite and monetite (ICCD 01-089-6438 and ICCD 01-070-0359, resp.). Similar kinetics was observed in several works where a phase-pure HA powder with nanodimensions, but agglomerated, was also synthesized.<sup>8,25–26</sup> Based on the results summarized above, the optimum pH of the reaction was set to 8.7. The HA powder used for the in-situ foaming was successfully and repeatedly prepared on large scale, with a 100 % phase purity and the mean agglomerate size of about 4 μm.

**Table 1:** Phase analysis of the synthesized HA powders under different pH values

pH	Monetite – $\text{CaHPO}_4$ (w/%)	Hydroxyapatite – $\text{Ca}(\text{PO}_4)_3(\text{OH})$ (w/%)
4.5	100	0
5.7	87	13
6.6	18	82
8.7	0	100
9.2	0	100
9.4	0	100

A significant factor for the successful foaming of the prepared suspensions was the stability of the foam



**Figure 4:** Foam-stability test in terms of time dependence

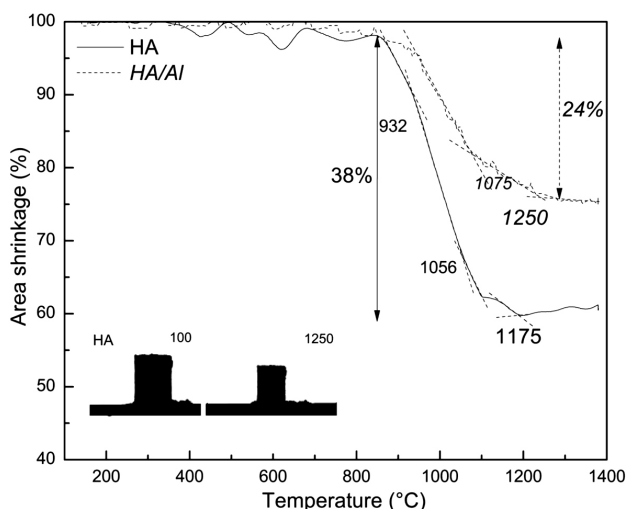


Figure 5: Sintering study provided with a heating microscope analysis

prepared without a ceramic powder. This stability was studied with respect to the content of the foaming agent (Figure 4) and the time to the foam structure's collapse. The 0.25 % mass-fraction content of the foaming agent was determined as the optimum value. P. Ptáček et al.<sup>27</sup> recently published a paper, in which an aqueous/detergent-based foam was also studied in terms of the time-stability dependence and similar experimental data was observed.

The sintering behavior of the pure powder and composite is shown in Figure 5. The area shrinkage was found to be 38 % for HA and 24 % for the HA/Al composite. The optimum sintering temperature for HA and HA/Al sintering was determined, according to the experimental data, to be 1250 °C. The consolidation of the closely packed particles seemed to be finished according to the sintering curve (Figure 5). The phase analysis of the sintered samples showed a decomposition of the HA structure to several apatite forms above the temperature of 1150 °C<sup>18</sup> (tricalcium phosphate, trical-

cium hydrogen diphosphate, tetracalcium tetraphosphate and residual HA). In the case of the HA/Al composite sample, the formation of tricalcium phosphate and the Ca-Al phase was observed. It was reported that  $\alpha$ - and  $\beta$ -tricalcium phosphates are more biodegradable apatite forms in comparison with the HA structure<sup>28</sup>, which is closely connected with the chosen temperature of the sintering discussed above. The newly formed Ca-Al structure of the composite samples was positively identified as hibonite  $\text{CaAl}_{12}\text{O}_{19}$  (ICCD 01-076-0665) with a platelet hexagonal arrangement, which is shown, in detail, in Figure 6d.

L.-P. Li et al.<sup>29</sup>, M. H. Ghazanfari et al.<sup>16</sup> and B. Basar et al.<sup>30</sup> also observed the formation of the Ca-Al phase in HA/Al composites with similar particle morphologies at temperatures of 1350, 1250 and 1100 °C, respectively.

