

THE 61ST ANNUAL MEETING OF AMERICAN COLLEGE OF SPORTS MEDICINE (ACSM)

Orlando, Florida, 27th–31th May 2014

The 61st Annual meeting of American College of Sports Medicine (ACSM) was held at the Orange County Convention Center in Orlando, Florida, from 27th–31st May 2014. Almost 5000 participants from all over the world attended the congress and made it a unique opportunity for attending high-level presentations, meeting researchers from different fields and networking among scientists in the field of sports medicine. The annual congress aimed at delivering knowledge on a number of levels, such as sports medicine from the biomechanical, psychological and biological point of view in both normal and pathological conditions. Numerous clinicians and scientists highlighted the importance of proper physical as well as cognitive activity throughout the lifespan in order to prevent the diseases and conditions that follow physical and cognitive inactivity.

The Annual meeting of the ACSM was attended by two members of the Institute for Kinesiology Research Scientific and Research Centre Koper, University of Primorska, Slovenia. Some of the results from the standard Cross-border Cooperation Programme Slovenia-Italy 2007–2013 PANGeA: Physical Activity and Nutrition for Quality Ageing Project were presented in the section entitled Neuroscience and Ageing Gracefully.

Next year the 62nd Annual meeting of the ACSM will be held from 26th to 30th May in San Diego, California, USA.

Uroš Marušič

61. LETNO SREČANJE AMERICAN COLLEGE OF SPORTS MEDICINE (ACSM)

Orlando, Florida, 27.–31. maj 2014

61. Letno srečanje American College of Sports Medicine (ACSM) je potekalo med 27.–31. majem 2014 v kongresnem centru Orange County v Orlando, Florida. Na kongresu je sodelovalo skoraj 5000 ljudi s celega sveta, zaradi česar je kongres predstavljal enkratno priložnost za predstavitve na najvišji ravni, srečanja z raziskovalci z različnih področij in mreženje znanstvenikov s področja medicine športa. Letni kongres je imel za cilj prenos znanja na različnih ravneh, kot so medicina športa z vidika biomehanike, psihologije in biologije tako v normalnih kot tudi patoloških stanjih. Zdravniki in znanstveniki so poudarili pomen primerne telesne in kognitivne aktivnosti tekom celotnega življenja kot tudi preventive za tiste bolezni in stanja, ki izhajajo iz same telesne in kognitivne neaktivnosti.

Letnega srečanja ACSM sva se udeležila dva predstavnika Inštituta za kineziološke raziskave Znanstveno-raziskovalnega središča Univerze na Primorskem. V sekciji z naslovom Nevroznanost in Kakovostno staranje sva predstavila del rezultatov standardnega čezmejnega sodelovanja Slovenija-Italija 2007–2013 PANGeA: Telesna aktivnost in prehrana za kakovostno staranje.

Naslednje leto bo 62. Letni kongres ACSM potekal med 26. in 30. majem v San Diegu, Kalifornija, ZDA.

Uroš Marušič