The structures of the scaffolds prepared from the pure hydroxyapatite powder and composite powder using in-situ foaming are given in Figure 6. The alumina contribution is clearly visible; the composite foam has a ball-shaped structure (Figure 6b) resulting from the foaming process, with a pore diameter of around 60  $\mu\text{m}$  (obtained with the image analysis). The microstructure is apparently similar to those presented by P. Ptáček et al.<sup>27</sup>, where the aqueous-surfactant system was also used. On the other hand, the observed microstructures of the HA foams (Figure 6a and 6c) are more heterogeneous, having even smaller pores (of around 28  $\mu\text{m}$  according to the image analysis) than the composite one. The presence of hibonite was also confirmed with the EDS and SEM analysis (Figure 6d). The HA scaffolds provided significantly higher mechanical-strength values (see the embedded image in Figure 7). These findings indicate a low degree of foam consolidation due to the alumina part with a higher sintering-temperature region. Similar values of the mechanical strength and the corresponding

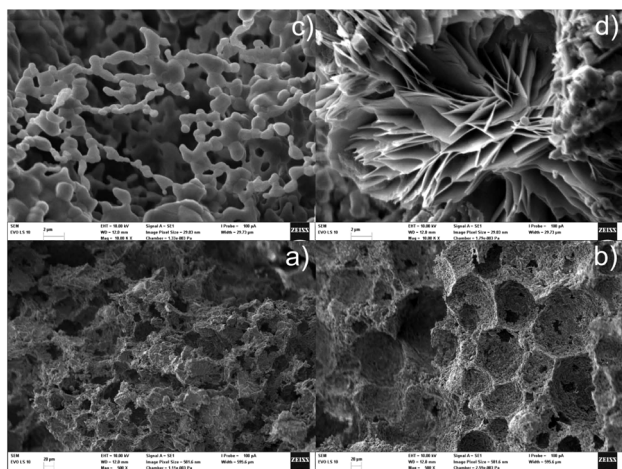


Figure 6: Microstructures of the HA and composite scaffolds: a) HA scaffold, b) HA/Alumina scaffold, c) HA scaffold – a detail, d) hibonite structure observed in the HA/Alumina scaffold

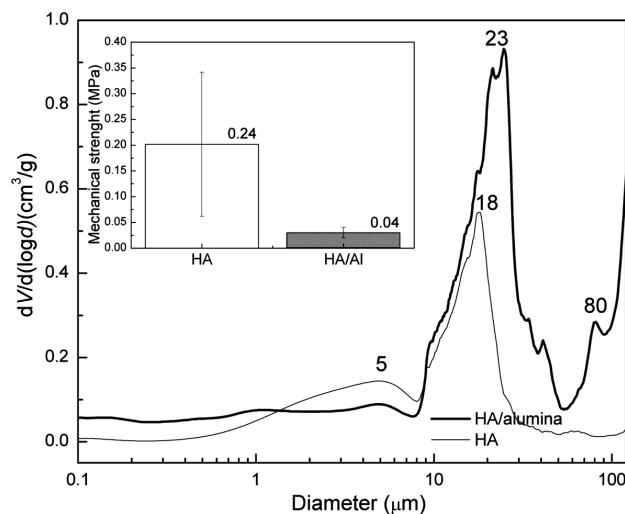
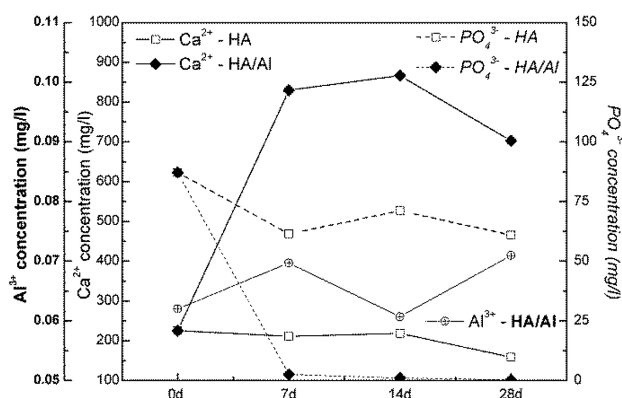


Figure 7: Porosity determination and mechanical strength (embedded) of HA and HA/Alumina scaffolds



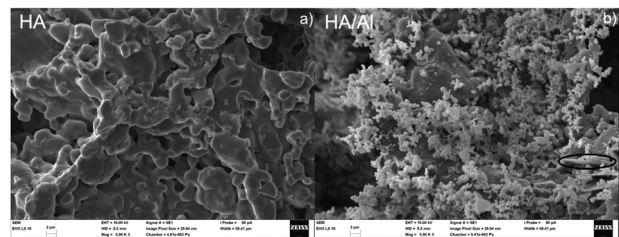
**Figure 8:** Cation concentration in the applied synthetic body fluid, time to release dependence

phase composition were also achieved by M. H. Ghazanfari et al.<sup>16</sup>

The total porosities determined with Archimedes' method were (45.9 and 63.1) % of materials theoretical density for HA and the HA/alumina composite, respectively. Pore-size distributions for both of the scaffolds are given in **Figure 7**, reflecting the effect of the alumina addition on the pore-structure evolution. The performed analysis showed a possible collapse of the HA/Al foam structure during an Hg intrusion, visible as an increasing tendency of the curve above 100  $\mu\text{m}$  or the presence of significantly large pores. **Figure 7** (the embedded image) shows the mechanical properties of the prepared scaffolds. The measured values are in the equipment limits, so the relative deviation is considerable. The maximum mechanical strength reached for the pure HA structure was 0.2 MPa. The expected enhancement of the alumina addition in the mechanical properties was not confirmed. The higher strength also reflected the obtained porosity values, i.e., the HA/alumina composites showed higher total porosities with a lower sintering degree than the pure HA ones.

### 3.2 In-vitro behavior – the apatite-forming ability

**Figures 8 and 9** summarize the in-vitro testing of the prepared scaffolds. The synthetic body fluid, prepared by T. Kokubo<sup>23</sup>, simulated the bloody-plasma environment in the human body. In **Figure 8**, the concentrations of the most important ion species,  $\text{Ca}^{2+}$ ,  $\text{Al}^{3+}$  and  $\text{PO}_4^{3-}$ , are



**Figure 9:** In-vitro evaluation of the treated HA and HA/Al scaffolds in SBF, SEM analysis after 28 d of treatment

given. The pure HA scaffolds exhibited the expected behavior; the gradual consumption of both of the ions corresponded to the formation of the new HA on the scaffold surface (**Figure 9**). The ability of a Ca-apatite formation on the surface was frequently reported in the past.<sup>31–32</sup> Otherwise the reactivity of the HA/Al composite in the SBF environment was slightly different. As could be seen from **Figure 8**, the  $\text{PO}_4^{3-}$  ions were totally consumed within 28 d; on the other hand, the  $\text{Ca}^{2+}$  and  $\text{Al}^{3+}$  cation concentration had an increasing tendency. The newly formed phase practically covered the composite scaffold surfaces (**Figure 9**). The performed EDS analysis could not exactly distinguish between the formations of the Ca- or Al-bonded apatite structures. The probability of the formation of both phases is almost certain. X. Chatzistavrou et al.<sup>33</sup> described the mechanism of the Ca-Al apatite formation on a HA/Al composite surface according to the reaction scheme in Equation (2), which is in good agreement with our data:



## 4 CONCLUSION

In this work, a synthesis of the nanosized phase of a pure hydroxyapatite powder was successfully performed on a large scale. Porous scaffolds based on the as-synthesized hydroxyapatite and supplied alumina powders were fabricated using the in-situ foaming process. The prepared HA scaffolds exhibited significantly better mechanical properties, with the total porosity of about 46 %, than the HA/Al scaffold with a porosity of about 64 %. In-vitro testing of both scaffolds confirmed an appropriate apatite-forming ability. The HA/Al composite was significantly more covered with the newly formed phase than the pure HA ones. A study of the nucleation and growth mechanism of Ca-Al apatite is in progress.

## Acknowledgement

The paper was supported by the project Materials Research Centre at FCH BUT – Sustainability and Development, REG LO1211, with a financial support from the National Programme for Sustainability I (the Ministry of Education, Youth and Sports).

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